## Long-Term Follow-Up Guidelines

for Survivors of Childhood, Adolescent, and Young Adult Cancers

Version 2.0 – March 2006



Children's Oncology Group

www.survivorshipguidelines.org







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# Abstract – Version 2.0 The Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers

Release date: March 2006

**Status:** Updated from Version 1.2 (incorporating modifications based on recommendations from eighteen multidisciplinary task forces

within the COG Late Effects Committee)

**Overview:** These risk-based, exposure-related clinical practice guidelines provide recommendations for screening and management of late

effects in survivors of pediatric malignancies. ("Pediatric malignancies" are defined as those malignancies commonly associated with the pediatric population that may arise during childhood, adolescence or young adulthood.) A complementary set of patient education materials, known as "Health Links" accompany the guidelines in order to enhance patient follow-up visits and broaden the application of these guidelines. Additional accompanying materials include detailed instructions, templates for cancer treatment summary forms, and a tool to assist in identifying guideline applicability for individual patients based on therapeutic exposures. The information provided in these guidelines is important for primary healthcare providers in the fields of pediatrics, oncology, internal medicine, family practice, and gynecology, as well as subspecialists in many fields.

Implementation of these guidelines is intended to increase awareness of potential late effects and to standardize and enhance

follow-up care provided to survivors of pediatric malignancies throughout their lifespan.

**Source:** Version 2.0 of the *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young* 

Adult Cancers, and related Health Links, can be downloaded in their entirety from www.survivorshipguidelines.org.



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Children's Oncology Group

### **Long-Term Follow-Up Guidelines**

for Survivors of Childhood, Adolescent, and Young Adult Cancers Version 2.0 – March 2006

## **Introductory Material**

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# Introduction – Version 2.0 The Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers

Overview:

The Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers (COG-LTFU Guidelines) are risk-based, exposure-related clinical practice guidelines for screening and management of late effects resulting from the apeutic exposures used during treatment for pediatric malignancies. These quidelines represent a statement of consensus from a panel of experts in the late effects of pediatric cancer treatment. The guidelines are both evidence-based (utilizing established associations between therapeutic exposures and late effects to identify high-risk categories) and grounded in the collective clinical experience of experts (matching the magnitude of the risk with the intensity of the screening recommendations). Since therapeutic interventions for a specific pediatric malignancy may vary considerably based on the patient's age, presenting features, and treatment era, a therapy-based design was chosen to permit modular formatting of the guidelines by therapeutic exposure. Importantly, the recommended periodic screening underscores the use of a thorough history and physical examination (H&P) as the primary assessment for cancer-related treatment effects. In this regard, 101 (74%) of the screening recommendations outlined for the 136 therapeutic exposures in the COG-LTFU Guidelines comprise assessments derived primarily from the H&P, with 68 (50%) relying solely on the H&P and 33 (24%) relying on the H&P plus a baseline diagnostic study (e.g., lab, imaging), whereas 31 (23%) include periodic laboratory, diagnostic imaging, or other testing, and 4 (3%) recommend no screening (agents with no known late effects). Interventions exceeding minimal screening are provided for consideration in individuals with positive screening tests. Medical citations supporting the association of each late effect with a specific therapeutic exposure are included. Patient education materials complementing the guidelines have been organized into Health Links that feature health protective counseling on 42 topics, enhancing patient follow-up visits and broadening application of the guidelines. Additional accompanying materials include detailed instructions, templates for cancer treatment summary forms, and a tool to assist in identifying guideline applicability for individual patients based on therapeutic exposures.

Goal:

Implementation of these guidelines is intended to increase quality of life and decrease complication-related healthcare costs for pediatric cancer survivors by providing standardized and enhanced follow-up care throughout the lifespan that (a) promotes healthy lifestyles, (b) provides for ongoing monitoring of health status, (c) facilitates early identification of late effects, and (d) provides timely intervention for late effects.



Target Population:

The recommendations for periodic screening evaluations provided in the *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers* are appropriate for asymptomatic survivors of childhood, adolescent, or young adult cancers who present for routine exposure-related medical follow-up. More extensive evaluations are presumed, as clinically indicated, for survivors presenting with signs and symptoms suggesting illness or organ dysfunction.

Focus:

These guidelines are intended for use beginning two or more years following the completion of cancer therapy, and provide a framework for ongoing late effects monitoring in childhood cancer survivors; however, these guidelines are not intended to provide guidance for follow-up of the pediatric cancer survivor's primary disease.

Intended Users: The COG-LTFU Guidelines were developed as a resource for clinicians who provide ongoing healthcare to survivors of pediatric malignancies. The information within these guidelines is important for clinicians (e.g., physicians, nurse practitioners, physician assistants, nurses) in the fields of pediatrics, oncology, internal medicine, family practice, and gynecology, as well as subspecialists in many fields (e.g., endocrinology, cardiology, pulmonology). A basic knowledge of ongoing issues related to the long-term follow-up needs of this patient population is assumed. Healthcare professionals who do not regularly care for survivors of pediatric malignancies are encouraged to consult with a pediatric oncology long-term follow-up center if any questions or concerns arise when reviewing or using these guidelines.

Although the information within the guidelines will certainly prove valuable to the survivors themselves, at this time the only version available is targeted to healthcare professionals. Therefore, survivors who choose to review these guidelines are strongly encouraged to do so with the assistance of a healthcare professional knowledgeable about long-term follow-up care for survivors of childhood, adolescent, and young adult cancers. This is important in order to put the recommendations in perspective, avoid over-testing, address potential anxieties, and provide a comprehensive evaluation of the survivor's health status. The Children's Oncology Group itself does not provide individualized treatment advice to patients or their families, and strongly recommends discussing this information with a qualified medical professional.



**Developer:** The COG-LTFU Guidelines were developed as a collaborative effort of the Children's Oncology Group Nursing Discipline

and Late Effects Committee. All Children's Oncology Group members have complied with the COG conflict of interest

policy, which requires disclosure of any potential financial or other conflicting interests.

Funding Source:

This work was supported by the Children's Oncology Group grant U10 CA098543 from the National Cancer Institute.

Evidence Collection:

Pertinent information from the published medical literature over the past 20 years (updated as of October 2005) was retrieved and reviewed during the development and updating of these guidelines. For each therapeutic exposure, a complete search was performed via MEDLINE (National Library of Medicine, Bethesda, MD). Keywords included "childhood cancer therapy," "complications," and "late effects," combined with keywords for each therapeutic exposure. References from the bibliographies of selected articles were used to broaden the search.

**Methods:** 

In 2002, the leadership of the Children's Oncology Group Late Effects Committee and Nursing Discipline appointed a 7-member task force, with representation from the Late Effects Committee, Nursing Discipline, and Patient Advocacy Committee. The task force was convened to review and summarize the medical literature and develop a draft of clinical practice guidelines to direct long-term follow-up care for pediatric cancer survivors. The task force followed a modified version of the guideline development process established by the National Comprehensive Cancer Network (NCCN), integrating available literature with expert opinion using reiterative feedback loops.

The original draft went through several iterations within the task force prior to initial review. Multidisciplinary experts in the field, including nurses, physicians (pediatric oncologists and other subspecialists), patient advocates, behavioral specialists, and other healthcare professionals, were then recruited by the task force to provide an extensive, targeted review of the draft, including focused review of selected guideline sections. Revisions were made based on these recommendations. The revised draft was then sent out to additional multidisciplinary experts for further review. A total of 62 individuals participated in the review process. The guidelines subsequently underwent comprehensive review and scoring by a panel of experts in the late effects of pediatric malignancies, comprised of multidisciplinary representatives from the COG Late Effects Committee.



Methods (cont):

In a parallel effort led by the Nursing Clinical Practice Subcommittee, complementary patient education materials (*Health Links*) were developed. Each *Health Link* underwent two levels of review; first by the Nursing Clinical Practice Subcommittee to verify accuracy of content and recommendations, and then by members of the Late Effects Committee (to provide expert medical review) and Patient Advocacy Committee (to provide feedback regarding presentation of content to the lay public).

Grading Criteria:

The guidelines were scored by the multidisciplinary panel of experts using a modified version of the National Comprehensive Cancer Network "Categories of Consensus" system. Each score reflects the expert panel's assessment of the strength of data from the literature linking a specific late effect with a therapeutic exposure, coupled with an assessment of the appropriateness of the screening recommendation based on the expert panel's collective clinical experience. "High-level evidence" (category 1) was defined as evidence derived from high quality case control or cohort studies. "Lower-level evidence" (category 2A and 2B) was defined as evidence derived from non-analytic studies, case reports, case series and clinical experience. Rather than submitting recommendations representing major disagreements, items scored as "Category 3" were either deleted or revised by the panel of experts to provide at least a "Category 2B" score for all recommendations included in the guidelines.

Pre-Release Review:

The initial version of the guidelines ( $Version\ 1.0-Children$ 's  $Oncology\ Group\ Late\ Effects\ Screening\ Guidelines$ ) was released to the Children's  $Oncology\ Group\ membership$  in March 2003 for a six-month trial period. This allowed for initial feedback from the COG membership, resulting in additional review and revision of the guidelines by the Late Effects Committee prior to public release.

**Revisions:** 

The guidelines were initially released to the public (*Version 1.1 – Childhood Cancer Survivor Long-Term Follow-Up Guidelines*) on the Children's Oncology Group Website in September 2003. Following this release, clarification regarding the applicability of the guidelines to the adolescent and young adult populations of cancer survivors was requested. In response, additional minor modifications were made and the title of the guidelines was changed. A revised version (*Version 1.2 – Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers*) was released to the public on the Children's Oncology Group Website in March 2004.





Revisions: (cont)

In order to keep the guidelines current and clinically meaningful, the COG Late Effects Committee organized 18 multi disciplinary task forces in March 2004. These task forces were charged with the responsibility for monitoring the medical literature in regard to specific system-related clinical topics relevant to the guidelines (e.g., cardiovascular, neurocognitive, fertility/reproductive), providing periodic reports to the Late Effects Committee, and recommending revisions to the guidelines and their associated health education materials and references (including the addition of therapeutic exposures) as new information became available. Task force members were assigned according to their respective areas of expertise and clinical interest. A list of these task forces and their membership is included in the "Contributors" section of this document. The revisions incorporated into the current release of these guidelines (Version 2.0 – March 2006) reflect the contributions and recommendations of these task forces.

All revisions proposed by the task forces were evaluated by a panel of experts, and if accepted, assigned a score (see "Scoring Explanation" section of this document). Proposed revisions that were rejected by the expert panel were returned with explanation to the relevant task force chair. If desired, task force chairs were given an opportunity to respond by providing additional justification and resubmitting the rejected task force recommendation(s) for further consideration by the expert panel. A total of 34 sections and 9 Health Links were added to Version 2.0 of these guidelines.

**Plan for Updates:** 

The 18 task forces described above will continue to monitor the literature and report to the Late Effects committee on a bi-annual basis. Periodic revisions to these guidelines are planned as new information becomes available. Clinicians are advised to check the Children's Oncology Group website periodically for the latest updates and revisions to the guidelines, which will be posted at www.survivorshipguidelines.org.

**Definitions:** 

"Late effects" are defined as therapy-related complications or adverse effects that persist or arise after completion of treatment for a pediatric malignancy. "Pediatric malignancies" are defined as those malignancies commonly associated with the pediatric population that may arise during childhood, adolescence or young adulthood. "Consensus" is defined as general agreement among the panel of experts.





### Recommendations and Rationale:

Screening and follow-up recommendations are organized by therapeutic exposure and included throughout the guidelines. Pediatric cancer survivors represent a relatively small but growing population at high risk for various therapy-related complications. Although several well-conducted studies on large populations of childhood cancer survivors have demonstrated associations between specific exposures and late effects, the size of the survivor population and the rate of occurrence of late effects does not allow for clinical studies that would assess the impact of screening recommendations on the morbidity and mortality associated with the late effect. Therefore, scoring of each exposure reflects the expert panel's assessment of the level of literature support linking the therapeutic exposure with the late effect coupled with an assessment of the appropriateness of the recommended screening modality in identifying the potential late effect based on the panel's collective clinical experience.

### Potential Benefits and Harms:

Potential benefits of implementing these guidelines into clinical practice include earlier identification of and intervention for late onset therapy-related complications in this at-risk population, potentially reducing or ameliorating the impact of late complications on the health status of survivors. In addition, ongoing healthcare that promotes healthy lifestyle choices and provides ongoing monitoring of health status is important for all cancer survivors.

Potential harms of guideline implementation include increased patient anxiety related to enhanced awareness of possible complications, as well as the potential for false-positive screening evaluations, leading to unnecessary further workup. In addition, costs of long-term follow-up care may be prohibitive for some patients, particularly those lacking health insurance, or those with insurance that does not cover the recommended screening evaluations.

#### Patient Preferences:

Ultimately, as with all clinical guidelines, decisions regarding screening and clinical management for any specific patient should be individually tailored, taking into consideration the patient's treatment history, risk factors, co-morbidities, and lifestyle. These guidelines are therefore not intended to replace clinical judgment or to exclude other reasonable alternative follow-up procedures. The Children's Oncology Group recognizes that specific patient care decisions are the prerogative of the patient, family, and healthcare provider.



### Implementation Considerations:

Implementation of these guidelines is intended to standardize and enhance follow-up care provided to survivors of pediatric malignancies throughout the lifespan. Considerations in this regard include the practicality and efficiency of applying these broad guidelines in individual clinical situations. Studies to address guideline implementation and refinement are a top priority of the COG Late Effects Committee, and proposals to study feasibility of guideline use in limited institutions are currently underway. Issues to be addressed include description of anticipated barriers to application of the recommendations in the guidelines and development of review criteria for measuring changes in care when the guidelines are implemented. Additional concerns surround the lack of current evidence establishing the efficacy of screening for late complications in pediatric cancer survivors. While most clinicians believe that ongoing surveillance for these late complications is important in order to allow for early detection and intervention for complications that may arise, development of studies addressing the efficacy of this approach is imperative in order to determine which screening modalities are optimal for asymptomatic survivors.

In addition, the clinical utility of this lengthy document has also been a top concern of the COG Late Effects Committee. While recognizing that the length and depth of these guidelines is important in order to provide clinically-relevant, evidence-based recommendations and supporting health education materials, clinician time limitations and the effort required to identify the specific recommendations relevant to individual patients have been identified as barriers to their clinical application. Therefore, the COG Late Effects Committee is currently partnering with the Baylor School of Medicine in order to develop a web-based interface, known as "Passport for Care," that will generate individualized exposure-based recommendations from these guidelines in a clinician-focused format for ease of patient-specific application of the guidelines in the clinical setting. As additional information regarding implementation of the Passport for Care web-based interface becomes available, updates will be posted at www.survivorshipguidelines.org.



### **Explanation of Scoring for the Long-Term Follow-Up Guidelines**

These guidelines represent a statement of consensus from a multidisciplinary panel of experts in the late effects of pediatric cancer treatment. The guidelines outline minimum recommendations for specific health screening evaluations in order to detect potential late effects arising as a result of therapeutic exposures received during treatment of childhood, adolescent, and young adult cancers.

Each score relates to the strength of the association of the identified late effect with the specific therapeutic exposure based on current literature, and is coupled with a recommendation for periodic health screening based on the collective clinical experience of the panel of experts. This is due to the fact that there are no randomized clinical trials (and none forthcoming in the foreseeable future) on which to base recommendations for periodic screening evaluations in this population; therefore, the guidelines should not be misconstrued as representing conventional "evidence-based clinical practice guidelines" or "standards of care".

Each item was scored based on the level of evidence currently available to support it. Scores were assigned according to a modified version of the National Comprehensive Cancer Network "Categories of Consensus," as follows:

Category	Statement of Consensus
1	There is uniform consensus of the panel that: (1) there is high-level evidence linking the late effect with the therapeutic exposure and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.
2A	There is uniform consensus of the panel that: (1) there is lower-level evidence linking the late effect with the therapeutic exposure and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.
2B	There is non-uniform consensus of the panel that: (1) there is lower-level evidence linking the late effect with the therapeutic exposure and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.
3	There is major disagreement that the recommendation is appropriate



### **Explanation of Scoring for the Long-Term Follow-Up Guidelines (cont)**

<u>Uniform consensus</u>: Near-unanimous agreement of the panel with some possible neutral positions.

*Non-uniform consensus*: The majority of panel members agree with the recommendation; however, there is recognition among panel members that, given the quality of evidence, clinicians may choose to adopt different approaches.

*High-level evidence*: Evidence derived from high quality case control or cohort studies.

Lower-level evidence: Evidence derived from non-analytic studies, case reports, case series, and clinical experience.

All "Category 1" recommendations reflect uniform consensus among the reviewers. "Category 2" recommendations are designated as "2A" (there is uniformity of consensus among the reviewers regarding strength of evidence and appropriateness of the screening recommendation) or "2B" (there is non-uniform consensus among the reviewers regarding strength of evidence and appropriateness of the screening recommendation).

Rather than submitting recommendations representing major disagreements, items scored as "Category 3" were either deleted or revised by the panel of experts to provide at least a "Category 2B" score for all recommendations included in the guidelines.



## Instructions for Use – Version 2.0 The Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers

#### **GUIDELINE ORGANIZATION:**

The Children's Oncology Group Long-Term Follow-Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers are organized according to therapeutic exposures, arranged by column as follows:

**Section Number** Unique identifier for each guideline section corresponding with listing in Index.

Therapeutic Agent Therapeutic intervention for malignancy, including chemotherapy, radiation, surgery, blood/serum products,

hematopoietic cell transplant, and other therapeutic modalities.

**Risk Factors**Host factors (e.g., age, sex, race, genetic predisposition), treatment factors (e.g., cumulative dose of therapeutic

agent, mode of administration, combinations of agents), medical conditions (e.g., pre-morbid or co-morbid conditions), and health behaviors (e.g., diet, smoking, alcohol use) that may increase risk of developing the

complication.

**Highest Risk Factors** Conditions (host factors, treatment factors, medical conditions and/or health behaviors) associated with the

highest risk for developing the complication.

**Periodic Evaluations** Recommended screening evaluations, including health history, physical examination, laboratory evaluation,

imaging, and psychosocial assessment. Recommendation for minimum frequency of periodic evaluations is based on risk factors and magnitude of risk, as supported by the medical literature and/or the combined clinical

experience of the reviewers and panel of experts.



#### **Instructions for Use – Version 2.0 (cont)**

Health Counseling/ Further Considerations **Health Links:** Health education materials developed specifically to accompany these guidelines. Title(s) of Health Link(s) relevant to each guideline section are referenced in this column. Health Link documents are included in Appendix II, and are also available on the COG website at <a href="https://www.survivorshipguidelines.org">www.survivorshipguidelines.org</a>. **Counseling:** Suggested patient counseling regarding measures to prevent/reduce risk or promote early detection of the potential treatment complication.

**Resources:** Books and websites that may provide the clinician with additional relevant information. **Considerations for Further Testing and Intervention:** Recommendations for further diagnostic evaluations beyond minimum screening for individuals with positive screening tests, recommendations for consultation and/or referral, and recommendations for management of exacerbating or predisposing conditions.

**System** 

Body system (e.g., auditory, musculoskeletal) most relevant to each guideline section.

**Score** 

Score assigned by expert panel representing the strength of data from the literature linking a specific late effect with a therapeutic exposure coupled with an assessment of the appropriateness of the screening recommendation based on collective clinical experience.

**Cancer Screening Recommendations** 

Sections 137 – 145 contain preventive screening recommendations for common adult-onset cancers, organized by column as follows:

Organ: The organ at risk for developing malignancy.

<u>At Risk Population</u>: Populations generally considered at increased risk for the specified malignancy based on risk factors such as age, gender, genetic susceptibility, personal or family history, health-related behaviors or co-morbidities.

**<u>Highest Risk</u>**: Populations considered by the panel of experts or other evaluating bodies (such as the American Cancer Society) as being at significantly increased risk for the specified malignancy. Risk factors may include therapeutic exposures resulting from cancer treatment, as well as other factors listed above (e.g., genetic susceptibility).



#### **Instructions for Use – Version 2.0 (cont)**

Cancer Screening Recommendations (cont) **Periodic Evaluations**:

**Standard Risk**: Guidelines provided under the "Standard Risk" category are per the American Cancer Society recommendations for standard-risk populations and are included here for reference. In addition, clinicians are encouraged to consult recommendations from other organizations, such as the U. S. Preventive Services Task Force (http://www.ahrq.gov/clinic/serfiles.htm).

**Highest Risk**: Recommendations for high-risk populations, when applicable, are specified and may differ from recommendations for the standard risk groups due to the significantly increased risk of the specified

malignancy within the high-risk group.

References

References are listed immediately following each guideline section. Included are medical citations that provide evidence for the association of the therapeutic intervention with the specific treatment complication and/or evaluation of predisposing risk factors. In addition, some general review articles have been included in the Reference section for clinician convenience.

The following documents are also included to further assist with application of these guidelines:

**Explanation of Scoring** Elucidation of the process used by the panel of experts to assign scores to each guideline section.

**Index** Due to significant overlap of toxicities between therapeutic agents, and in order to avoid an enormously lengthy

document, duplicate entries have been avoided as much as possible. Therefore, *use of the Index or Patient-Specific Guideline Identification Tool* (see Appendix I) *is imperative* in order to determine each potential late

effect associated with each therapeutic agent within this document.

#### USING THE COG LTFU GUIDELINES TO DEVELOP INDIVIDUALIZED SCREENING RECOMMENDATIONS:

In order to accurately derive individualized screening recommendations for a specific childhood cancer survivor using the *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers*, the following procedure should be followed. (Note: For ease of use, a Patient-Specific Guideline Identification Tool has been developed to streamline the following process and is included in Appendix I).

Instructions for Use Page 3



## **Instructions for Use – Version 2.0 (cont)**

- 1. Obtain the survivor's Summary of Cancer Treatment (see templates and instructions for comprehensive and abbreviated treatment summaries in Appendix I). Note: In order to generate accurate exposure-based follow-up recommendations from these guidelines, the following information regarding the survivor's diagnosis and treatment is required, at minimum:
  - Date of diagnosis
  - Survivor's sex
  - Survivor's date of birth
  - Names of all chemotherapy agents received. For list of chemotherapeutic agents addressed by these guidelines, see "Chemotherapy" portion of Index Sections 6-37. For list of generic and brand names of chemotherapy agents, see *Chemotherapy Agents* in Appendix I.
  - Cumulative dose of all anthracycline chemotherapy received (i.e., doxorubicin, daunorubicin, idarubicin, mitoxantrone and epirubicin), and age at first anthracycline dose (if unknown, age at first exposure is presumed to be age at diagnosis).
  - For carboplatin: Whether patient received myeloablative dose (i.e., for HCT conditioning).
  - For cytarabine and methotrexate:
    - Route of administration (i.e., IV, IM, SQ, PO, IT, IO)
    - If IV: Designation of "high dose" (any single dose ≥1000 mg/m²) versus "standard dose" (all single doses <1000 mg/m²)
  - All radiation field(s) and total radiation dose (in Gy) to each field (for chest, thoracic spine, and upper abdominal radiation, include age at first dose). For list of radiation fields addressed by these guidelines, see "Radiation" portion of Index Sections 38-91. For clarification of anatomical areas included in common radiation fields, see *Radiation Fields Defined* in Appendix I.
  - Whether or not the survivor underwent a hematopoietic cell transplant (HCT), and if so, whether or not the survivor ever developed chronic graft-versus-host disease (cGVHD).
  - Names of all relevant surgical procedures. For list of surgical procedures addressed by these guidelines, see "Surgery" portion of Index
     Sections 107-132.
  - Names of all other therapeutic modalities. For list of other therapeutic modalities addressed by these guidelines, see "Other Therapeutic Modalities" portion of Index Sections 133-36.

#### 2. Develop a list of guideline sections relevant to the survivor:

- Sections 1 and 2 ("Any Cancer Experience") and 146 ("General Health Screening") are relevant to all survivors.
- For survivors diagnosed prior to 1993, include relevant sections based on date of diagnosis:
  - If survivor was diagnosed prior to 1972, include Section 3
  - If survivor was diagnosed prior to 1993, include Section 4
  - If survivor was diagnosed between 1977 and 1985, include Section 5



## **Instructions for Use – Version 2.0 (cont)**

- For survivors who received chemotherapy, include relevant sections:
  - If survivor received any chemotherapy, include Section 6.
  - Review "Chemotherapy" portion of the Index and include Sections 7-37 as applicable based on survivor's chemotherapy exposures (Note: Some alkylating agent sections are gender-specific)
- For survivors who received radiation therapy, include relevant sections:
  - If survivor received any radiation therapy, include Sections 38-39
  - Review "Radiation" portion of the Index and include Sections 40-91 as applicable based on survivor's radiation exposures (Note: Some sections are gender-specific and some are relevant only for patients who received the minimum specified dose of radiation to the indicated field).
  - Exception: If the survivor's only radiation exposure was TBI, do NOT include sections 40 or 41. For convenience, all sections applicable to TBI are located between pages 102 118 of the guidelines.
- For survivors who underwent hematopoietic cell transplant (HCT), include Sections 92-97. If the survivor developed chronic GVHD, also include sections 98-106
- For survivors who underwent surgery, review "Surgery" portion of Index and include Sections 107-132 as applicable based on survivor's surgical history. (Note: Some sections are gender-specific).
- For survivors who received other therapeutic modalities, review "Other Therapeutic Modalities" portion of Index and include Sections 133-136 as applicable.
- Include cancer screening guidelines (sections 137-145) as applicable based on survivor's sex and current age.
- 3. Review all guideline sections generated in the list above, and develop a plan for screening the individual survivor, taking into consideration the survivor's relevant risk factors, current health, co-morbidities, health-related behaviors and preferences.



## **Instructions for Use – Version 2.0 (cont)**

Note: The above procedure is applicable to generation of follow-up guidelines from the current version of this document; however, the COG Late Effects Committee recognizes that as new evidence becomes available and these guidelines are updated, additional details regarding the childhood cancer survivor's therapeutic exposures may be required in order to generate comprehensive recommendations. Therefore, we strongly advise that a <u>comprehensive</u> treatment summary be prepared for each childhood cancer survivor, including a record of all therapeutic exposures with applicable dates, details of administration, and cumulative doses of all agents, including those not currently addressed by these guidelines.

The COG Late Effects Committee and Nursing Discipline recognize that the time required to identify patient-specific recommendations from these guidelines is significant, and has been identified as a barrier to clinical use. Therefore, the COG Late Effects Committee is currently partnering with the Baylor School of Medicine in order to develop a web-based interface, known as "Passport for Care," that will generate individualized exposure-based recommendations from these guidelines in a clinician-focused format for ease of patient-specific application in the clinical setting. As additional information regarding implementation of the "Passport for Care" web-based interface becomes available, updates will be posted at <a href="https://www.survivorshipguidelines.org">www.survivorshipguidelines.org</a>. In the meantime, use of the Patient-Specific Guideline Identification Tool and Index to Health Links by Guideline Section Number (see Appendix I) should serve to reduce the time required for patient-specific application of these guidelines.

We are hopeful that this revised version of the *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers* will enhance the follow-up care provided to this unique group of cancer survivors. If you have questions, suggestions, or concerns regarding use of these guidelines, please contact:

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# CureSearch

Children's Oncology Group

# **Long-Term Follow-Up Guidelines**

for Survivors of Childhood, Adolescent, and Young Adult Cancers Version 2.0 – March 2006

# Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers

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Sec	•	Potential	Risk	Highest	Periodic	Health Counseling	
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations	
1	Info Link: The Children's Oncology Group Long-Term Follow-Up Guidelines apply to patients who have been off therapy for a minimum of 2 years.	Psychosocial Disorders Social withdrawal Educational problems	Host Factors Female sex Family history of depression, anxiety, or mental illness  Social Factors Lower household income Lower educational achievement  Treatment Factors HCT	Host Factors CNS tumor CNS-directed therapy Premorbid learning or emotional difficulties  Social Factors Failure to graduate from high school	Psychosocial assessment, with attention to:  - Educational and/or vocational progress - Depression - Anxiety - Post-traumatic stress - Social withdrawal (Yearly)	Psychosocial assessment, with attention to:  - Educational and/or vocational progress - Depression - Anxiety - Post-traumatic stress - Social withdrawal (Yearly)  Introduction to Long-Term Follow-Up Emotional Issues Educational Issues Chronic Pain after Childhood Cancer  Resources  'Childhood Cancer Survivors' by Nancy Keene, Wendy Kathy Ruccione, Sebastopol, CA: O'Reilly & Associates, 'Educating the Child with Cancer' edited by Nancy Kee	Emotional Issues Educational Issues Chronic Pain after Childhood Cancer  Resources 'Childhood Cancer Survivors' by Nancy Keene, Wendy Hobbie & Kathy Ruccione, Sebastopol, CA: O'Reilly & Associates, 2000 'Educating the Child with Cancer' edited by Nancy Keene, Candlelighters Childhood Cancer Foundation, Bethesda, MD,
		Mental health disorders Depression Anxiety Post-traumatic stress	Host Factors Female sex Family history of depression, anxiety, or mental illness  Social Factors Lower household income Lower educational achievement  Treatment Factors HCT	Host Factors CNS tumor CNS-directed therapy Premorbid learning or emotional difficulties  Social Factors Failure to graduate from high school		See also: www.cancer.gov ('Facing Forward' series for survivors) www.cancer.org (smoking cessation) www.nccn.org (chronic pain)  Considerations for Further Testing and Intervention Consider psychological consultation in patients with emotional difficulties related to cancer experience, including physical deformities or chronic disabilities. Consider appropriate psychotropic medications. Consider evaluation of parent for post-traumatic stress syndrome. Consider social work consultation. Refer as indicated to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources. Screen for physical sources of fatigue, such as anemia, sleep disturbances, nutritional deficiencies, cardiomyopathy, pulmonary fibrosis, hypothyroidism, or other endocrinopathy.  SYSTEM = Psychosocial SCORE = 2A	
		Risky behaviors Behaviors known to increase the likelihood of subsequent illness or injury	Social Factors Lower household income	Host Factors Older age at diagnosis  Social Factors Lower educational achievement			
		Psychosocial disability due to pain	Treatment Factors Amputation Radiation to bone/joint Limb-sparing surgery Vincristine exposure  Medical Conditions Osteonecrosis	Host Factors CNS tumor Hodgkin lymphoma			
		Fatigue	Host Factors Female sex Depression Obesity  Social Factors Unemployment	Treatment Factors Pulmonary radiation			

(cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

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Se	c Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

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	Sec		Potential	Risk	Highest	Periodic	Health Counseling
ļ	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	2	Any Cancer Experience	Limitations in healthcare and insurance access	Social Factors Lower household income Lower educational achievement		Psychosocial assessment, with attention to healthcare insurance and access (Yearly)	Health Links Finding Healthcare  Considerations for Further Testing and Intervention Social work consultation  SYSTEM = Psychosocial  SCORE = 2A

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## **BLOOD/SERUM PRODUCTS**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
3	Diagnosed prior to 1972: Potential exposure to blood/serum products prior to initiation of Hepatitis B screening of blood supply (1972 in the United States — dates may differ in other countries)  Info Link: Since the vast majority of patients received some type of blood product during childhood cancer treatment, screening based on date of diagnosis/treatment is recommended unless there is absolute certainty that the patient did not receive any blood or blood products. Relevant exposures include packed red cells, whole blood, granulocytes, platelets, fresh frozen plasma, cryoprecipitate, IVIG, VZIG, factor concentrates, and allogeneic marrow, cord blood, or stem cells.	Chronic Hepatitis B	Host Factors Living in hyperendemic area  Treatment Factors Blood products before 1972  Health Behaviors IV drug use Unprotected sex Multiple partners High-risk sexual behavior Sexually transmitted diseases Tattoos Body piercing	Host Factors Chronic immunosuppression	SCREENING Hepatitis B surface antigen (HBsAg) Hepatitis B core antibody (anti HBc or HBcAb) (Once in patients who received treatment for cancer prior to 1972. Note: Date may vary for international patients.)	Health Links Hepatitis  Considerations for Further Testing and Intervention Gastroenterology or hepatology consultation for patients with chronic hepatitis. Hepatitis A immunization in patients lacking immunity.  SYSTEM = Immune SCORE = 1

#### **SECTION 3 REFERENCES**

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## **BLOOD/SERUM PRODUCTS**

### (cont)

Se	c Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
44	Diagnosed prior to 1993: Potential exposure to blood/serum products prior to initiation of Hepatitis C screening of blood supply (1993 in the United States — dates may differ in other countries)  Info Link: Since the vast majority of patients received some type of blood product during childhood cancer treatment, screening based on date of diagnosis/treatment is recommended unless there is absolute certainty that the patient did not receive any blood or blood products. Relevant exposures include packed red cells, whole blood, granulocytes, platelets, fresh frozen plasma, cryoprecipitate, IVIG, VZIG, factor concentrates, and allogeneic marrow, cord blood, or stem cells.	Chronic Hepatitis C	Host Factors Living in hyperendemic area  Treatment Factors Blood products before 1993  Health Behaviors IV drug use Unprotected sex Multiple partners High-risk sexual behavior Sexually transmitted diseases Tattoos Body piercing	Host Factors Chronic immunosuppression  Treatment Factors Blood products prior to 1986 (when surrogate screening of blood donors with ALT was initiated and donors with self-reported high-risk behaviors were deferred)	SCREENING Hepatitis C antibody (Once in patients who received treatment for cancer prior to 1993. Note: Date may vary for international patients.) Hepatitis C PCR (to establish chronic infection) (Once in patients with positive Hepatitis C antibody)	Health Links Hepatitis  Considerations for Further Testing and Intervention Screen for viral hepatitis in patients with persistently abnormal liver function regardless of transfusion history. Consider HCV PCR screening in transfused at-risk HCV-antibody negative patients with abnormal liver function and/ or persistent immunosuppression (e.g., HCT recipients with chronic GVHD). Gastroenterology or hepatology consultation for management of patients with chronic hepatitis. Hepatitis A and B immunization in patients lacking immunity.  SYSTEM = Immune SCORE = 1

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# **BLOOD/SERUM PRODUCTS**

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Sec Therapeutic # Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
Diagnosed between 1977 and 1985: Potential exposure to blood/serum products prior initiation of HIV screening of blood supply (between 197 and 1985 in the United Staten - dates may differ in other countries)  Info Link: Since the vast majority of patients receive some type of blood product during childhood cancer treatment, screening based date of diagnosis/treatment recommended unless there absolute certainty that the patient did not receive any blood or blood products. Relevant exposures include packed red cells, whole blo granulocytes, platelets, fres frozen plasma, cryoprecipit IVIG, VZIG, factor concentrate and allogeneic marrow, cor blood, or stem cells.	f 7 ees  d on is is is	Treatment Factors Blood products between 1977 and 1985  Medical Conditions HPV infection  Health Behaviors IV drug use Unprotected sex Multiple partners High-risk sexual behavior Sexually transmitted diseases Tattoos Body piercing		SCREENING HIV 1 & 2 antibodies (Once in patients who received treatment for cancer between 1977 and 1985. Note: Dates may vary for international patients.)	Counseling Standard counseling regarding safe sex, universal precautions, and high-risk behaviors that exacerbate risk  Considerations for Further Testing and Intervention Infectious disease consultation for patients with chronic infection.  SYSTEM = Immune SCORE = 1

#### **SECTION 5 REFERENCES**

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#### **ANY CHEMOTHERAPY**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
6	Any Chemotherapy	Dental abnormalities Tooth/root agenesis Root thinning/shortening Enamel dysplasia	Host Factors Any patient who had not developed permanent dentition at time of cancer therapy  Treatment Factors Any radiation treatment involving the oral cavity or salivary glands	Younger age at treatment, especially < 5 years old	PHYSICAL Oral exam (Yearly)  SCREENING Dental exam and cleaning (Every six months)	Health Links Dental Health  Considerations for Further Testing and Intervention  Regular dental care including fluoride applications. Baseline panorex prior to dental procedures to evaluate root development.
						SYSTEM = Dental  SCORE = 1

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#### **ALKYLATING AGENTS**

# Agent(s) Late Effects Factors Risk Factors Evaluation  7 ALKYLATING AGENTS Busulfan (testicular) Carmustine (BCNU) Chlorambucil  ALKYLATING AGENTS Busulfan (testicular) Delayed/arrested puberty Hypogonadism  Treatment Factors Higher cumulative doses of alkylators or combinations of alkylators Treatment Factors Treatment Factors Treatment Factors Treatment Factors Treatment Factors IHISTORY Pubertal (onset, tempo) Sexual function (erections, nocturnal emissions, libido)	Further Considerations  Health Links Male Health Issues  Resources Extensive information regarding infertility for patients and
Busulfan (testicular) Higher cumulative doses of Carmustine (BCNU) Delayed/arrested puberty Hypogonadism Higher cumulative doses of alkylators or combinations of alkylators Treatment Factors Pubertal (onset, tempo)  Sexual function (erections, nocturnal emissions, libido)	Male Health Issues Resources
Cyclophosphamide Ifosfamide Ifosfamide Lomustine (CCNU) Mechlorethamine Melphalan Procarbazine Thiotepa  HEAVY METALS Carboplatin Cisplatin Cisplatin NON-CLASSICAL ALKYLATORS Dacarbazine (OTIC) Temozolomide  Temozolomide  Cyclophosphamide de Azoospermia Azoospermia Infertility  Azoospermia Azoospermia Azoospermia Infertility  Residence Procarbazine Thiotepa  HEAVY METALS Carboplatin Cisplatin  NON-CLASSICAL ALKYLATORS Dacarbazine (OTIC) Temozolomide  Cyclophosphamide cumulative dose ≥ 7.5 gm/m² or as conditioning for HCT Any alkylators combined with:  - Testicular radiation - Pelvic radiation -	healthcare professionals is available on the following websites: American Society for Reproductive Medicine (www.asrm.org) Fertile Hope (www.fertilehope.org)  Counseling Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to alkylating agents. Recovery of fertility may occur years after therapy.  Considerations for Further Testing and Intervention Bone density evaluation for osteopenia/osteoporosis in hypogonadal patients. Refer to endocrinologist for delayed puberty or persistently abnormal hormone levels. Hormonal replacement therapy for hypogonadal patients. Reproductive endocrinology/urology referral for infertility evaluation and consultation regarding assisted reproductive technologies.  SYSTEM = Male reproductive  SCORE =  Alkylating Agents: 1  Heavy Metals: 2A  Non-Classical Alkylators: 2A

#### **SECTION 7 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
7 ALK Bus Carr Chlc Cycl Ifost Lom Mec Mel Proc Thic	KYLATING AGENTS Isulfan Irmustine (BCNU)	Gonadal dysfunction (ovarian) Delayed/arrested puberty Premature menopause Infertility	Treatment Factors Higher cumulative doses of alkylators or combinations of alkylators Combined with radiation to: - Abdomen/pelvis - Lumbar or sacral spine (from ovarian scatter) - Brain, cranium (neuroendocrine axis)  Health Behaviors Smoking  Info Link Doses that cause gonadal dysfunction show individual variation. Females can typically maintain gonadal function at higher cumulative doses than males.	Treatment Factors MOPP > 3 cycles Busulfan > 600 mg/m² Cyclophosphamide cumulative dose > 7.5 gm/m² or as conditioning for HCT Any alkylators combined with: - Pelvic radiation - TBI	HISTORY Pubertal (onset, tempo) Menstrual/pregnancy history Sexual function (vaginal dryness, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage (Yearly until sexually mature)  SCREENING FSH LH Estradiol (Baseline at age 13 and as clinically indicated in patients with delayed puberty, irregular menses, primary or secondary amenorrhea, and/or clinical signs and symptoms of estrogen deficiency)	Health Links Female Health Issues  Resources  Extensive information regarding infertility for patients and healthcare professionals is available on the following websites: American Society for Reproductive Medicine (www.asrm.org) Fertile Hope (www.fertilehope.org)  Counseling  Counsel currently menstruating women at increased risk of early menopause to be cautious about delaying childbearing. Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to alkylating agents. Recovery of fertility may occur years after therapy.  Considerations for Further Testing and Intervention  Bone density evaluation for osteopenia/osteoporosis in hypogonadal patients. Refer to endocrinologist for delayed puberty or persistently abnormal hormone levels. Hormonal replacement therapy for hypogonadal patients. Reproductive endocrinology referral for infertility evaluation and consultation regarding assisted reproductive technologies. Consider 2 months off hormonal replacement in women with ovarian failure to assess ovarian recovery.  SYSTEM = Female reproductive  SCORE =  Alkylating Agents: 1  Heavy Metals: 2A  Non-Classical Alkylators: 2A

#### **SECTION 7 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
8	ALKYLATING AGENTS Busulfan Carmustine (BCNU) Chlorambucil Cyclophosphamide Ifosfamide Lomustine (CCNU) Mechlorethamine Melphalan Procarbazine Thiotepa  HEAVY METALS Carboplatin Cisplatin Cisplatin NON-CLASSICAL ALKYLATORS Dacarbazine (DTIC) Temozolomide	Acute myeloid leukemia Myelodysplasia	Treatment Factors Less than 10 years since exposure to agent Higher cumulative alkylator dose or combination of alkylators Note: Melphalan and mechlorethamine are more potent leukemogens than cyclophosphamide  Medical Conditions Splenectomy (conflicting evidence)		HISTORY Fatigue Bleeding Easy bruising	Health Links Reducing the Risk of Second Cancers  Counseling Counsel to promptly report fatigue, pallor, petechiae, or bone pain.  Considerations for Further Testing and Intervention Bone marrow exam as clinically indicated  SYSTEM = SMN  SCORE =

#### **SECTION 8 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
9	ALKYLATING AGENTS Busulfan Carmustine (BCNU) Lomustine (CCNU)	Pulmonary fibrosis	Treatment Factors Higher cumulative doses Combined with bleomycin  Medical Conditions Atopic history  Health Behaviors Smoking	Treatment Factors BCNU ≥ 600 mg/m² Busulfan ≥ 500 mg (transplant doses) Combined with: - Chest radiation - TBI	HISTORY Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	Health Links Pulmonary Health  Resources  Extensive information regarding smoking cessation is available for patients on the NCI's website: www.smokefree.gov  Counseling Counsel regarding tobacco avoidance/smoking cessation. Due to the potential pulmonary toxicity of this therapy, patients who desire to SCUBA dive should be advised to obtain medical clearance from a diving medicine specialist.  Considerations for Further Testing and Intervention In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for symptomatic pulmonary dysfunction. Influenza and pneumococcal vaccines.  SYSTEM = Pulmonary  SCORE = 1

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## **ALKYLATING AGENTS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	ALKYLATING AGENTS Busulfan	Cataracts	Treatment Factors Combined with corticosteroids	Combined with cranial, orbital, or eye radiation TBI Longer interval since	Visual difficulties (Yearly)	

#### **SECTION 10 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
11	ALKYLATING AGENTS Cyclophosphamide Ifosfamide	Urinary tract toxicity Hemorrhagic cystitis Bladder fibrosis Dysfunctional voiding Vesicoureteral reflux Hydronephrosis	Treatment Factors Higher cumulative doses (decreased incidence with Mesna) Combined with pelvic radiation  Health Behaviors Alcohol use Smoking	Treatment Factors Cyclophosphamide dose ≥ 3 gm/m² Pelvic radiation dose ≥ 30 Gy	HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)  SCREENING Urinalysis (Yearly)	Health Links Bladder Health  Counseling Counsel to promptly report dysuria or gross hematuria  Considerations for Further Testing and Intervention Urine culture, spot urine calcium/creatinine ratio, and ultrasound of kidneys and bladder for patients with microscopic hematuria (defined as ≥ 5 RBC/HFP on at least 2 occasions).  Nephrology or urology referral for patients with culture-negative microscopic hematuria AND abnormal ultrasound and/or abnormal calcium/creatinine ratio. Urology referral for patients with culture negative macroscopic hematuria.  SYSTEM = Urinary  SCORE = 1

#### **SECTION 11 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Se	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
1:	ALKYLATING AGENTS Cyclophosphamide	Bladder malignancy	Treatment Factors Combined with pelvic radiation  Health Behaviors Alcohol use Smoking		HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)  SCREENING Urinalysis (Yearly)	Health Links Bladder Health  Counseling Counsel to promptly report dysuria or gross hematuria.  Considerations for Further Testing and Intervention Urine culture, spot urine calcium/creatinine ratio, and ultrasound of kidneys and bladder for patients with microscopic hematuria (defined as > 5 RBC/HFP on at least 2 occasions).  Nephrology or urology referral for patients with culture-negative microscopic hematuria AND abnormal ultrasound and/or abnormal calcium/creatinine ratio. Urology referral for patients with culture negative macroscopic hematuria.  SYSTEM = SMN  SCORE = 2A

#### **SECTION 12 REFERENCES**

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## **ALKYLATING AGENTS (cont)**

Se	c Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
13	ALKYLATING AGENTS Ifosfamide	Renal toxicity Glomerular toxicity Tubular toxicity (renal tubular acidosis, Fanconi's syndrome, hypophosphatemic rickets)	Host Factors Younger age at treatment Mononephric  Treatment Factors Higher cumulative dose Combined with other nephrotoxic agents, such as: - Cisplatin - Carboplatin - Aminoglycosides - Amphotericin - Immunosuppressants - Methotrexate - Radiation impacting the kidney  Medical Conditions Tumor infiltration of kidney(s) Pre-existing renal impairment Nephrectomy	Host Factors Age < 5 years at time of treatment  Treatment Factors Ifosfamide dose ≥60 grams/m² Renal radiation dose ≥ 15 Gy	PHYSICAL Blood pressure (Yearly)  SCREENING BUN Creatinine Na, K, CI, CO <sub>2</sub> Ca, Mg, PO <sub>4</sub> (Baseline at entry into long-term follow-up. If abnormal, repeat as clinically indicated.)  Urinalysis (Yearly)	Health Links Kidney Health See also: Single Kidney Health  Considerations for Further Testing and Intervention Electrolyte supplements for patients with persistent electrolyte wasting. Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency  SYSTEM = Urinary  SCORE = 1

#### **SECTION 13 REFERENCES**

Arndt C, Morgenstern B, Hawkins D, Wilson D, Liedtke R, Miser J. Renal function following combination chemotherapy with ifosfamide and cisplatin in patients with osteogenic sarcoma. *Med Pediatr Oncol.* Feb 1999;32(2):93-96.

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## **HEAVY METALS**

Sec			Diak	Highoot	Periodic	Hoolth Counceling
	Therapeutic	Potential	Risk	Highest		Health Counseling
#	Agent(s)	Late Effects	Factors			
11 11 11 11 11 11 11 11 11 11 11 11 11	Agent(s)  HEAVY METALS Carboplatin (in myeloablative doses only)  Ti	Late Effects  Ototoxicity Sensorineural hearing loss Tinnitus /ertigo	Host Factors Age < 4 years at treatment  Treatment Factors Combined with:  - Cranial/ear radiation  - Ototoxic drugs (e.g., aminoglycosides, loop diuretics)  Medical Conditions Chronic otitis Cerumen impaction Renal dysfunction	Risk Factors  Host Factors CNS neoplasm  Treatment Factors Cumulative cisplatin dose ≥ 360 mg/m² High dose cisplatin (i.e., 40 mg/m² per day x 5 days per course) Cisplatin administered after cranial/ear radiation Carboplatin conditioning for HCT Radiation involving ear ≥ 30 Gy	HISTORY Hearing difficulties (with/without background noise) Tinnitus Vertigo (Yearly)  PHYSICAL Otoscopic exam (Yearly)  SCREENING Complete pure tone audiogram or brainstem auditory evoked response [BAER, ABR] (Baseline at entry into long-term follow-up. If hearing loss is detected, test at least yearly, or as recommended by audiologist. For patients who also received cranial/ear radiation, test yearly after completion of therapy for 5 years [for patients <10 years old, continue yearly until age 10], then every 5 years. If clinical suspicion of hearing loss at any time, test as clinically indicated. If audiogram is inconclusive or unevaluable, refer to audiologist for consideration of electrophysiologic testing e.g., otoacoustic emissions [OAEs].)  Info Link: Complete pure tone audiogram should include testing of both ears: (1) Air conduction from 250 to 8000 Hz (2) Bone conduction if air conduction thresholds exceed bone by 15dB at any frequency (3) Speech discrimination evaluation. OAEs measure outer hair cell function only. Because carboplatin selectively damages inner hair cells, patients treated with carboplatin should not be	Further Considerations  Health Links Hearing Loss Educational Issues  Considerations for Further Testing and Intervention Audiology consultation for amplification in patients with progressive hearing loss. Speech and language therapy for children with hearing loss. Otolaryngology consultation in patients with chronic infection, cerumen impaction, or other anatomical problems exacerbating or contributing to hearing loss. Refer patients with auditory deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate provision of educational resources. Consider specific needs and/or preferential classroom seating, FM amplification system, and other educational assistance as indicated.  SYSTEM = Auditory  SCORE = 1

## **HEAVY METALS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

#### **SECTION 14 REFERENCES**

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## **HEAVY METALS (cont)**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	HEAVY METALS Carboplatin Cisplatin	Peripheral sensory neuropathy Info Link: Neuropathy presents as persistent effect after therapy and is typically not late in onset	Treatment Factors Combined with: - Vincristine - Taxanes - Gemcitabine	Cumulative cisplatin dose ≥ 300 mg/m²	Peripheral neuropathy (Yearly until 2 to 3 years after therapy.	

#### **SECTION 15 REFERENCES**

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## **HEAVY METALS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
16	HEAVY METALS Carboplatin Cisplatin	Renal toxicity Glomerular injury Tubular injury Renal insufficiency	Host Factors Mononephric  Treatment Factors Combined with other nephrotoxic agents such as:	Treatment Factors Cisplatin dose ≥ 200 mg/m² Renal radiation dose ≥ 15 Gy	PHYSICAL Blood pressure (Yearly)  SCREENING BUN Creatinine Na, K, Cl, CO <sub>2</sub> Ca, Mg, PO <sub>4</sub> (Baseline at entry into long-term follow-up. If abnormal, repeat as clinically indicated.)  Urinalysis (Yearly)	Health Links Kidney Health See also: Single Kidney Health  Counseling In patients with salt-wasting tubular dysfunction, educate that low magnesium levels potentiate coronary atherosclerosis  Considerations for Further Testing and Intervention Electrolyte supplements for patients with persistent electrolyte wasting. Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency.  SYSTEM = Urinary SCORE = 1

#### **SECTION 16 REFERENCES**

Arndt C, Morgenstern B, Hawkins D, Wilson D, Liedtke R, Miser J. Renal function following combination chemotherapy with ifosfamide and cisplatin in patients with osteogenic sarcoma. *Med Pediatr Oncol.* Feb 1999;32(2):93-96.

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## **HEAVY METALS (cont)**

ec Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
# Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
17 HEAVY METALS Carboplatin Cisplatin	Dyslipidemia	Host Factors Family history of dyslipidemia  Medical Conditions Overweight/Obesity		Fasting lipid profile (Baseline at entry into long-term follow-	

#### **SECTION 17 REFERENCES**

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#### **ANTIMETABOLITES**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
18	ANTIMETABOLITES Cytarabine (high dose IV)  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Neurocognitive deficits Functional deficits in: - Executive function (planning and organization) - Sustained attention - Memory (particularly visual, sequencing, temporal memory) - Processing speed - Visual-motor integration Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change  Info Link: Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. New deficits may emerge over time.	Host Factors Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  Treatment Factors In combination with:	Host Factors Age < 3 years old at time of treatment Female sex Premorbid or family history of learning or attention problems  Treatment Factors Radiation dose ≥ 24 Gy Single fraction TBI (10 Gy)	HISTORY Educational and/or vocational progress (Yearly)  SCREENING Referral for formal neuropsychological evaluation (Baseline at entry into long-term follow-up, then periodically as clinically indicated for patients with evidence of impaired educational or vocational progress)	Health Links Educational Issues  Considerations for Further Testing and Intervention Formal neuropsychological evaluation to include tests of processing speed, computer-based attention, visual motor integration, memory, comprehension of verbal instructions, verbal fluency, executive function and planning. Refer patients with neurocognitive deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources and/or social skills training. Consider use of psychotropic medication (e.g., stimulants) or evidence-based rehabilitation training. Caution - lower starting dose and assessment of increased sensitivity when initiating therapy is recommended. Refer to community services for vocational rehabilitation or for services for developmentally disabled.  SYSTEM = CNS SCORE = 2A

#### **SECTION 18 REFERENCES**

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## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
19	ANTIMETABOLITES Cytarabine (high dose IV)  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Clinical leukoencephalopathy Spasticity Ataxia Dysarthria Dysphagia Hemiparesis Seizures  Info Link: Clinical leukoencephalopathy may present with or without imaging abnormalities (e.g., leukoencephalopathy, cerebral lacunes, cerebral atrophy, dystrophic calcifications, mineralizing microangiopathy). Transient white matter anomalies may follow radiotherapy and high-dose chemotherapy for medulloblastoma/PNET, may mimic tumor recurrence, and signify risk of persistent neurologic sequelae. Neuroimaging changes do not always correlate with degree of cognitive dysfunction. Prospective studies are needed to define the dose/effect relationship of neurotoxic agents. Note: new deficits may emerge over time.	Host Factors Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  Treatment Factors Combined with: - Methotrexate (IT, IO, high-dose IV) - Dexamethasone - Cranial radiation	Treatment Factors Radiation dose ≥ 24 Gy	HISTORY Cognitive, motor, and/or sensory deficits Seizures Other neurologic symptoms (Yearly)  PHYSICAL Spasticity Ataxia Dysarthria Hemiparesis (Yearly)	Considerations for Further Testing and Intervention Brain MRI, Brain CT with MR angiography as clinically indicated; preferred study based on intracranial lesion to be evaluated:  - MRI: White matter  - Gadolinium-enhanced MRI: Microvascular injury  - CT: Calcifications  Neurology consultation and follow-up as clinically indicated.  SYSTEM = CNS  SCORE = 2A

#### **SECTION 19 REFERENCES**

Baker WJ, Royer GL, Jr., Weiss RB. Cytarabine and neurologic toxicity. J Clin Oncol. Apr 1991;9(4):679-693.

Butler RW, Mulhern RK. Neurocognitive interventions for children and adolescents surviving cancer. J Pediatr Psychol. Jan-Feb 2005;30(1):65-78.

Hwang TL, Yung WK, Estey EH, Fields WS. Central nervous system toxicity with high-dose Ara-C. Neurology. Oct 1985;35(10):1475-1479.

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Nand S, Messmore HL, Jr., Patel R, Fisher SG, Fisher RI. Neurotoxicity associated with systemic high-dose cytosine arabinoside. J Clin Oncol. Apr 1986;4(4):571-575.

Tuxen MK, Hansen SW. Neurotoxicity secondary to antineoplastic drugs. Cancer Treat Rev. Apr 1994;20(2):191-214.

Vaughn DJ, Jarvik JG, Hackney D, Peters S, Stadtmauer EA. High-dose cytarabine neurotoxicity: MR findings during the acute phase. AJNR Am J Neuroradiol. Jul-Aug 1993;14(4):1014-1016.

Vera P, Rohrlich P, Stievenart JL, et al. Contribution of single-photon emission computed tomography in the diagnosis and follow-up of CNS toxicity of a cytarabine-containing regimen in pediatric leukemia. J Clin Oncol. Sep 1999;17(9):2804-2810.

## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
20	ANTIMETABOLITES Cytarabine (low dose IV) Cytarabine IO Cytarabine IT Cytarabine SQ  Info Link: Low-dose IV is defined as any single dose < 1000 mg/m²	No known late effects  Info Link: Acute toxicities predominate, from which the majority of patients recover without sequelae.				SYSTEM = N/A SCORE = 1

#### **SECTION 20 REFERENCES**

No known late effects

## **ANTIMETABOLITES (cont)**

S	ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
	21	ANTIMETABOLITES Mercaptopurine (6MP) Thioguanine (6TG)  Info Link: Acute hepatotoxicity reported with thioguanine used in CCG 1952 (regimens B1 and B2) for ALL maintenance thera- py requires longer follow-up to determine long-term sequelae. See COG Website (CCG 1952 protocol page) for updated advisories.	Hepatic dysfunction Veno-occlusive disease (VOD) Info Link: Acute toxicities predominate from which the majority of patients recover without sequelae. Delayed hepatic dysfunction may occur after a history of acute VOD, presenting as portal hypertension with liver biopsy indicating nodular regenerative hyperplasia, fibrosis, or siderosis.	Medical Conditions Viral hepatitis Previous VOD Siderosis	Medical Conditions Chronic viral hepatitis	PHYSICAL Scleral icterus Jaundice	Health Links Liver Health  Considerations for Further Testing and Intervention Prothrombin time for evaluation of hepatic synthetic function in patients with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or any patient transfused prior to 1993. Gastroenterology/hepatology consultation in patients with persistent liver dysfunction. Hepatitis A and B immunization in patients lacking immunity.  SYSTEM = GI/Hepatic SCORE = 2A

#### **SECTION 21 REFERENCES**

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## **ANTIMETABOLITES (cont)**

Therapeutic Agent(s)  ANTIMETABOLITES Methotrexate (high dose IV)	Potential Late Effects	Risk Factors	Highest	Periodic	Health Counseling
ANTIMETABOLITES		Factors			
			Risk Factors	Evaluation	Further Considerations
Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Osteopenia Osteoporosis Osteopenia is defined as bone mineral density ≥ 1 and < 2.5 SD below mean Osteoporosis is defined as bone mineral density ≥ 2.5 SD below mean  Info Link: The World Health Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations the BMD measurement is above or below the mean. A T-score of ≥ 2.5 standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE- MATCHED MEAN BMD. There are no defined standards for referral or treatment of low BMD in children.	Host Factors Both genders are at risk  Treatment Factors Corticosteroids Cranial radiation HCT/TBI  Medical Conditions Growth hormone deficiency Hypogonadism/delayed puberty Hyperthyroidism  Health Behaviors Inadequate intake of calcium and vitamin D Lack of weight bearing exercise Smoking Alcohol use	Host Factors Older age at time of treatment  Treatment Factors Methotrexate cumulative dose ≥ 40 gm/m² Prolonged corticosteroid therapy (e.g., for chronic GVHD)	Evaluation  SCREENING  Bone density evaluation (DEXA or quantitative CT)  (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)  Info Link: The optimal method of measuring bone health in children is controversial. Existing technologies have limitations. Dual energy x-ray absorptiometry (DEXA) provides an estimate of total bone mass at a given site. Quantitative CT provides distinct measures of trabecular and cortical bone dimension and density.	Health Links Bone Health  Resources National Osteoporosis Foundation Website: www.nof.org  Considerations for Further Testing and Intervention Nutritional supplements in cases of osteopenia unresponsive to behavioral and dietary management: Calcium 1000-1500 mg daily plus RDA for vitamin D. Use caution regarding calcium supplementation in patients with history of renal lithiasis. Treatment of exacerbating or predisposing conditions (e.g., hormonal replacement therapy for hypogonadism, growth hormone deficiency, correction of chronic metabolic acidosis that could accelerate bone loss). Endocrine consultation for patients with osteoporosis or history of multiple fractures for pharmacologic interventions (e.g., bisphosphonates, calcitonin, selective estrogen receptor modulators).  SYSTEM = Musculoskeletal SCORE = 2B
	defined as any single dose	Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².  Info Link: The World Health Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a T-score.  A T-score is the number of standard deviations the BMD measurement is above or below the mean. A T-score of ≥ 2.5 standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low	Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².  Info Link: The World Health Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations the BMD measurement is above or below the mean. A T-score of ≥ 2.5 standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low	bone mineral density ≥ 2.5 SD below mean  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².  Info Link: The World Health Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low	Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².   Info Link: The World Heatth Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a F-score. A T-score is the number of standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-score is the number of standard deviations the mean is no age on age and gender. A Z-score is the number of standard deviations the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low

## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations

#### **SECTION 22 REFERENCES**

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## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
23	ANTIMETABOLITES Methotrexate (high dose IV) Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Renal toxicity  Info Link: Acute toxicities predominate, from which the majority of patients recover without sequelae	Host Factors Mononephric  Treatment Factors Combined with other nephrotoxic agents such as: - Cisplatin/carboplatin - Ifosfamide - Aminoglycosides - Amphotericin - Immunosuppressants - Radiation impacting the kidney  Medical Conditions Diabetes mellitus Hypertension Nephrectomy	Treatment Factors Treatment before 1970	PHYSICAL Blood pressure (Yearly)  SCREENING BUN Creatinine Na, K, CI, CO <sub>2</sub> Ca, Mg, PO <sub>4</sub> (Baseline at entry into long-term follow-up. If abnormal, repeat as clinically indicated.)  Urinalysis (Yearly)	Health Links Kidney Health See also: Single Kidney Health  Considerations for Further Testing and Intervention Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency  SYSTEM = Urinary  SCORE = 2A

#### **SECTION 23 REFERENCES**

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## **ANTIMETABOLITES (cont)**

9	Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
		ANTIMETABOLITES Methotrexate (high dose IV) Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Hepatic dysfunction  Info Link: Acute toxicities predominate from which the majority of patients recover without sequelae	Treatment Factors Abdominal radiation  Medical Conditions  Viral hepatitis	Treatment Factors Treatment before 1970  Medical Conditions Chronic viral hepatitis	PHYSICAL Scleral icterus Jaundice Ascites Hepatomegaly Splenomegaly (Yearly)  SCREENING ALT AST Bilirubin (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)	Health Links Liver Health  Considerations for Further Testing and Intervention Prothrombin time for evaluation of hepatic synthetic function in patients with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or any patient transfused prior to 1993. Gastroenterology/hepatology consultation in patients with persistent liver dysfunction. Hepatitis A and B immunization in patients lacking immunity.  SYSTEM = GI/Hepatic SCORE = 2A

#### **SECTION 24 REFERENCES**

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## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
25	ANTIMETABOLITES Methotrexate (high dose IV) Methotrexate IO Methotrexate IT  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Neurocognitive deficits Functional deficits in: - Executive function (planning and organization) - Sustained attention - Memory (particularly visual, sequencing, temporal memory) - Processing speed - Visual-motor integration Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change  Info Link: Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. New deficits may emerge over time.	Host Factors Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  Treatment Factors In combination with:  - Dexamethasone  - TBI  - Cranial radiation  - Cytarabine (high-dose IV)  - Longer elapsed time since therapy	Host Factors Age < 3 years old at time of treatment Female sex Premorbid or family history of learning or attention problems  Treatment Factors Radiation dose ≥ 24 Gy Single fraction TBI (10 Gy)	Educational and/or vocational progress (Yearly)  SCREENING Referral for formal neuropsychological evaluation (Baseline at entry into long-term follow-up, then periodically as clinically indicated for patients with evidence of impaired educational or vocational progress)	Health Links Educational Issues  Considerations for Further Testing and Intervention Formal neuropsychological evaluation to include tests of processing speed, computer-based attention, visual motor integration, memory, comprehension of verbal instructions, verbal fluency, executive function and planning. Refer patients with neurocognitive deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources and/or social skills training; Consider use of psychotropic medication (e.g., stimulants) or evidence-based rehabilitation training. Caution -lower starting dose and assessment of increased sensitivity when initiating therapy is recommended. Refer to community services for vocational rehabilitation or for services for developmentally disabled.  SYSTEM = CNS SCORE = 1

#### **SECTION 25 REFERENCES**

Butler RW, Mulhern RK. Neurocognitive interventions for children and adolescents surviving cancer. J Pediatr Psychol. Jan-Feb 2005;30(1):65-78.

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## **ANTIMETABOLITES (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
26	ANTIMETABOLITES Methotrexate (high dose IV) Methotrexate IO Methotrexate IT  Info Link: High-dose IV is defined as any single dose ≥ 1000 mg/m².	Clinical leukoencephalopathy Spasticity Ataxia Dysarthria Dysphagia Hemiparesis Seizures Info Link: Clinical leukoencephalopathy may present with or without imaging abnormalities (e.g., leukoencephalopathy, cerebral lacunes, cerebral atrophy, dystrophic calcifications, mineralizing microangiopathy). Transient white matter anomalies may follow radiotherapy and high-dose chemotherapy for medulloblastoma/PNET, may mimic tumor recurrence, and signify risk of persistent neurologic sequelae. Neuroimaging changes do not always correlate with degree of cognitive dysfunction. Prospective studies are needed to define the dose/effect relationship of neurotoxic agents. Note: new deficits may emerge over time.	Host Factors Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  Treatment Factors Combined with: - Cytarabine (high-dose IV) - Dexamethasone - Cranial radiation	Treatment Factors Radiation dose ≥ 24 Gy	HISTORY Cognitive, motor, and/or sensory deficits Seizures Other neurologic symptoms (Yearly)  PHYSICAL Spasticity Ataxia Dysarthria Hemiparesis (Yearly)	Considerations for Further Testing and Intervention Brain MRI, Brain CT with MR angiography as clinically indicated; preferred study based on intracranial lesion to be evaluated:  - MRI: White matter  - Gadolinium-enhanced MRI: Microvascular injury  - CT: Calcifications Neurology consultation and follow-up as clinically indicated  SYSTEM = CNS  SCORE = 1

#### **SECTION 26 REFERENCES**

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## **ANTHRACYCLINE ANTIBIOTICS**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
27	ANTHRACYCLINE ANTIBIOTICS Daunorubicin Doxorubicin Epirubicin Idarubicin Mitoxantrone*  *Although Mitoxantrone technically belongs to the anthracenedione class of anti-tumor antibiotics, it is related to the anthracycline family.	Acute myeloid leukemia	Treatment Factors Less than 5 years since exposure to agent		HISTORY Fatigue Bleeding Easy bruising (Yearly up to 10 years after exposure to agent)  PHYSICAL Dermatologic exam (pallor, petechiae, purpura) (Yearly up to 10 years after exposure to agent)  SCREENING CBC/differential (Yearly up to 10 years after exposure to agent)	

#### **SECTION 27 REFERENCES**

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## **ANTHRACYCLINE ANTIBIOTICS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
28 28	Therapeutic Agent(s)  ANTHRACYCLINE ANTIBIOTICS Daunorubicin Doxorubicin Epirubicin Idarubicin Mitoxantrone*  *Although Mitoxantrone technically belongs to the anthracenedione class of anti-tumor antibiotics, it is related to the anthracycline family and is included here because of its cardiotoxic potential.  Info Link: Use the following formulas to convert to doxorubicin/daunorubicin isotoxic equivalents prior to calculating total cumulative anthracycline dose.  Epirubicin: Multiply total dose x 0.67 Idarubicin: Multiply total dose x 5 Mitoxantrone: Multiply total dose x 3.5 Note: There is a paucity of liter- ature to support isotoxic dose conversion; however, the above conversion factors may be used for convenience in order to gauge screening frequency. Clinical judgment should ulti- mately be used to determine indicated screening for individ- ual patients.	Potential Late Effects  Cardiac toxicity Cardiomyopathy Arrhythmias Subclinical left ventricular dysfunction (systolic dysfunction as assessed by ECHO or MUGA)  Info Link: Dose levels correlating with cardiotoxicity are derived from adult studies. Childhood cancer patients exhibit clinical and subclinical toxicity at lower levels. Certain conditions (such as isometric exercise, pregnancy, and viral infections) have been anecdotally reported to precip- itate cardiac decompensation. Prospective studies are needed to define risk factors. Note: Pediatric studies of anthracycline cardiotoxicity typically describe risks based on combined cumulative doses of daunomycin and doxorubicin, assuming an equivalent relative cardiotoxicity per mg dose. Idarubicin and mitoxantrone are more cardiotoxic than doxorubicin or daunorubicin on a mg per mg dose basis. In limited studies, epirubicin has similar dose equivalency to daunomycin and doxorubicin.	Risk Factors  Treatment Factors Combined with radiation involving the heart Combined with other cardiotoxic chemotherapy: - Cyclophosphamide conditioning for HCT - Amsacrine  Medical Conditions Obesity Congenital heart disease Febrile illness Pregnancy  Health Behaviors Isometric exercise Smoking Drug use (e.g., cocaine, diet pills, ephedra, mahuang)	Highest Risk Factors  Host Factors  Female sex Black/of African descent Younger than age 5 years at time of treatment  Treatment Factors Higher cumulative anthracycline doses: - Patients 18 years or older at time of treatment: ≥ 550 mg/m² - Patients younger than 18 years at time of treatment: ≥ 300 mg/m² - Any dose in infant Chest radiation ≥ 30 Gy Longer time elapsed since treatment	Periodic Evaluation  HISTORY SOB DOE Orthopnea Chest pain Palpitations If under 25 years: Abdominal symptoms (nausea, vomiting) (Yearly)  Info Link: Exertional intolerance is uncommon in young patients (< 25 years). Abdominal symptoms (nausea, emesis) may be observed more fre- quently than exertional dyspnea or chest pain in young patients.  PHYSICAL Cardiac murmur S3, S4 Increased P2 sound Pericardial rub Rales Wheezes Jugular venous distension Peripheral edema (Yearly)  SCREENING ECHO or MUGA for evaluation of systolic function (Baseline at entry to long-term follow- up, then periodically, based on age at treatment, history of chest radiation and cumulative anthracycline dose - see table on next page.)  EKG (include evaluation of QTc interval) (Baseline at entry into long-term follow-	Health Counseling Further Considerations  Health Links Heart Health  Counseling Counsel patients with prolonged QTc interval about use of medications that may further prolong the QTc interval (e.g., tricyclic anti-depressants, antifungals, macrolide antibiotics, metronidazole). Counsel regarding maintaining appropriate weight, blood pressure, and heart-healthy diet. Counsel regarding appropriate exercise. Aerobic exercise is generally safe and should be encouraged for most patients. Intensive isometric activities (e.g., heavy weight lifting, wrestling) should generally be avoided. Limited high repetition weight lifting (i.e., lifting a lighter weight with ease no more than 15 to 20 times in a row) is much less stressful to the heart and is more likely to be safe. Patients who choose to engage in strenuous or varsity team sports should discuss appropriate guidelines and a plan for ongoing monitoring with a cardiologist.  Considerations for Further Testing and Intervention Cardiology consultation in patients with subclinical abnormalities on screening evaluations, left ventricular dysfunction, dysrhythmia, or prolonged QTc interval. Consider excess risk of isometric exercise program in any high risk patient (defined as needing screening every 1 or 2 years). Females only: Additional cardiology evaluation in patients who received ≥ 300 mg/m² or < 300 mg/m² plus chest radiation who are pregnant or planning pregnancy. Evaluation to include an echocardiogram before and periodically during pregnancy (especially during third trimester) and monitoring during labor and delivery due to risk of cardiac failure.  SYSTEM = Cardiovascular SCORE = 1
					up. Repeat as clinically indicated.)	

### **ANTHRACYCLINE ANTIBIOTICS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

28

RECOMMENDED FREQUENCY OF ECHOCARDIOGRAM OR MUGA SCAN								
Age at Treatment*	Chest Radiation	Anthracycline Dose†	Recommended Frequency					
	Yes	Any	Every year					
<1 year old		<200 mg/m <sup>2</sup>	Every 2 years					
	No	≥200 mg/m²	Every year					
	Yes	Any	Every year					
		<100 mg/m <sup>2</sup>	Every 5 years					
1-4 years old	No	≥100 to <300 mg/m <sup>2</sup>	Every 2 years					
		≥300 mg/m²	Every year					
	Yes	<300 mg/m <sup>2</sup>	Every 2 years					
		≥300 mg/m²	Every year					
≥5 years old		<200 mg/m <sup>2</sup>	Every 5 years					
	No	≥200 to <300 mg/m <sup>2</sup>	Every 2 years					
		≥300 mg/m²	Every year					
Any age v	Every year							

<sup>\*</sup>Age at time of first cardiotoxic therapy (anthracycline or chest irradiation, whichever was given first) †Based on equivalent mg of doxorubicin/daunorubicin

#### **SECTION 28 REFERENCES**

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#### **ANTI-TUMOR ANTIBIOTICS**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
29	ANTI-TUMOR ANTIBIOTICS Bleomycin	Pulmonary toxicity Interstitial pneumonitis Pulmonary fibrosis Acute respiratory distress syndrome (very rare)	Host Factors Younger age at treatment  Treatment Factors Higher cumulative dose Combined with: - Busulfan - Carmustine (BCNU) - Lomustine (CCNU)  Medical Conditions Renal dysfunction High dose oxygen support such as during general anesthesia  Health Behaviors Smoking	Treatment Factors Bleomycin dose ≥ 400 U/m² (injury observed in doses 60-100 U/m² in children) Combined with: - Chest radiation - TBI	HISTORY Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	Health Links Pulmonary Health Bleomycin Alert  Resources Extensive information regarding smoking cessation is available for patients on the NCI's website: www.smokefree.gov  Counseling SCUBA diving should be avoided (potential exacerbation of pulmonary fibrosis as a result of increased oxygen concentrations associated with underwater pressures). Notify healthcare providers of history of bleomycin therapy and risk of worsening fibrosis with high oxygen exposure such as during general anesthesia. Administration of high concentrations of oxygen may result in chronic progressive pulmonary fibrosis. Counsel regarding tobacco avoidance/smoking cessation.  Considerations for Further Testing and Intervention In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation in patients with symptomatic or progressive pulmonary dysfunction. Influenza and pneumococcal vaccines.  SYSTEM = Pulmonary  SCORE = Interstitial pneumonitis: 1 Pulmonary fibrosis: 1 ARDS: 2B

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## **ANTI-TUMOR ANTIBIOTICS (cont)**

Sec		Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
30	ANTI-TUMOR ANTIBIOTICS Dactinomycin	No known late effects  Info Link: Dactinomycin has been associated with acute veno-occlusive disease, from which the majority of patients recover without sequelae				SYSTEM = N/A SCORE = 1

#### **SECTION 30 REFERENCES**

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## CORTICOSTEROIDS

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Sec		Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
31	CORTICOSTEROIDS	Osteopenia	Host Factors	Host Factors	SCREENING	Health Links
	Dexamethasone	Osteoporosis	Both genders are at risk	Older age at time of treatment	Bone density evaluation (DEXA or	Bone Health
	Prednisone	Osteopenia is defined as bone mineral density $\geq 1$ and $< 2.5$	Treatment Factors	Treatment Factors	quantitative CT) (Baseline at entry into long-term follow-	Resources
		SD below mean	Methotrexate	Glucocorticoid cumulative dose	up. Repeat as clinically indicated.)	National Osteoporosis Foundation Website: www.nof.org
		Osteoporosis is defined as	Cranial radiation	≥ 9 gm/m² prednisone	aprilippour de emiliani, maioaisan,	
		bone mineral density ≥ 2.5 SD	HCT/TBI	equivalent		Considerations for Further Testing and Intervention
		below mean		Dexamethasone effect is more	Info Link: The optimal method of	Nutritional supplements in cases of osteopenia unresponsive to
		Info Link: The World Health	Medical Conditions Growth hormone deficiency	potent than prednisone	measuring bone health in children is controversial. Existing technologies	behavioral and dietary management: Calcium 1000-1500 mg daily plus RDA for vitamin D. Use caution regarding calcium
		Organization definition of	Hypogonadism/delayed puberty		have limitations. Dual energy x-ray	supplementation in patients with history of renal lithiasis.
		osteoporosis in adults is based	Hyperthyroidism		absorptiometry (DEXA) provides an	Treatment of exacerbating or predisposing conditions (e.g.,
		on comparison of a measured			estimate of total bone mass at a given	hormonal replacement therapy for hypogonadism, growth
		bone mineral density (BMD) of	Health Behaviors		site. Quantitative CT provides distinct measures of trabecular and cortical	hormone deficiency, correction of chronic metabolic acidosis
		young adults at peak bone age and defined as a T-score. A T-	Inadequate intake of calcium and vitamin D		bone dimension and density.	that could accelerate bone loss). Endocrine consultation for patients with osteoporosis or history of multiple fractures for
		score is the number of	Lack of weight bearing exercise		Zono annoncion and donon,	pharmacologic interventions (e.g., bisphosphonates, calcitonin,
		standard deviations the BMD	Smoking			selective estrogen receptor modulators).
		measurement is above or	Alcohol use			
		below the mean. A T-score of ≥ 2.5 standard deviations				
		BELOW the mean is consistent				SYSTEM = Musculoskeletal
		with a diagnosis of				
		osteoporosis. T-scores are not				SCORE = 1
		appropriate to assess skeletal health in pediatric patients				
		who have not achieved peak				
		adult bone mass. Instead,				
		pediatric BMD reference data				
		sets calculate Z-scores based				
		on age and gender. A Z-score is the number of standard				
		deviations the measurement is				
		above or below the AGE-				
		MATCHED MEAN BMD. There				
		are no defined standards for				
		referral or treatment of low BMD in children.				
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### **CORTICOSTEROIDS (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations

#### **SECTION 31 REFERENCES**

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### **CORTICOSTEROIDS (cont)**

9	Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	32	CORTICOSTEROIDS Dexamethasone Prednisone	Osteonecrosis (Avascular Necrosis)  Info Link: Osteonecrosis typically occurs during the acute treatment phase, may progress over time or resolve. Multifocal osteonecrosis is significantly more common (3:1) than unifocal.	Host Factors Both genders are at risk Host polymorphisms may confer increased risk  Treatment Factors Combined with high-dose radiation to any bone Dexamethasone effect is more potent than prednisone  Medical Conditions Sickle cell disease	Host Factors Age ≥ 10 years at time of treatment  Treatment Factors Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	HISTORY Joint pain Swelling Immobility Limited range of motion (Yearly)  PHYSICAL Musculoskeletal exam (Yearly)	Health Links Osteonecrosis  Considerations for Further Testing and Intervention  MRI as clinically indicated in patients with history suggestive of osteonecrosis (should be done soon after symptom onset). Orthopedic consultation in patients with positive imaging and/or symptoms of osteonecrosis. Physical therapy evaluation (for non-pharmacologic pain management, range of motion, strengthening, stretching, functional mobility).  SYSTEM = Musculoskeletal  SCORE = 1

#### **SECTION 32 REFERENCES**

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### **CORTICOSTEROIDS (cont)**

Sec		Potential	Risk	Highest	Periodic Evolution	Health Counseling
# 33	Agent(s)  CORTICOSTEROIDS  Dexamethasone  Prednisone	Late Effects Cataracts	Factors  Treatment Factors Combined with: - TBI - Busulfan	Risk Factors Treatment Factors TBI Cranial, orbital, or eye radiation Longer interval since	Evaluation  HISTORY Visual difficulties (Yearly)	Further Considerations  Health Links Cataracts  Considerations for Further Testing and Intervention Ophthalmology consultation if problem identified. Refer patients with visual deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources.  SYSTEM = Ocular SCORE = 1

#### **SECTION 33 REFERENCES**

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### **ENZYMES**

Sec	· ·	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
34	ENZYMES Asparaginase	No known late effects  Info Link: Acute toxicities predominate, from which the majority of patients recover without sequelae				SYSTEM = N/A SCORE = 1

#### **SECTION 34 REFERENCES**

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### **PLANT ALKALOIDS**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	PLANT ALKALOIDS Vinblastine Vincristine	Peripheral sensory or motor neuropathy Areflexia Weakness Foot drop Paresthesias  Info Link: Acute toxicities most commonly occur and usually resolve prior to patients entering long-term follow-up. Neuropathy can persist after treatment and is typically not late in onset.	Treatment Factors Combined with platinum chemotherapy, gemcitabine or taxanes  Medical Conditions Anorexia Severe weight loss	Medical Conditions Charcot-Marie-Tooth disease	HISTORY Peripheral neuropathy (Yearly, until 2 to 3 years after therapy. Monitor yearly if symptoms persist.)  PHYSICAL Neurologic exam (Yearly, until 2 to 3 years after therapy; continue to monitor yearly if symptoms persist)	

#### **SECTION 35 REFERENCES**

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## **PLANT ALKALOIDS (cont)**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
36	PLANT ALKALOIDS Vinblastine Vincristine	Vasospastic attacks (Raynaud's phenomenon)	Health Behaviors Smoking Illicit drug use		HISTORY Vasospasms of hands, feet, nose, lips, cheeks, or earlobes related to	

#### **SECTION 36 REFERENCES**

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### **EPIPODOPHYLLOTOXINS**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
377	EPIPODOPHYLLOTOXINS Etoposide (VP16) Teniposide (VM26)  Info Link: Administration schedules since approximately 1990 have been modified to reduce the risk of this complication.	Acute myeloid leukemia	Medical Conditions Splenectomy (conflicting evidence)	Treatment Factors Weekly or twice weekly administration Less than 5 years since exposure to agent	(Yearly, up to 10 years after exposure to agent)	Health Links Reducing the Risk of Second Cancers  Counseling Counsel to promptly report fatigue, pallor, petechiae, or bone pain  Considerations for Further Testing and Intervention Bone marrow exam as clinically indicated  SYSTEM = SMN  SCORE = 1

#### **SECTION 37 REFERENCES**

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### **ALL FIELDS (INCLUDING TBI)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
	All Radiation Fields (Including TBI)  Info Link: General factors influencing radiation toxicity include daily fraction size, cumulative dose, age of patient at irradiation and type of	Secondary benign or malignant neoplasm Occurring in or near radiation field Info Link: Patients with bilateral or familial retinoblastoma (implying a	Host Factors Cancer predisposing mutation (e.g., p53, RB1, NF1) Younger age at treatment  Treatment Factors High cumulative radiation dose Large radiation treatment	Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	Inspection and palpation of skin and soft tissues in irradiated field(s)	Health Links Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention There is currently a deficiency in the literature regarding whether or not TBI is a risk factor for the development of breast cancer. Monitoring for breast cancer in females who received TBI should be determined on an individual basis.
	radiation used. Toxicity may not be manifest until growth is completed or patient ages.	germline mutation) are at increased risk for developing second malignant neoplasms	volumes Alkylating agent exposure		ment volumes (See recommendations for specific fields)	Surgical and/or oncology consultation as clinically indicated.  SYSTEM = SMN  SCORE = 1

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### **ALL FIELDS (INCLUDING TBI) (cont)**

;	Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
		All Radiation Fields (Including TBI)	Dysplastic nevi Skin cancer Basal cell carcinoma Squamous cell carcinoma Melanoma	Host Factors Gorlin's syndrome (nevoid basal cell carcinoma syndrome)	Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	Skin lesions Changing moles (asymmetry, bleeding, increasing size,	Health Links Skin Health Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Dermatology consultation for evaluation and monitoring of atypical nevi. Oncology consultation as clinically indicated.  SYSTEM = SMN SCORE = 1

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## **ALL FIELDS (EXCEPT TBI)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	All Radiation Fields (Except TBI)	Dermatologic changes Fibrosis Telangiectasias Permanent hair loss		Radiation dose ≥ 50 Gy Orthovoltage radiation	PHYSICAL Dermatologic exam of irradiated fields (Yearly)	Health Links Skin Health
		Altered skin pigmentation		due to delivery of greater dose to skin and bones		SYSTEM = Dermatologic  SCORE = 1

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### **ALL FIELDS (EXCEPT TBI) (cont)**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	All Radiation Fields (Except TBI)	Bone malignancies	Host Factors Adolescent at treatment Cancer-predisposing mutation (e.g., p53, RB1, NF1)  Treatment Factors Higher radiation dose Combined with alkylating agents	Radiation dose ≥ 30 Gy Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	Bone pain (especially in irradiated field) (Yearly)	

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## POTENTIAL IMPACT TO BRAIN/CRANIUM

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
42	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	Brain tumor (benign or malignant)	Host Factors Younger age at treatment Neurofibromatosis  Treatment Factors Higher radiation dose	Host Factors Age < 6 years at time of treatment Ataxia telangiectasia	HISTORY Headaches Vomiting Cognitive, motor or sensory deficits Seizures and other neurologic symptoms (Yearly)  PHYSICAL Neurologic exam (Yearly)	Considerations for Further Testing and Intervention Brain MRI as clinically indicated for symptomatic patients. Consider brain MRI every other year for patients with neurofibromatosis beginning 2 years after radiation therapy. Neurosurgical consultation for tissue diagnosis and/or resection. Neuro-oncology consultation for medical management.  SYSTEM = SMN SCORE = 1

#### **SECTION 42 REFERENCES**

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
43	Cranial Ear/Infratemporal TBI	Neurocognitive deficits Functional deficits in: - Executive function (planning and organization) - Sustained attention - Memory (particularly visual, sequencing, temporal memory) - Processing speed - Visual-motor integration Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change  Info Link: Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. Note: New deficits may emerge over time.	Host Factors Younger age at treatment Primary CNS tumor CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy Head/neck tumors with brain in radiation field  Treatment Factors Radiation in combination with: - Dexamethasone - TBI - Methotrexate (IT, IO, high-dose IV) - Cytarabine (high-dose IV) Higher radiation dose Larger radiation field Greater cortical volumes Cranial radiation in combination with TBI Longer elapsed time since therapy	Host Factors  Age < 3 years at time of treatment Female sex Supratentorial tumor Premorbid or family history of learning or attention problems	Educational and/or vocational progress (Yearly)  SCREENING Referral for formal neuropsychological evaluation (Baseline at entry into long-term follow-up, then periodically as clinically indicated for patients with evidence of impaired educational or vocational progress)	Health Links Educational Issues  Considerations for Further Testing and Intervention  Formal neuropsychological evaluation to include tests of processing speed, computer-based attention, visual motor integration, memory, comprehension of verbal instructions, verbal fluency, executive function and planning. Refer patients with neurocognitive deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources and/or social skills training. Consider use of psychotropic medication (e.g., stimulants) or evidence-based rehabilitation training. Caution - lower starting dose and assessment of increased sensitivity when initiating therapy is recommended. Refer to community services for vocational rehabilitation or for services for developmentally disabled.  SYSTEM = CNS  SCORE = 1

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
44	Cranial	Clinical leukoencephalopathy Spasticity Ataxia Dysarthria Dysphagia Hemiparesis Seizures Info Link: Clinical leukoencephalopathy may present with or without imaging abnormalities (e.g., leukoencephalopathy, cerebral lacunes, cerebral atrophy, dystrophic calcifications, mineralizing microangiopathy). Transient white matter anomalies may follow radiotherapy and high-dose chemotherapy for medulloblastoma/PNET, may mimic tumor recurrence, and signify risk of persistent neurologic sequelae. Neuroimaging changes do not always correlate with degree of cognitive dysfunction. Prospective studies are needed to define the dose/effect relationship of neurotoxic agents. Note: New deficits may emerge over time.	Host Factors Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  Treatment Factors In combination with: - Dexamethasone - Methotrexate (IT, IO, high-dose IV) - Cytarabine (high-dose IV) - Higher radiation dose Larger radiation field Greater cortical volumes Longer elapsed time since therapy	Host Factors Radiation dose ≥ 24 Gy  Treatment Factors Fraction dose ≥ 3 Gy	HISTORY Cognitive, motor, and/or sensory deficits Seizures Other neurologic symptoms (Yearly)  PHYSICAL Spasticity Ataxia Dysarthria Hemiparesis (Yearly)	Considerations for Further Testing and Intervention Brain MRI, Brain CT with MR angiography as clinically indicated; preferred study based on intracranial lesion to be evaluated:  - MRI: White matter  - Gadolinium-enhanced MRI: Microvascular injury  - CT: Calcifications Neurology consultation and follow-up as clinically indicated  SYSTEM = CNS  SCORE = 1

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
45	≥ 40 Gy to: Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Cerebrovascular complications Stroke Moyamoya Occlusive cerebral vasculopathy  Info Link: Moyamoya syndrome is the complete occlusion of one or more of the three major cerebral vessels with the development of small, immature collateral vessels, which reflect an attempt to revascularize the ischemic portion of the brain.	Host Factors Down syndrome  Treatment Factors Suprasellar radiation  Medical Conditions Sickle cell disease Neurofibromatosis	Treatment Factors Radiation dose ≥ 55 Gy	HISTORY Hemiparesis Hemiplegia Weakness Aphasia (Yearly)  PHYSICAL Neurologic exam (Yearly)	Considerations for Further Testing and Intervention Brain MRI with diffusion-weighted imaging with MR angiography as clinically indicated. Neurology/neurosurgery consultation and follow-up. Physical and occupational therapy as clinically indicated. Note: Revascularization procedures are likely helpful for moyamoya. Aspirin prophylaxis has not yet been shown to be beneficial for moyamoya or occlusive cerebral vasculopathy.  SYSTEM = CNS SCORE = 1

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

	erapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
46 Cranial Orbital/Ey Ear/Infrate Nasophary	emporal	Craniofacial abnormalities	Host Factors Younger age at treatment  Treatment Factors Higher radiation dose	Age < 5 years at time of treatment  Treatment Factors Radiation dose ≥ 30 Gy	HISTORY Psychosocial assessment, with attention to: Educational and/or vocational progress Depression Anxiety Post-traumatic stress Social withdrawal (Yearly)  PHYSICAL Craniofacial abnormalities (Yearly)	Resources FACES - The National Craniofacial Association www.faces-cranio.org  Considerations for Further Testing and Intervention Reconstructive craniofacial surgical consultation. Consultation with psychologist in patients with adjustment disorders related to facial asymmetry/deformity.  SYSTEM = Musculoskeletal SCORE = 1

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Chronic sinusitis	Treatment Factors Radiation dose to sinuses ≥ 30 Gy Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)		HISTORY Rhinorrhea Postnasal discharge (Yearly)	Considerations for Further Testing and Intervention CT scan of sinuses as clinically indicated. Otolaryngology consultation as clinically indicated
			Medical Conditions Atopic history Hypogammaglobulinemia		PHYSICAL Nasal exam Sinuses (Yearly)	SYSTEM = Immune  SCORE = 1

#### **SECTION 47 REFERENCES**

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
48	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Overweight  Age 2-20 years:  BMI for age ≥ 85th - < 95th percentile  Age ≥ 21 years:  BMI ≥ 25 - 29.9  Obesity  Age 2-20 years:  BMI for age≥ 95th percentile  Age ≥ 21 years:  BMI for age≥ 95th percentile  Age ≥ 21 years:  BMI ≥ 30  Info Link:  BMI=wt(kg)/ht(M²)  BMI calculator available on-line at: http://nhlbisupport.com/bmi/ Growth charts for patients < 21 years of age available on-line at: www.cdc.gov/growthcharts	Host Factors Younger at treatment  Treatment Factors Higher cranial radiation dose Combined with corticosteroids  Medical Conditions Familial dyslipidemia Growth hormone deficiency Hypothyroidism	Host Factors Age < 4 years old at time of treatment Female sex  Treatment Factors Hypothalamic radiation dose ≥ 20 Gy  Medical Conditions Inability to exercise	PHYSICAL Height Weight BMI Blood pressure (Yearly)  SCREENING Fasting blood glucose Fasting serum insulin Fasting lipid profile (Every 2 years in overweight or obese patients. Every 5 years in patients of normal weight. More frequently if indicated based on patient evaluation.)	Health Links Diet and Physical Activity  Counseling Counsel regarding obesity-related health risks  Considerations for Further Testing and Intervention Consider evaluation for other co-morbid conditions including dyslipidemia, hypertension, glucose intolerance, diabetes mellitus, hyperinsulinism, and insulin resistance. Nutritional counseling. Endocrine consultation for patients with dyslipidemia or hyperglycemia.  SYSTEM = Endocrine/Metabolic SCORE = 1

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# POTENTIAL IMPACT TO BRAIN/CRANIUM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
49	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	Info Link: The metabolic syndrome is a clustering of cardiovascular risk factors that may further increase risk for cardiovascular disease. Definitions of metabolic syndrome are evolving, but generally include a combination of obesity with insulin resistance, dyslipidemia, and elevated blood pressure. Note: Patients who received TBI may develop features of metabolic syndrome without associated obesity.	Treatment Factors Surgery in suprasellar region Prolonged corticosteroid therapy (e.g., for chronic GVHD)  Medical Conditions Growth hormone deficiency Hypogonadism	Host Factors Obesity  Treatment Factors Cranial radiation dose ≥ 18 Gy	PHYSICAL Height Weight BMI Blood pressure (Yearly)  SCREENING Fasting blood glucose Fasting serum insulin Fasting lipid profile (Every 5 years. More frequently if indicated based on patient evaluation.)	Health Links Diet and Physical Activity  Counseling Counsel regarding obesity-related health risks  Considerations for Further Testing and Intervention Consider endocrine consult if insulin resistance/metabolic syndrome is suspected. Nutritional counseling. Cardiology consultation as clinically indicated.  SYSTEM = Endocrine/Metabolic  SCORE = 2A

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## POTENTIAL IMPACT TO NEUROENDOCRINE AXIS

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
500	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	Info Link: Growth charts available on-line at www.cdc.gov/growthcharts	Host Factors Younger age at treatment  Treatment Factors Higher radiation doses Surgery in suprasellar region Pretransplant radiation TBI ≥ 10 Gy in single fraction TBI ≥ 12 Gy fractionated	Treatment Factors Radiation dose ≥ 18 Gy Pretransplant cranial radiation TBI given in single fraction	HISTORY Assessment of nutritional status (Every six months until growth is completed, then yearly)  PHYSICAL Height Weight BMI (Every six months until growth is completed, then yearly)  Tanner staging (Every six months until sexually mature)	Health Links Growth Hormone Deficiency See also: Hypopituitarism  Resources www.magicfoundation.org  Considerations for Further Testing and Intervention Obtain x-ray for bone age in poorly growing children. Endocrine consultation for: Height below 3rd percentile on growth chart; Drop ≥ 2 percentile rankings on growth chart; Growth velocity < 4-5 cm/year during childhood; Lack of pubertal growth spurt. Evaluate thyroid function in any poorly growing child. Consult with endocrinologist regarding risks/benefits of adult growth hormone replacement therapy. Consider bone density testing in patients who are growth hormone deficient.  SYSTEM = Endocrine/Metabolic SCORE = 1

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# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

5	ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
		Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Precocious puberty	Host Factors Female sex Younger age at treatment  Treatment Factors Radiation doses ≥ 18 Gy		PHYSICAL Height Weight Tanner stage Testicular volume by Prader orchidometry (males only) (Yearly until sexually mature)  SCREENING FSH LH Testosterone (males only) (As clinically indicated in patients with signs of accelerated pubertal progression and growth)	Resources   www.magicfoundation.org

#### **SECTION 51 REFERENCES**

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# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
52	≥ 40 Gy to: Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Hyperprolactinemia	Treatment Factors Higher radiation dose Surgery or tumor in hypothalamic area	Treatment Factors Radiation dose ≥ 50 Gy	HISTORY Galactorrhea Decreased libido (males) Menstrual history (females) (Yearly)	Health Links Hyperprolactinemia  Resources www.magicfoundation.org  Considerations for Further Testing and Intervention
					Prolactin level (Males with galactorrhea or decreased libido; Females with galactorrhea or amenorrhea)	CT evaluation of sella turcica for pituitary adenoma in patients with hyperprolactinemia. Endocrine consultation for patients with hyperprolactinemia or galactorrhea (or amenorrhea in females).
						SYSTEM = Endocrine/Metabolic  SCORE = 1

#### **SECTION 52 REFERENCES**

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# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
53	≥ 40 Gy to: Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Central hypothyroidism  Info Link: Central hypothyroidism includes thyroidreleasing and thyroid-stimulating hormone deficiency	Treatment Factors Higher radiation dose		HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems See also: Hypopituitarism  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Consider TSH surge testing. Endocrine consultation for thyroid hormone replacement.  SYSTEM = Endocrine/Metabolic  SCORE = 1

#### **SECTION 53 REFERENCES**

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# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

Sec		Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
54	≥ 40 Gy to: Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal	Gonadotropin deficiency Info Link: Gonadotropin deficiency includes LH and FSH deficiency.	Treatment Factors Higher radiation dose		MALES: HISTORY Pubertal (onset, tempo) Sexual function (erections, nocturnal emissions, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage Testicular volume by Prader orchdiometry (Yearly until sexually mature)  SCREENING FSH LH Testosterone (Baseline at age 14 and as clinically indicated in patients with delayed puberty and/or clinical signs and symptoms of testosterone deficiency)  Semen analysis (As requested by patient and for	MALES:  Health Links  Male Health Issues See also: Hypopituitarism  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Considerations for Further Testing and Intervention Refer to endocrinologist for delayed puberty or persistently abnormal hormone levels. Hormonal replacement therapy for hypogonadal patients. Reproductive endocrinology referral for infertility evaluation and consultation regarding assisted reproductive technologies. Consider bone density testing in patients who are gonadotropin deficient.  SYSTEM = Male reproductive  SCORE = 1
					evaluation of infertility)  FEMALES:	
					HISTORY Pubertal (onset, tempo) Menstrual/pregnancy history Sexual function (vaginal dryness, libido) Medication use impacting sexual function (Yearly)	FEMALES:  Health Links  Female Health Issues See also: Hypopituitarism  Resources  American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org
					PHYSICAL Tanner stage (Yearly until sexually mature)  SCREENING FSH LH Estradiol (Baseline at age 13, and as clinically indicated in patients with delayed puberty, irregular menses, primary or secondary amenorrhea, or clinical signs and symptoms of estrogen deficiency)	Considerations for Further Testing and Intervention Refer to endocrinologist for delayed puberty or persistently abnormal hormone levels. Hormonal replacement therapy for hypogonadal patients. Reproductive endocrinology referral for infertility evaluation and consultation regarding assisted reproductive technologies. Consider bone density testing in patients who are gonadotropin deficient.  SYSTEM = Female reproductive  SCORE = 1

# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

SecTherapeuticPotentialRiskHighestPeriodicHealth Counseling#Agent(s)Late EffectsFactorsRisk FactorsEvaluationFurther Considerations

#### **SECTION 54 REFERENCES**

Gleeson HK, Shalet SM. The impact of cancer therapy on the endocrine system in survivors of childhood brain tumours. *Endocr Relat Cancer*. Dec 2004;11(4):589-602. Mills JL, Fears TR, Robison LL, Nicholson HS, Sklar CA, Byrne J. Menarche in a cohort of 188 long-term survivors of acute lymphoblastic leukemia. *J Pediatr*. Oct 1997;131(4):598-602. Ogilvy-Stuart AL, Clayton PE, Shalet SM. Cranial irradiation and early puberty. *J Clin Endocrinol Metab*. Jun 1994;78(6):1282-1286.

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# POTENTIAL IMPACT TO NEUROENDOCRINE AXIS (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
55	i	Central adrenal insufficiency	Treatment Factors Higher radiation dose Surgery or tumor in the suprasellar region	Treatment Factors Prior development of another hypothalamic-pituitary endocrinopathy	Failure to thrive Anorexia Dehydration Hypoglycemia Lethargy Unexplained hypotension (Yearly)  SCREENING 8:00 a.m. serum cortisol (Yearly for at least 15 years after treatment and as clinically indicated)	Health Links Central Adrenal Insufficiency See also: Hypopituitarism  Resources www.magicfoundation.org  Counseling Counsel regarding corticosteroid replacement therapy and stress dosing. Counsel regarding Medical Alert bracelet.  Considerations for Further Testing and Intervention Endocrine consultation for further evaluation and replacement steroids  SYSTEM = Endocrine/Metabolic SCORE = 1

#### **SECTION 55 REFERENCES**

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## POTENTIAL IMPACT TO EYE

5	Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	56	Cranial Orbital/Eye TBI Info Link: Radiation-related ocular complications other than cataracts are generally associated only with orbital/eye radiation or higher dose cranial radiation. However, patients with a history of an ocular tumor (e.g., retinoblastoma) are at higher risk for late-onset ocular complications and should receive ongoing follow-up by an ophthalmologist at least annually, and more frequently if clinically indicated.	Cataracts	Treatment Factors Radiation dose ≥ 10 Gy TBI ≥ 2 Gy in single fraction TBI ≥ 5 Gy fractionated Radiation combined with - Corticosteroids - Busulfan - Longer interval since treatment	Treatment Factors Radiation dose ≥ 15 Gy Fraction dose ≥ 2 Gy TBI ≥ 5 Gy in single fraction TBI ≥ 10 Gy fractionated Cranial/orbital/eye radiation combined with TBI	HISTORY Visual changes (decreased acuity, halos, diplopia) (Yearly)  PHYSICAL Visual acuity Funduscopic exam to evaluate for lens opacity (Yearly)  SCREENING Evaluation by ophthalmologist (Yearly for patients with ocular tumors [regardless of radiation dose] and for those who received TBI or ≥ 30 Gy cranial/orbital/eye radiation. Every 3 years for patients without ocular tumors who received <30 Gy.)	Considerations for Further Testing and Intervention Ongoing ophthalmology follow-up for identified problems. Refer patients with visual deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources.  SYSTEM = Ocular SCORE = 1

#### **SECTION 56 REFERENCES**

Abramson DH, Servodidio CA. Ocular complications due to cancer treatment. In: Schwartz CL, Hobbie WL, Constine LS, Ruccione KS, eds. *Survivors of Childhood Cancer: Assessment and Management*. St. Louis: Mosby; 1994:111-131.

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# POTENTIAL IMPACT TO EYE (cont)

9	Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	57	≥ 30 Gy to: Cranial Orbital/Eye  Info Link: Radiation-related ocular complications other than cataracts are generally associ- ated only with orbital/eye radia- tion or higher dose cranial radi- ation. However, patients with a history of an ocular tumor (e.g., retinoblastoma) are at higher risk for late-onset ocular com- plications and should receive ongoing follow-up by an oph- thalmologist at least annually, and more frequently if clinically indicated.	Ocular toxicity Orbital hypoplasia Lacrimal duct atrophy Xerophthalmia (keratoconjunctivitis sicca) Keratitis Telangiectasias Retinopathy Optic chiasm neuropathy Enophthalmos Chronic painful eye Maculopathy Papillopathy Glaucoma Info Link: Reduced visual acuity may be associated with cataracts, retinal damage, and optic nerve damage.	Treatment Factors Higher radiation dose Higher daily fraction dose Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin) [problems related to tearing]	Host Factors Chronic GVHD (xerophthalmia only)  Treatment Factors Fraction dose ≥ 2 Gy	HISTORY Visual changes (decreased acuity, halos, diplopia) Dry eye Persistent eye irritation Excessive tearing Light sensitivity Poor night vision Painful eye (Yearly)  PHYSICAL Visual acuity Funduscopic exam (Yearly)  SCREENING Evaluation by ophthalmologist (Yearly)	Health Links Eye Health  Resources FACES - The National Craniofacial Association website: www.faces-cranio.org  Considerations for Further Testing and Intervention Consider every six month ophthalmology evaluation for patients with corneal damage (usually associated with xerophthalmia) or complex ocular problems. Refer patients with visual deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources.  SYSTEM = Ocular SCORE = 1

#### **SECTION 57 REFERENCES**

Abramson DH, Servodidio CA. Ocular complications due to cancer treatment. In: Schwartz CL, Hobbie WL, Constine LS, Ruccione KS, eds. *Survivors of Childhood Cancer: Assessment and Management*. St. Louis: Mosby; 1994:111-131.

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# POTENTIAL IMPACT TO EAR

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
58	≥ 30 Gy to: Cranial Ear/Infratemporal Nasopharyngeal	Ototoxicity Tympanosclerosis Otosclerosis Eustachian tube dysfunction Conductive hearing loss	Host Factors Younger age at treatment Treatment Factors Higher radiation dose Medical Conditions Chronic otitis Chronic cerumen impaction	Treatment Factors Dose ≥ 50 Gy	Hearing difficulties (with/without background noise) Tinnitus Vertigo (Yearly)  PHYSICAL Otoscopic exam (Yearly)  SCREENING Complete pure tone audiogram or brainstem auditory evoked response [BAER, ABR] (Yearly after completion of therapy for 5 years [for patients <10 years old, continue yearly until age 10], then every 5 years. If hearing loss is	Health Links Hearing Loss Educational Issues  Considerations for Further Testing and Intervention Audiology consultation for patients with progressive hearing loss. Otolaryngology consultation for patients with chronic infection, cerumen impaction, or other anatomical problems exacerbating or contributing to hearing loss. Speech and
		Sensorineural hearing loss Tinnitus	Host Factors Younger age at treatment CNS tumor CSF shunting Treatment Factors Higher radiation dose Conventional (non-conformal) radiation	Treatment Factors Radiation administered prior to platinum chemotherapy Combined with other ototoxic agents such as: - Cisplatin - Carboplatin in myeloablative doses - Aminoglycosides		language therapy for children with hearing loss. Refer patients with auditory deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate provision of educational resources. Consider specialized evaluation for specific needs and/or preferential classroom seating, FM amplification system, and other educational assistance as indicated.  SYSTEM = Auditory
					detected, test at least yearly or as recommended by audiologist. If clinical suspicion of hearing loss at any time, test as clinically indicated. If audiogram is inconclusive or unevaluable, refer to audiologist for consideration of electrophysiologic testing e.g., otoacoustic emissions [OAEs].)	SCORE = 1
					Info Link: Complete pure tone audiogram should include testing of both ears: (1) Air conduction from 250 to 8000 Hz (2) Bone conduction if air conduction thresholds exceed bone by 15dB at any frequency (3) Speech discrimination evaluation. OAEs measure outer hair cell function only. Because carboplatin selectively damages inner hair cells, patients treated with carboplatin should not be evaluated with OAEs.	

# POTENTIAL IMPACT TO EAR (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations

#### **SECTION 58 REFERENCES**

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## POTENTIAL IMPACT TO ORAL CAVITY

ec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle	Xerostomia Salivary gland dysfunction	Treatment Factors Head and neck radiation involving the parotid gland Higher radiation doses Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)	Salivary gland dose ≥ 30 Gy  Medical Conditions Chronic GVHD	Xerostomia (Yearly)	Health Links Dental Health  Considerations for Further Testing and Intervention Supportive care with saliva substitutes, moistening agents, and sialogogues (pilocarpine); Regular dental care including fluoride applications
					SCREENING Dental exam and cleaning (Every six months)	SYSTEM = Dental  SCORE = 1

#### **SECTION 59 REFERENCES**

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# POTENTIAL IMPACT TO ORAL CAVITY (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Dental abnormalities Tooth/root agenesis Microdontia Root thinning/shortening Enamel dysplasia Periodontal disease Dental caries Malocclusion Temporomandibular joint dysfunction	Host Factors Younger age at treatment Gorlin's syndrome (nevoid basal cell carcinoma syndrome)  Treatment Factors Higher radiation dose	Age < 5 years at time of treatment  Treatment Factors	PHYSICAL Oral exam (Yearly)  SCREENING Dental exam and cleaning (Every six months)	

#### **SECTION 60 REFERENCES**

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# POTENTIAL IMPACT TO ORAL CAVITY (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	≥ 40 Gy to: Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle	Osteoradionecrosis	Treatment Factors Radiation dose to bone ≥ 45 Gy	Treatment Factors Radiation dose to bone ≥ 50 Gy	Impaired or delayed healing following dental work	

#### **SECTION 61 REFERENCES**

Ashamalla HL, Ames JW, Uri A, Winkler P. Hyperbaric oxygen in the management of osteoradionecrosis. Med Pediatr Oncol. Jul 1996;27(1):48-53.

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## POTENTIAL IMPACT TO NECK/THYROID

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Thyroid nodules	Host Factors Younger age at treatment Female sex  Treatment Factors Higher radiation dose Thyroid gland directly in radiation field TBI	Treatment Factors Radiation dose ≥ 25 Gy	Thyroid exam (Yearly)	

#### **SECTION 62 REFERENCES**

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# POTENTIAL IMPACT TO NECK/THYROID (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Thyroid cancer	Host Factors Younger age at treatment Female sex  Treatment Factors ≥ 5 years after irradiation Thyroid gland directly in radiation field TBI Risk increased up to 30 Gy with a downturn of risk after 30 Gy		PHYSICAL Thyroid exam (Yearly)	

#### **SECTION 63 REFERENCES**

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## POTENTIAL IMPACT TO NECK/THYROID (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
64	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Hypothyroidism	Female sex  Treatment Factors  Radiation dose ≥ 10 Gy Thyroid gland directly in radiation field  TBI	Treatment Factors Radiation dose ≥ 20 Gy	HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic  SCORE = 1

#### **SECTION 64 REFERENCES**

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## POTENTIAL IMPACT TO NECK/THYROID (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
65	≥ 40 Gy to: Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle	Hyperthyroidism	Treatment Factors Higher radiation dose		HISTORY Heat intolerance Tachycardia Palpitations Weight loss Emotional lability Muscular weakness Hyperphagia (Yearly)  PHYSICAL Eyes Skin Thyroid Cardiac Neurologic (Yearly)  SCREENING TSH Free T4 (Yearly)	Health Links Thyroid Problems  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic  SCORE = 1

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Chin D, Sklar C, Donahue B, et al. Thyroid dysfunction as a late effect in survivors of pediatric medulloblastoma/primitive neuroectodermal tumors: a comparison of hyperfractionated versus conventional radiotherapy. *Cancer.* Aug 15 1997;80(4):798-804.

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DeGroot LJ. Effects of irradiation on the thyroid gland. Endocrinol Metab Clin North Am. Sep 1993;22(3):607-615.

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# POTENTIAL IMPACT TO NECK/THYROID (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	≥ 40 Gy to: Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle	Carotid artery disease			HISTORY Memory impairment (Yearly)  PHYSICAL Diminished carotid pulses Carotid bruits Abnormal neurologic exam (compromise of blood flow to brain) (Yearly)	

#### **SECTION 66 REFERENCES**

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# POTENTIAL IMPACT TO NECK/THYROID (cont)

ec T #	herapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
2 ≥ 40 Gy f Spine (c Cervical Supracla Mantle Mini-Ma	ervical) (neck) vicular	Subclavian artery disease			PHYSICAL Diminished brachial and radial pulses Pallor of upper extremities Coolness of skin Unequal blood pressure (Yearly)	Considerations for Further Testing and Intervention  Doppler ultrasound of subclavian vessels as clinically indicated.  MRI with diffusion-weighted imaging with MR angiography and cardiovascular surgery consultation as clinically indicated.  Consider color Doppler 10 years after completion of radiation therapy to the neck as a baseline; refer to cardiologist if abnormal.  SYSTEM = Cardiovascular  SCORE = 2A

#### **SECTION 67 REFERENCES**

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## POTENTIAL IMPACT TO BREAST

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female) 89	≥ 20 Gy to: Mantle Mini-Mantle Mediastinal Chest (thorax) Axilla	Breast cancer	Host Factors Family history of breast cancer  Treatment Factors Higher radiation dose Longer time since radiation (≥ 5 years)  Info Link There is currently a deficiency in the literature regarding whether or not TBI is a risk factor for the development of breast cancer. Monitoring of patients who received TBI should be determined on an individual basis.	Host Factors Female gender	PHYSICAL Breast exam (Yearly beginning at puberty until age 25, then every six months)  SCREENING Mammogram (Beginning 8 years after radiation or at age 25, whichever occurs last)  Info Link: Mammography is currently limited in its ability to evaluate the premenopausal breast. The role of MRI is evolving for screening of other populations at high risk for breast cancer (e.g., premenopausal known or likely carriers of gene mutation of known penetrance).	Health Links Breast Cancer  Counseling Teach breast self-exam and counsel to perform monthly beginning at puberty.  Considerations for Further Testing and Intervention Surgical consultation for diagnostic procedure in patients with breast mass or suspicious radiographic finding. Decisions regarding the use of HRT should be based on current literature and should take into consideration the risk/benefit ratio for individual patients.  SYSTEM = SMN SCORE = 1

#### **SECTION 68 REFERENCES**

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# POTENTIAL IMPACT TO BREAST (cont)

5	Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
	(Female)	Mantle Mini-Mantle Mediastinal Chest (thorax) Whole lung Axilla TBI	Breast tissue hypoplasia	Host Factors Prepubertal at time of breast irradiation  Treatment Factors Higher radiation dose		PHYSICAL Breast exam (Yearly)	Considerations for Further Testing and Intervention Surgical consultation for breast reconstruction after completion of growth.  SYSTEM = Female reproductive  SCORE = 1

#### **SECTION 69 REFERENCES**

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## POTENTIAL IMPACT TO LUNGS

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
70	Mantle Mediastinal Chest (thorax) Whole lung TBI	Pulmonary toxicity Pulmonary fibrosis Interstitial pneumonitis Restrictive lung disease Obstructive lung disease	Host Factors Younger age at irradiation  Treatment Factors Radiation dose ≥ 10 Gy Chest radiation combined with TBI Radiation combined with: - Bleomycin - Busulfan - Carmustine (BCNU) - Lomustine (CCNU) - Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)  Medical Conditions Atopic history  Health Behaviors Smoking	Treatment Factors Radiation dose ≥ 15 Gy TBI ≥ 6 Gy in single fraction TBI ≥ 12 Gy fractionated	HISTORY Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	

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# POTENTIAL IMPACT TO HEART

Sec #		erapeutic Agent(s)		Potential ate Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
71	Mediastinal Chest (thorax) Axilla Spine (thoracic) Whole abdomen All upper abdominal fields  Myocardial infarction Arrhythmia Atherosclerotic heart disease		Younger age at irradiation Family history of dyslipidemia Coronary artery disease  Treatment Factors Radiation dose ≥ 20 Gy to chest TBI Combined with radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin) Combined with other cardiotoxic chemotherapy - Anthracyclines - Cyclophosphamide conditioning for HCT - Amsacrine  Medical Conditions Hypertension Obesity Dyslipidemia Diabetes mellitus Congenital heart disease Febrile illness	SOB DOE Orthopnea Chest pain Palpitations If under 25 years: Abdominal symptoms (nausea, vomiting) (Yearly)  Info Link: Exertional intolerance is uncommon in young patients (< 25 years). Abdominal symptoms (nausea, emesis) may be observed more frequently than exertional dyspnea or chest pain in young patients.  PHYSICAL Cardiac murmur S3, S4 Increased P2 sound Pericardial rub Rales Wheezes Jugular venous distension Peripheral edema  Heart Health Diet and Physical Activity  Resources A downloadable wallet card is av for patients requiring endocarditis heart.org/downloadable/heart/10  Counseling Counsel patients with prolonged medications that may further protricyclic anti-depressants, antifu metronidazole). Counsel regarding endocarditis prophylax present. Counsel regarding appropriate is generally safe and sh patients. Intensive isometric activ wrestling) should generally be av repetition weight lifting (i.e., lifting no more than 15 to 20 times in a the heart and is more likely to be engage in strenuous or varsity te appropriate guidelines and a plant cardiologist.  Considerations for Further Tes	Resources A downloadable wallet card is available from the AHA website for patients requiring endocarditis prophylaxis: <a href="www.american-heart.org/downloadable/heart/1023826501754walletcard.pdf">www.american-heart.org/downloadable/heart/1023826501754walletcard.pdf</a> Counsel patients with prolonged QTc interval about use of medications that may further prolong the QTc interval (e.g., tricyclic anti-depressants, antifungals, macrolide antibiotics, metronidazole). Counsel regarding maintaining appropriate weight, blood pressure, and heart-healthy diet. Counsel regarding endocarditis prophylaxis if valvular abnormalities present. Counsel regarding appropriate exercise. Aerobic exercise is generally safe and should be encouraged for most patients. Intensive isometric activities (e.g., heavy weight lifting, wrestling) should generally be avoided. Limited high repetition weight lifting (i.e., lifting a lighter weight with ease no more than 15 to 20 times in a row) is much less stressful to the heart and is more likely to be safe. Patients who choose to engage in strenuous or varsity team sports should discuss appropriate guidelines and a plan for ongoing monitoring with a cardiologist.			
	RECOMM	MENDED FREQUE	NCY OF ECHOCA	RDIOGRAM	Premature ovarian failure		(Yearly)	Cardiology consultation for patients with subclinical abnormalities on screening evaluations or with left ventricular dysfunction,
I I		Radiation Dose	Anthracycline Dose†	Recommended Frequency	(untreated)		SCREENING Fasting glucose and lipid profile	dysrhythmia or prolonged QTc interval. Additional cardiology evaluation for patients who are pregnant or planning pregnanc who: (1) received ≥ 30 Gy chest radiation, or (2) received ches
< 5	years old	Any	None Any	Every 2 years Every year	Health Behaviors Smoking Isometric exercise		(Every 3 to 5 years. If abnormal, refer for ongoing management.)	radiation in combination with cardiotoxic chemotherapy (anthracyclines or high-dose cyclophosphamide). Evaluation to include echocardiogram before and periodically during pregnancy
		<30 Gy	None	Every 5 years	Drug use (e.g., cocaine, diet pills, ephedra)		EKG (include evaluation of QTc interval)	(especially during third trimester) and monitoring during labor and delivery due to risk of cardiac failure. Consider
≥ 5	years old	≥30 Gy	None	Every 2 years			(Baseline at entry into long-term follow- up. Repeat as clinically indicated.)	cardiology consultation (5 to 10 years after radiation) to evaluate risk for coronary artery disease in patients who
		Any	< 300 mg/m <sup>2</sup> ≥ 300 mg/m <sup>2</sup>	Every 2 years Every year			ЕСНО	received ≥ 40 Gy chest radiation alone or ≥ 30 Gy chest radiation plus anthracycline. Consider excess risk of isometric exercise program in any high-risk patient defined as needing
		th serial decrease		Every year			(Baseline at entry into long-term follow- up, then periodically based on age at	screening every 1 or 2 years.
irr	radiation, wh	irst cardiotoxic th hichever was give valent mg of doxo	en first)				treatment, radiation dose, and cumulative anthracycline dose - see table at left.)	SYSTEM = Cardiovascular  SCORE = 1

## POTENTIAL IMPACT TO HEART (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

#### **SECTION 71 REFERENCES**

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Pihkala J, Saarinen UM, Lundstrom U, et al. Effects of bone marrow transplantation on myocardial function in children. Bone Marrow Transplant. Feb 1994;13(2):149-155.

## POTENTIAL IMPACT TO SPLEEN

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
,	≥ 40 Gy to: Spleen (entire) Whole abdomen Left Upper quadrant Inverted Y	Functional asplenia At risk for life-threatening infection with encapsulated organisms (e.g., Haemophilus influenzae, streptococcus pneumoniae, meningococcus)	Treatment Factors Higher radiation dose to entire spleen		PHYSICAL Physical exam at time of febrile illness to evaluate degree of illness and potential source of infection (When febrile T ≥ 101°F)  SCREENING Blood culture (When febrile T ≥ 101°F)	Health Links Splenic Precautions  Counseling Medical alert bracelet/card noting functional asplenia; Counsel to avoid malaria and tick bites if living in or visiting endemic areas  Considerations for Further Testing and Intervention In patients with T ≥ 101°F (38.3° C) or other signs of serious illness, administer a long-acting, broad-spectrum parenteral antibiotic (e.g., ceftriaxone), and continue close medical monitoring while awaiting blood culture results. Hospitalization and broadening of antimicrobial coverage (e.g., addition of vancomycin) may be necessary under certain circumstances, such as the presence of marked leukocytosis, neutropenia, or significant change from baseline CBC; toxic clinical appearance; fever ≥ 104°F; meningitis, pneumonia, or other serious focus of infection; signs of septic shock; or previous history of serious infection. Immunize with Pneumococcal, Meningococcal, and HIB vaccines. Pneumovax booster in patients ≥10 years old at ≥ 5 years after previous dose (AAP-CIDP Recommendations, 2003).

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## POTENTIAL IMPACT TO GI/HEPATIC SYSTEM

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	≥ 30 Gy to: Cervical (neck) Spine (cervical, thoracic) Supraclavicular Mantle Mini-Mantle Mediastinal Chest (thorax) Whole abdomen All upper abdominal fields	Esophageal stricture	Treatment Factors Higher radiation dose Radiomimetic chemotherapy (e.g., doxorubicin, actinomycin)  Medical Conditions Gastroesophageal reflux	Treatment Factors Radiation dose ≥ 40 Gy	Dysphagia Heartburn	

#### **SECTION 73 REFERENCES**

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# POTENTIAL IMPACT TO GI/HEPATIC SYSTEM (cont)

Se	c Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
7	A ≥ 30 Gy to: Whole abdomen All upper abdominal fields	Hepatic fibrosis Cirrhosis	Treatment Factors Higher radiation dose  Medical Conditions Chronic hepatitis History of VOD  Health Behaviors Alcohol use	Treatment Factors  Dose ≥ 40 Gy to at least  1/3 of liver volume  Dose 20-30 Gy to entire liver	PHYSICAL Jaundice Spider angiomas Palmar erythema Xanthomata Hepatomegaly Splenomegaly (Yearly)  SCREENING ALT AST Bilirubin (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)	Health Links Liver Health  Considerations for Further Testing and Intervention Prothrombin time for evaluation of hepatic synthetic function in patients with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or any patient transfused prior to 1993. Gastroenterology/hepatology consultation in patients with persistent liver dysfunction. Hepatitis A and B immunizations in patients lacking immunity.  SYSTEM = GI/Hepatic SCORE = 1

#### **SECTION 74 REFERENCES**

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# POTENTIAL IMPACT TO GI/HEPATIC SYSTEM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
75	≥ 30 Gy to: Whole abdomen All upper abdominal fields	Cholelithiasis	Host Factors Ileal conduit Obesity Pregnancy Family history of cholelithiasis  Treatment Factors Abdominal surgery Abdominal radiation TPN		Colicky abdominal pain related to fatty food intake	Health Links Gastrointestinal Health  Considerations for Further Testing and Intervention Consider gallbladder ultrasound in patients with chronic abdominal pain  SYSTEM = GI/Hepatic SCORE = 2B

#### **SECTION 75 REFERENCES**

Mahmoud H, Schell M, Pui CH. Cholelithiasis after treatment for childhood cancer. Cancer. Mar 1 1991;67(5):1439-1442.

# POTENTIAL IMPACT TO GI/HEPATIC SYSTEM (cont)

Se	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
76	≥ 30 Gy to: Whole abdomen All upper abdominal fields Pelvic Spine (thoracic, lumbar, sacral)	Bowel obstruction	_ ~	Treatment Factors Radiation dose ≥ 45 Gy (Obstruction may occur in people who received lower doses of abdominal radiation during childhood)	HISTORY Abdominal pain Emesis Distention Vomiting Constipation (With clinical symptoms of obstruction)  PHYSICAL Tenderness Abdominal guarding Distension (With clinical symptoms of obstruction)	Health Links Gastrointestinal Health  Considerations for Further Testing and Intervention Obtain KUB in patients with clinical symptoms of obstruction. Surgical consultation in patients unresponsive to medical management.  SYSTEM = GI/Hepatic SCORE = 1

#### **SECTION 76 REFERENCES**

Emami B, Lyman J, Brown A, et al. Tolerance of normal tissue to therapeutic irradiation. Int J Radiat Oncol Biol Phys. May 15 1991;21(1):109-122.

# POTENTIAL IMPACT TO GI/HEPATIC SYSTEM (cont)

S	ec Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	77 ≥ 30 Gy to: Whole abdomen All upper abdominal fields Pelvic Spine (thoracic, lumbar, sacral)	Chronic enterocolitis Fistula Strictures	Treatment Factors Higher radiation dose to bowel Abdominal surgery	Treatment Factors Radiation dose ≥ 45 Gy	HISTORY Nausea Vomiting Abdominal pain Diarrhea (Yearly)	Health Links Gastrointestinal Health  Considerations for Further Testing and Intervention Serum protein and albumin yearly in patients with chronic diarrhea or fistula. Surgical and/or gastroenterology consultation for symptomatic patients.  SYSTEM = GI/Hepatic SCORE = 1

#### **SECTION 77 REFERENCES**

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# POTENTIAL IMPACT TO GI/HEPATIC SYSTEM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
1	≥ 30 Gy to: Whole abdomen All upper abdominal fields Pelvic Spine (thoracic, lumbar, sacral)	Info Link: Reports of colorectal cancer in cohorts of long-term survivors suggest that radiation likely increases risk, but the median age of onset is not as well established as that of secondary breast cancer following chest radiation. The expert panel agreed that early onset of screening is likely beneficial, and that a prudent course would be to initiate screening for colorectal cancer for those at highest risk (abdominal, pelvic, and/or spinal radiation ≥ 30 Gy) at age 35, or 10 years post radiation, whichever occurs last. Surveillance should be done via colonoscopy as per recommendations for populations at highest risk, with information from the first colonoscopy informing the frequency of follow-up testing.	Host Factors Current age ≥ 50 years  Treatment Factors Higher radiation dose to bowel Higher daily dose fraction Combined with chemotherapy (especially alkylators)  Medical Conditions Obesity  Health Behaviors High fat/low fiber diet	Host Factors Personal history of ulcerative colitis, gastrointestinal malig- nancy, adenomatous polyps, or hepatoblastoma Familial polyposis Family history of colorectal cancer or polyps in first degree relative	Colonoscopy (Every 5 years [minimum] beginning at 10 years after radiation or at age 35 years [whichever occurs last]; more frequently if indicated based on colonoscopy results; Per the ACS, begin screening earlier for the following high-risk groups - HNPCC: at puberty; FAP: at age 21 years; IBD: 8 years after diagnosis of IBD; Information from the first colonoscopy will inform frequency of follow-up testing)	Health Links Colorectal Cancer  Considerations for Further Testing and Intervention Surgical and/or oncology consultation as needed.  SYSTEM = SMN SCORE = 2A

#### **SECTION 78 REFERENCES**

Bhatia S, Yasui Y, Robison LL, et al. High risk of subsequent neoplasms continues with extended follow-up of childhood Hodgkin's disease: report from the Late Effects Study Group. *J Clin Oncol.* Dec 1 2003;21(23):4386-4394.

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## POTENTIAL IMPACT TO URINARY TRACT

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
79	Whole abdomen All upper abdominal fields TBI Info Link: Includes all upper abdominal fields except Paraaortic	Renal toxicity Renal insufficiency Hypertension	Host Factors Bilateral Wilms tumor Mononephric  Treatment Factors Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin) Radiation dose ≥ 10 Gy TBI combined with radiation to the kidney Combined with other nephrotoxic agents such as: - Cisplatin - Carboplatin - Ifosfamide - Aminoglycosides - Amphotericin - Immunosuppressants  Medical Conditions Diabetes mellitus Hypertension Nephrectomy	Treatment Factors Radiation dose ≥ 15 Gy TBI ≥ 6 Gy in single fraction TBI ≥ 12 Gy fractionated	PHYSICAL Blood pressure (Yearly)  SCREENING BUN Creatinine Na, K, CI, CO <sub>2</sub> Ca, Mg, PO <sub>4</sub> (Baseline at entry into long-term follow-up. If abnormal, repeat as clinically indicated.)  Urinalysis (Yearly)	Health Links Kidney Health See also: Single Kidney Health  Considerations for Further Testing and Intervention Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency  SYSTEM = Urinary SCORE = 1

### **SECTION 79 REFERENCES**

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# POTENTIAL IMPACT TO URINARY TRACT (cont)

Se	c Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
8	D ≥ 30 Gy to: Whole abdomen Pelvic Spine (sacral)	Hemorrhagic cystitis	Treatment Factors Higher radiation dose (≥ 30 Gy to entire bladder; ≥ 60 Gy to portion of bladder)		HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)  SCREENING Urinalysis (Yearly)	Health Links Bladder Health  Counseling Counsel to promptly report dysuria or gross hematuria  Considerations for Further Testing and Intervention  Urine culture, spot urine calcium/creatinine ratio, and ultrasound of kidneys and bladder for patients with microscopic hematuria (defined as ≥ 5 RBC/HFP on at least 2 occasions). Nephrology or Urology referral for patients with culture-negative microscopic hematuria AND abnormal ultrasound and/or abnormal calcium/creatinine ratio. Urology referral for patients with culture negative macroscopic hematuria.  SYSTEM = Urinary  SCORE = 2A

#### **SECTION 80 REFERENCES**

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Marks LB, Carroll PR, Dugan TC, Anscher MS. The response of the urinary bladder, urethra, and ureter to radiation and chemotherapy. Int J Radiat Oncol Biol Phys. Mar 30 1995;31(5):1257-1280.

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# POTENTIAL IMPACT TO URINARY TRACT (cont)

Se	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
81		Urinary tract toxicity Bladder fibrosis Dysfunctional voiding Vesicoureteral reflux Hydronephrosis	Treatment Factors Higher cumulative radiation dose (≥ 45 Gy) Radiation to entire bladder Combined with: - Cyclophosphamide - Ifosfamide - Vincristine		Hematuria Urinary urgency/frequency	Health Links Bladder Health  Considerations for Further Testing and Intervention Urologic consultation for patients with incontinence or dysfunctional voiding.  SYSTEM = Urinary SCORE = 1

#### **SECTION 81 REFERENCES**

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol*. Mar-Apr 1999;21(2):115-122.

Marks LB, Carroll PR, Dugan TC, Anscher MS. The response of the urinary bladder, urethra, and ureter to radiation and chemotherapy. Int J Radiat Oncol Biol Phys. Mar 30 1995;31(5):1257-1280.

Piver MS, Rose PG. Long-term follow-up and complications of infants with vulvovaginal embryonal rhabdomyosarcoma treated with surgery, radiation therapy, and chemotherapy. *Obstet Gynecol.* Mar 1988;71(3 Pt 2):435-437.

Raney B, Jr., Heyn R, Hays DM, et al. Sequelae of treatment in 109 patients followed for 5 to 15 years after diagnosis of sarcoma of the bladder and prostate. A report from the Intergroup Rhabdomyosarcoma Study Committee. *Cancer.* Apr 1 1993;71(7):2387-2394.

Yeung CK, Ward HC, Ransley PG, Duffy PG, Pritchard J. Bladder and kidney function after cure of pelvic rhabdomyosarcoma in childhood. Br J Cancer. Nov 1994;70(5):1000-1003.

# POTENTIAL IMPACT TO URINARY TRACT (cont)

Se	c Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
8	Whole abdomen Pelvic Spine (sacral)  Info Link: Applies to sacral spine at doses ≥ 30 Gy only.	Bladder malignancy	Treatment Factors Radiation to pelvis Combined with: - Cyclophosphamide - Ifosfamide  Health Behaviors Alcohol use Smoking		HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)  SCREENING Urinalysis (Yearly)	Health Links Bladder Health  Counseling Counsel to promptly report dysuria or gross hematuria  Considerations for Further Testing and Intervention  Urine culture, spot urine calcium/creatinine ratio, and ultrasound of kidneys and bladder for patients with microscopic hematuria (defined as ≥ 5 RBC/HFP on at least 2 occasions). Nephrology or Urology referral for patients with culture-negative microscopic hematuria AND abnormal ultrasound and/or abnormal calcium/creatinine ratio. Urology referral for patients with culture negative macroscopic hematuria.  SYSTEM = SMN  SCORE = 2A

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## POTENTIAL IMPACT TO FEMALE REPRODUCTIVE SYSTEM

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female) 88	Whole abdomen Pelvic Spine (lumbar, sacral) TBI Info Link: Applies to all pelvic fields except iliac/inguinal. Applies to lumbar and sacral spine at doses ≥ 25 Gy.	Uterine vascular insufficiency (resulting in adverse pregnancy outcomes, such as spontaneous abortion, neonatal death, low-birth weight infant, fetal malposition, and premature labor)  Info Link: 10% of girls with Wilms tumor have congenital uterine anomalies.	Host Factors Females with Wilms tumor and associated müllerian anomalies  Treatment Factors Higher radiation dose to pelvis	Host Factors Prepubertal at treatment  Treatment Factors Radiation dose ≥ 30 Gy TBI	HISTORY Pregnancy Childbirth history (Yearly and as clinically indicated)	Health Links Female Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Considerations for Further Testing and Intervention Consider high-level ultrasound evaluation of genitourinary tract after pubertal development as clinically indicated in patients contemplating pregnancy. High-risk obstetrical care during pregnancy.  SYSTEM = Female reproductive SCORE = 2B

#### **SECTION 83 REFERENCES**

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## POTENTIAL IMPACT TO FEMALE REPRODUCTIVE SYSTEM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female)	Whole abdomen Pelvic Spine (lumbar, sacral) TBI Info Link: Applies to lumbar and sacral spine at doses ≥ 25 Gy only.	Gonadal dysfunction (ovarian) Delayed/arrested puberty Premature menopause Infertility	Host Factors Older age at irradiation  Treatment Factors Prepubertal female: Radiation dose ≥10 Gy Pubertal female: Radiation dose ≥ 5 Gy Combined with alkylating agent chemotherapy Longer time since treatment	Treatment Factors Prepubertal female: Radiation dose ≥15 Gy  Pubertal female: Radiation dose ≥10 Gy  Combined with cyclophos- phamide conditioning for HCT	HISTORY Pubertal (onset, tempo) Menstrual/pregnancy history Sexual function (vaginal dryness, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage (Yearly until sexually mature)  SCREENING FSH LH Estradiol (Baseline at age 13, and as clinically indicated in patients with delayed puberty, irregular menses or primary or secondary amenorrhea, clinical signs and symptoms of estrogen deficiency)	Health Links Female Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Counseling Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to radiation. Recovery of fertility may occur years after therapy. Counsel regarding risks and benefits of HRT.  Considerations for Further Testing and Intervention Refer to endocrinologist for delayed/arrested puberty or persistently abnormal hormone levels. Gynecology or endocrinology consultation for HRT. Consider evaluation for conditions exacerbated by hypogonadism (e.g., osteopenia/osteoporosis). Reproductive endocrinology consultation for infertile couples interested in assisted reproductive technologies.  SYSTEM = Female reproductive SCORE = 1

#### **SECTION 84 REFERENCES**

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# POTENTIAL IMPACT TO FEMALE REPRODUCTIVE SYSTEM (cont)

ec Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
# Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
Pelvic	Vaginal fibrosis/stenosis	Host Factors Vaginal tumor or pelvic tumor adjacent to vagina  Treatment Factors Prepubertal female: Radiation dose ≥ 25 Gy Postpubertal female: Radiation dose ≥ 50 Gy  Medical Conditions Chronic GVHD	Prepubertal female: Radiation dose ≥ 35 Gy Postpubertal female:	HISTORY Psychosocial assessment Dyspareunia Vulvar pain Post-coital bleeding Difficulty with tampon insertion (Yearly)	

#### **SECTION 85 REFERENCES**

Flamant F, Gerbaulet A, Nihoul-Fekete C, Valteau-Couanet D, Chassagne D, Lemerle J. Long-term sequelae of conservative treatment by surgery, brachytherapy, and chemotherapy for vulval and vaginal rhab domyosarcoma in children. *J Clin Oncol.* Nov 1990;8(11):1847-1853.

Spunt SL, Sweeney TA, Hudson MM, Billups CA, Krasin MJ, Hester AL. Late effects of pelvic rhabdomyosarcoma and its treatment in female survivors. J Clin Oncol. Oct 1 2005;23(28):7143-7151.

## POTENTIAL IMPACT TO MALE REPRODUCTIVE SYSTEM

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
86 (Male)	Pelvic Testicular TBI	Gonadal dysfunction (testicular): Germ cell failure Oligospermia Azoospermia Infertility	Treatment Factors Radiation dose to testes: - 1 to 3 Gy: Azoospermia may be reversible - 3 to 6 Gy: Azoospermia possibly reversible (but unlikely)	Treatment Factors Radiation dose to testes ≥ 6 Gy: Azoospermia likely permanent	Screening Semen analysis (As requested by patient and for evaluation of infertility. Periodic evaluation over time is recommended as resumption of spermatogenesis can occur up to 10 years post therapy.)	Health Links Male Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Counseling Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to radiation. Recovery of fertility may occur years after therapy.  Considerations for Further Testing and Intervention Reproductive endocrinology consultation for infertile couples interested in assisted reproductive technologies. Testing for Inhibin B can be considered in conjunction with FSH as an indicator of germ cell function.  SYSTEM = Male reproductive SCORE = 1

### **SECTION 86 REFERENCES**

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Sklar CA, Robison LL, Nesbit ME, et al. Effects of radiation on testicular function in long-term survivors of childhood acute lymphoblastic leukemia: a report from the Children Cancer Study Group. J Clin Oncol. Dec 1990;8(12):1981-1987.

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# POTENTIAL IMPACT TO MALE REPRODUCTIVE SYSTEM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
87 (Wale)	≥ 20 Gy to: Pelvic Testicular	Gonadal dysfunction (testicular): Leydig cell dysfunction Delayed/arrested puberty Hypogonadism	Treatment Factors Testicular irradiation combined with head/brain irradiation	Treatment Factors Combined with: - Alkylating agents - Cyclophosphamide conditioning for HCT	HISTORY Pubertal (onset, tempo) Sexual function (erections, nocturnal emissions, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage Testicular volume by Prader orchdiometry (Yearly until sexually mature)  SCREENING FSH, LH, testosterone (Baseline at age 14, and as clinically indicated in patients with delayed puberty or clinical signs and symptoms of testosterone deficiency)	Health Links Male Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Considerations for Further Testing and Intervention Refer to endocrinologist for delayed puberty or persistently abnormal hormone levels. Urology or endocrinology consultation for HRT. Consider evaluation for conditions exacerbated by hypogonadism (e.g., osteopenia/osteoporosis).  SYSTEM = Male reproductive  SCORE = 1

#### **SECTION 87 REFERENCES**

Goldman S, Johnson FL. Effects of chemotherapy and irradiation on the gonads. Endocrinol Metab Clin North Am. Sep 1993;22(3):617-629.

Howell S, Shalet S. Gonadal damage from chemotherapy and radiotherapy. *Endocrinol Metab Clin North Am.* Dec 1998;27(4):927-943.

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## POTENTIAL IMPACT TO MUSCULOSKELETAL SYSTEM

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
88	All neck fields All chest fields Whole abdomen	Musculoskeletal growth problems Hypoplasia Fibrosis Reduced or uneven growth Shortened trunk height (trunk radiation) Limb length discrepancy (extremity radiation)	Host Factors Younger age at treatment Treatment Factors Higher cumulative radiation dose		PHYSICAL Height Weight (Yearly)	

#### **SECTION 88 REFERENCES**

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# POTENTIAL IMPACT TO MUSCULOSKELETAL SYSTEM (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
89	Mantle Mini-Mantle Mediastinal Whole lung Chest (thorax) Whole abdomen All upper abdominal fields Pelvic Spine (lumbar, sacral, thoracic) Info Link: Applies to spine at doses ≥ 12 Gy only.	Scoliosis	Host Factors Younger age at irradiation Paraspinal malignancies  Treatment Factors Hemithoracic or abdominal radiation Hemithoracic, abdominal or spinal surgery Radiation of only a portion of (rather than whole) vertebral body  Info Link With contemporary treatment approaches, scoliosis is infrequently seen as a consequence of radiation unless the patient has also undergone surgery to the hemithorax, abdomen or spine	Treatment Factors Radiation doses ≥ 20 Gy (lower doses for infants) Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	PHYSICAL Spine exam for scoliosis (Yearly until growth completed. May need more frequent assessment during puberty.)	Health Links Scoliosis and Kyphosis  Considerations for Further Testing and Intervention Spine films in patients with clinically apparent curve. Orthopedic consultation as indicated based on radiographic exam.  SYSTEM = Musculoskeletal SCORE = 1

#### **SECTION 89 REFERENCES**

Marcus RB, DiCaprio MR, Lindskog DM, McGrath BE, Gamble K, Scarborough M. Musculoskeletal, Integument, Breast. In: Schwartz CL, Hobbie WL, Constine LS, Ruccione KS, eds. *Survivors of Childhood and Adolescent Cancer: A Multidisciplinary Approach, Second Edition.* Heidelberg, Germany: Springer-Verlag; 2005:262-269.

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# POTENTIAL IMPACT TO MUSCULOSKELETAL SYSTEM (cont)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
90	Mantle Mini-Mantle Mediastinal Whole lung Chest (thorax) Whole abdomen All upper abdominal fields Spine (thoracic)	Kyphosis	Host Factors Younger age at irradiation Paraspinal malignancies Neurofibromatosis	Treatment Factors Radiation doses ≥ 20 Gy (lower doses for infants) Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	PHYSICAL Spine exam for kyphosis (Yearly until growth completed. May need more frequent assessment during puberty.)	Health Links Scoliosis and Kyphosis  Considerations for Further Testing and Intervention Spine films in patients with clinically apparent curve. Orthopedic consultation as indicated based on radiographic exam
	Info Link: Applies to thoracic spine at doses ≥ 30 Gy only.					SYSTEM = Musculoskeletal  SCORE = 1

#### **SECTION 90 REFERENCES**

Marcus RB, DiCaprio MR, Lindskog DM, McGrath BE, Gamble K, Scarborough M. Musculoskeletal, Integument, Breast. In: Schwartz CL, Hobbie WL, Constine LS, Ruccione KS, eds. Survivors of Childhood and Adolescent Cancer: A Multidisciplinary Approach, Second Edition. Heidelberg, Germany: Springer-Verlag; 2005:262-269.

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# POTENTIAL IMPACT TO MUSCULOSKELETAL SYSTEM (cont)

Se	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
91	≥ 40 Gy to: All neck fields All chest fields Whole abdomen All upper abdominal fields Pelvic All spinal fields All extremity fields	Radiation-induced fracture	Treatment Factors History of surgery to cortex of bone	Treatment Factors Radiation dose ≥ 50 Gy to bone	PHYSICAL Pain, swelling, deformity of bone (As Indicated)	Considerations for Further Testing and Intervention Radiograph of affected bone as clinically indicated. Orthopedic evaluation as clinically indicated.  SYSTEM = Musculoskeletal  SCORE = 1

#### **SECTION 91 REFERENCES**

Paulino AC. Late effects of radiotherapy for pediatric extremity sarcomas. *Int J Radiat Oncol Biol Phys.* Sep 1 2004;60(1):265-274. Wagner LM, Neel MD, Pappo AS, et al. Fractures in pediatric Ewing sarcoma. *J Pediatr Hematol Oncol.* Dec 2001;23(9):568-571.

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
TBI	All Radiation Fields (Including TBI)  Info Link: General factors influencing radiation toxicity include daily fraction size, cumulative dose, age of patient at irradiation and type of radiation used. Toxicity may not be manifest until growth is completed or patient ages.	Secondary benign or malignant neoplasm Occurring in or near radiation field Info Link: Patients with bilateral or familial retinoblastoma (implying a germline mutation) are at increased risk for developing second malignant neoplasms	Host Factors Cancer predisposing mutation (e.g., p53, RB1, NF1) Younger age at treatment Treatment Factors High cumulative radiation dose Large radiation treatment volumes Alkylating agent exposure	Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	Inspection and palpation of skin and soft tissues in irradiated field(s)	

#### **SECTION 38 TBI REFERENCES**

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### TBI (cont)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	All Radiation Fields (Including TBI)	Dysplastic nevi Skin cancer Basal cell carcinoma Squamous cell carcinoma Melanoma	Host Factors Gorlin's syndrome (nevoid basal cell carcinoma syndrome)	Orthovoltage radiation	Skin lesions Changing moles (asymmetry, bleeding, increasing size,	Health Links Skin Health Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Dermatology consultation for evaluation and monitoring of atypical nevi. Oncology consultation as clinically indicated.
					PHYSICAL Dermatologic exam of irradiated fields (Yearly)	SYSTEM = SMN SCORE = 1

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### TBI (cont)

ec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
TBI	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	<b>Brain tumor</b> (benign or malignant)	Host Factors Younger age at treatment Neurofibromatosis  Treatment Factors Higher radiation dose	Host Factors Age < 6 years at time of treatment Ataxia telangiectasia	HISTORY Headaches Vomiting Cognitive, motor or sensory deficits Seizures and other neurologic symptoms (Yearly)	Considerations for Further Testing and Intervention Brain MRI as clinically indicated for symptomatic patients. Consider brain MRI every other year for patients with neurofibromatosis beginning 2 years after radiation therapy. Neurosurgical consultation for tissue diagnosis and/or resection. Neuro-oncology consultation for medical management.
					PHYSICAL Neurologic exam (Yearly)	SYSTEM = SMN  SCORE = 1

#### **SECTION 42 TBI REFERENCES**

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## TBI (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
43 TBI	Cranial Ear/Infratemporal TBI	Neurocognitive deficits Functional deficits in: - Executive function (planning and organization) - Sustained attention - Memory (particularly visual, sequencing, temporal memory) - Processing speed - Visual-motor integration Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change Info Link: Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. Note: New deficits may emerge over time.	Host Factors Younger age at treatment Primary CNS tumor CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy Head/neck tumors with brain in radiation field  Treatment Factors Radiation in combination with: - Dexamethasone - TBI - Methotrexate (IT, IO, high-dose IV) - Cytarabine (high-dose IV) Higher radiation dose Larger radiation field Greater cortical volumes Cranial radiation in combination with TBI Longer elapsed time since therapy	Host Factors Age < 3 years at time of treatment Female sex Supratentorial tumor Premorbid or family history of learning or attention problems	Educational and/or vocational progress (Yearly)  SCREENING Referral for formal neuropsychological evaluation (Baseline at entry into long-term follow-up, then periodically as clinically indicated for patients with evidence of impaired educational or vocational progress)	Health Links Educational Issues  Considerations for Further Testing and Intervention Formal neuropsychological evaluation to include tests of processing speed, computer-based attention, visual motor integration, memory, comprehension of verbal instructions, verbal fluency, executive function and planning. Refer patients with neurocognitive deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources and/or social skills training. Consider use of psychotropic medication (e.g., stimulants) or evidence-based rehabilitation training. Caution - lower starting dose and assessment of increased sensitivity when initiating therapy is recommended. Refer to community services for vocational rehabilitation or for services for developmentally disabled.  SYSTEM = CNS SCORE = 1

### **SECTION 43 TBI REFERENCES**

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## TBI (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
49 TBI	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	Info Link: The metabolic syndrome is a clustering of cardiovascular risk factors that may further increase risk for cardiovascular disease. Definitions of metabolic syndrome are evolving, but generally include a combination of obesity with insulin resistance, dyslipidemia, and elevated blood pressure. Note: Patients who received TBI may develop features of metabolic syndrome without associated obesity	Treatment Factors Surgery in suprasellar region Prolonged corticosteroid therapy (e.g., for chronic GVHD)  Medical Conditions Growth hormone deficiency Hypogonadism	Host Factors Obesity  Treatment Factors Cranial radiation dose ≥ 18 Gy	Blood pressure (Yearly)	Health Links Diet and Physical Activity  Counseling Counsel regarding obesity-related health risks  Considerations for Further Testing and Intervention Consider endocrine consult if insulin resistance/metabolic syndrome is suspected. Nutritional counseling. Cardiology consultation as clinically indicated.  SYSTEM = Endocrine/Metabolic SCORE = 2A

### **SECTION 49 TBI REFERENCES**

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### TBI (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
50 TBI	Cranial Orbital/Eye Ear/Infratemporal Nasopharyngeal TBI	Info Link: Growth charts available on-line at www.cdc.gov/growthcharts	Host Factors Younger age at treatment  Treatment Factors Higher radiation doses Surgery in suprasellar region Pretransplant radiation TBI ≥ 10 Gy in single fraction TBI ≥ 12 Gy fractionated	Treatment Factors Radiation dose ≥ 18 Gy Pretransplant cranial radiation TBI given in single fraction	HISTORY Assessment of nutritional status (Every six months until growth is completed, then yearly)  PHYSICAL Height Weight BMI (Every six months until growth is completed, then yearly)  Tanner staging (Every six months until sexually mature)	Health Links Growth Hormone Deficiency See also: Hypopituitarism  Resources www.magicfoundation.org  Considerations for Further Testing and Intervention Obtain x-ray for bone age in poorly growing children. Endocrine consultation for: Height below 3rd percentile on growth chart; Drop ≥ 2 percentile rankings on growth chart; Growth velocity < 4-5 cm/year during childhood; Lack of pubertal growth spurt. Evaluate thyroid function in any poorly growing child. Consult with endocrinologist regarding risks/benefits of adult growth hormone replacement therapy. Consider bone density testing in patients who are growth hormone deficient.  SYSTEM = Endocrine/Metabolic SCORE = 1

### **SECTION 50 TBI REFERENCES**

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## TBI (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
56 TBI	Cranial Orbital/Eye TBI Info Link: Radiation-related ocular complications other than cataracts are generally associated only with orbital/eye radiation or higher dose cranial radiation. However, patients with a history of an ocular tumor (e.g., retinoblastoma) are at higher risk for late-onset ocular complications and should receive ongoing follow-up by an ophthalmologist at least annually, and more frequently if clinically indicated.	Cataracts	Treatment Factors Radiation dose ≥ 10 Gy TBI ≥ 2 Gy in single fraction TBI ≥ 5 Gy fractionated Radiation combined with - Corticosteroids - Busulfan - Longer interval since treatment	Treatment Factors Radiation dose ≥ 15 Gy Fraction dose ≥ 2 Gy TBI ≥ 5 Gy in single fraction TBI ≥ 10 Gy fractionated Cranial/orbital/eye radiation combined with TBI	HISTORY Visual changes (decreased acuity, halos, diplopia) (Yearly)  PHYSICAL Visual acuity Funduscopic exam to evaluate for lens opacity (Yearly)  SCREENING Evaluation by ophthalmologist (Yearly for patients with ocular tumors [regardless of radiation dose] and for those who received TBI or ≥ 30 Gy cranial/orbital/eye radiation. Every 3 years for patients without ocular tumors who received < 30 Gy.)	

### **SECTION 56 TBI REFERENCES**

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# TBI (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
TBI	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Dental abnormalities Tooth/root agenesis Microdontia Root thinning/shortening Enamel dysplasia Periodontal disease Dental caries Malocclusion Temporomandibular joint dysfunction	Host Factors Younger age at treatment Gorlin's syndrome (nevoid basal cell carcinoma syndrome)  Treatment Factors Higher radiation dose	Age < 5 years at time of treatment  Treatment Factors	PHYSICAL Oral exam (Yearly)  SCREENING Dental exam and cleaning (Every six months)	

### **SECTION 60 TBI REFERENCES**

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# TBI (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
TBI	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Thyroid nodules	Host Factors Younger age at treatment Female sex  Treatment Factors Higher radiation dose Thyroid gland directly in radiation field TBI	Treatment Factors Radiation dose ≥ 25 Gy	Thyroid exam (Yearly)	

### **SECTION 62 TBI REFERENCES**

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# TBI (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
TBI	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Thyroid cancer	Host Factors Younger age at treatment Female sex  Treatment Factors ≥ 5 years after irradiation Thyroid gland directly in radiation field TBI Risk increased up to 30 Gy with a downturn of risk after 30 Gy		Thyroid exam (Yearly)	

### **SECTION 63 TBI REFERENCES**

Bhatia S, Louie AD, Bhatia R, et al. Solid cancers after bone marrow transplantation. *J Clin Oncol*. Jan 15 2001;19(2):464-471.

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## TBI (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
64 TBI	Cranial Nasopharyngeal Oropharyngeal Spine (cervical) Cervical (neck) Supraclavicular Mantle Mini-Mantle TBI	Hypothyroidism	Host Factors Female sex  Treatment Factors Radiation dose ≥ 10 Gy Thyroid gland directly in radiation field TBI	Treatment Factors Radiation dose ≥ 20 Gy	HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic  SCORE = 1

### **SECTION 64 TBI REFERENCES**

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# TBI (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
69	Mantle	Breast tissue hypoplasia	Host Factors		PHYSICAL	Considerations for Further Testing and Intervention
TBI	Mini-Mantle		Prepubertal at time of breast		Breast exam	Surgical consultation for breast reconstruction after completion
<u>@</u>	Mediastinal		irradiation		(Yearly)	of growth.
l E	Chest (thorax)					
<u> </u>	Whole lung		Treatment Factors			
	Axilla		Higher radiation dose			SYSTEM = Female reproductive
	TBI					
						SCORE = 1

### **SECTION 69 TBI REFERENCES**

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## TBI (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
70 TBI	Mantle Mediastinal Chest (thorax) Whole lung TBI	Pulmonary toxicity Pulmonary fibrosis Interstitial pneumonitis Restrictive lung disease Obstructive lung disease	Host Factors Younger age at irradiation  Treatment Factors Radiation dose ≥ 10 Gy Chest radiation combined with TBI Radiation combined with: - Bleomycin - Busulfan - Carmustine (BCNU) - Lomustine (CCNU) - Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)  Medical Conditions Atopic history  Health Behaviors Smoking	Treatment Factors Radiation dose ≥ 15 Gy TBI ≥ 6 Gy in single fraction TBI ≥ 12 Gy fractionated	Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	Health Links Pulmonary Health  Resources Extensive information regarding smoking cessation is available for patients on the NCI's website: www.smokefree.gov  Counseling Counsel regarding tobacco avoidance/smoking cessation. Due to the potential pulmonary toxicity of this therapy, patients who desire to SCUBA dive should be advised to obtain medical clearance from a diving medicine specialist.  Considerations for Further Testing and Intervention In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for patients with symptomatic pulmonary dysfunction. Influenza and Pneumococcal vaccinations.  SYSTEM = Pulmonary SCORE = 1

### **SECTION 70 TBI REFERENCES**

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## TBI (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
79 TBI	Whole abdomen All upper abdominal fields TBI Info Link: Includes all upper abdominal fields except Paraaortic	Renal toxicity Renal insufficiency Hypertension	Host Factors Bilateral Wilms tumor Mononephric  Treatment Factors Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin) Radiation dose ≥ 10 Gy TBI combined with radiation to the kidney Combined with other nephrotoxic agents such as: - Cisplatin - Carboplatin - Ifosfamide - Aminoglycosides - Amphotericin - Immunosuppressants  Medical Conditions Diabetes mellitus Hypertension Nephrectomy	Treatment Factors Radiation dose ≥ 15 Gy TBI ≥ 6 Gy in single fraction TBI ≥ 12 Gy fractionated	PHYSICAL Blood pressure (Yearly)  SCREENING BUN Creatinine Na, K, CI, CO <sub>2</sub> Ca, Mg, PO <sub>4</sub> (Baseline at entry into long-term follow-up. If abnormal, repeat as clinically indicated.)  Urinalysis (Yearly)	Health Links Kidney Health See also: Single Kidney Health  Considerations for Further Testing and Intervention Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency  SYSTEM = Urinary SCORE = 1

### **SECTION 79 TBI REFERENCES**

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# TBI (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female) 日 8	Whole abdomen Pelvic Spine (lumbar, sacral) TBI Info Link: Applies to all pelvic fields except iliac/inguinal. Applies to lumbar and sacral spine at doses ≥ 25 Gy.	Uterine vascular insufficiency (resulting in adverse pregnancy outcomes, such as spontaneous abortion, neonatal death, low-birth weight infant, fetal malposition, and premature labor)  Info Link: 10% of girls with Wilms tumor have congenital uterine anomalies.	Host Factors Females with Wilms tumor and associated müllerian anomalies  Treatment Factors Higher radiation dose to pelvis	Host Factors Prepubertal at treatment  Treatment Factors Radiation dose ≥ 30 Gy TBI		

### **SECTION 83 TBI REFERENCES**

Gulati SC, Van Poznak C. Pregnancy after bone marrow transplantation. *J Clin Oncol*. May 1998;16(5):1978-1985.

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### TBI (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
84 TBI (Female)	Whole abdomen Pelvic Spine (lumbar, sacral) TBI Info Link: Applies to lumbar and sacral spine at doses ≥ 25 Gy only.	Gonadal dysfunction (ovarian) Delayed/arrested puberty Premature menopause Infertility	Host Factors Older age at irradiation  Treatment Factors Prepubertal female: Radiation dose ≥10 Gy Pubertal female: Radiation dose ≥ 5 Gy Combined with alkylating agent chemotherapy Longer time since treatment	Treatment Factors Prepubertal female: Radiation dose ≥15 Gy Pubertal female: Radiation dose ≥10 Gy Combined with cyclophosphamide conditioning for HCT	HISTORY Pubertal (onset, tempo) Menstrual/pregnancy history Sexual function (vaginal dryness, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage (Yearly until sexually mature)  SCREENING FSH LH Estradiol (Baseline at age 13, and as clinically indicated in patients with delayed puberty, irregular menses or primary or secondary amenorrhea, clinical signs and symptoms of estrogen deficiency)	Health Links Female Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Counseling Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to radiation. Recovery of fertility may occur years after therapy. Counsel regarding risks and benefits of HRT.  Considerations for Further Testing and Intervention Refer to endocrinologist for delayed/arrested puberty or persistently abnormal hormone levels. Gynecology or endocrinology consultation for HRT. Consider evaluation for conditions exacerbated by hypogonadism (e.g., osteopenia/osteoporosis). Reproductive endocrinology consultation for infertile couples interested in assisted reproductive technologies.  SYSTEM = Female reproductive SCORE = 1

### **SECTION 84 TBI REFERENCES**

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## TBI (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
86 TBI (Wale)	Pelvic Testicular TBI	Gonadal dysfunction (testicular): Germ cell failure Oligospermia Azoospermia Infertility	Treatment Factors Radiation dose to testes: - 1 to 3 Gy: Azoospermia may be reversible - 3 to 6 Gy: Azoospermia possibly reversible (but unlikely)	Treatment Factors Radiation dose to testes ≥ 6 Gy: Azoospermia likely permanent	Screening Semen analysis (As requested by patient and for evaluation of infertility. Periodic evaluation over time is recommended as resumption of spermatogenesis can occur up to 10 years post therapy.)	Health Links Male Health Issues  Resources American Society for Reproductive Medicine: www.asrm.org Fertile Hope: www.fertilehope.org  Counseling Counsel regarding the need for contraception, since there is tremendous individual variability in gonadal toxicity after exposure to radiation. Recovery of fertility may occur years after therapy.  Considerations for Further Testing and Intervention Reproductive endocrinology consultation for infertile couples interested in assisted reproductive technologies. Testing for Inhibin B can be considered in conjunction with FSH as an indicator of germ cell function.  SYSTEM = Male reproductive SCORE = 1

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Sec	· ·	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
92	Hematopoietic Cell Transplant (HCT)  Info Link: Complications after hematopoietic cell transplantation have multifactorial etiology: prior therapy for primary malignancy; intensity of transplant conditioning; stem cell product (e.g., marrow, cord blood, peripheral stem cells); donor (e.g., autologous, allogeneic, unrelated); quality of donor to recipient match; complication of transplant process (immunosuppression and GVHD); complications in the post-transplant period; underlying disease; host genetic factors; lifestyle behaviors. This section includes late treatment complications that may be observed in hematopoietic cell transplant recipients not covered elsewhere in these guidelines. Refer to other sections of these guidelines for specific details related to late complications of radiation and of specific chemotherapeutic agents.	Acute myeloid leukemia Myelodysplasia	Treatment Factors Radiation therapy Stem cell mobilization with etoposide Alkylating agent chemotherapy Epipodophyllotoxins Anthracyclines Autologous transplant	Host Factors Older age  Treatment Factors Autologous transplant for non-Hodgkin's and Hodgkin's lymphoma	HISTORY Fatigue Bleeding Easy bruising (Yearly up to 10 years after transplant)  PHYSICAL Dermatologic exam (pallor, petechiae, purpura) (Yearly up to 10 years after transplant)  SCREENING CBC/differential (Yearly up to 10 years after transplant)	Health Links Reducing the Risk of Second Cancers  Counseling Counsel to promptly report fatigue, pallor, petechiae, or bone pain.  Considerations for Further Testing and Intervention Bone marrow exam as clinically indicated.  SYSTEM = SMN SCORE = 1

(cont)

SecTherapeuticPotentialRiskHighestPeriodicHealth Counseling#Agent(s)Late EffectsFactorsRisk FactorsEvaluationFurther Considerations

#### **SECTION 92 REFERENCES**

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S	c Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
•	Hematopoietic Cell Transplant (HCT)	Solid tumors	Host Factors Younger age at transplant Fanconi's anemia  Treatment Factors Radiation therapy  Medical Conditions Hepatitis C infection Chronic GVHD Human papilloma virus infection (females)	Treatment Factors TBI	PHYSICAL Evaluation for benign or malignant neoplasms (Yearly)	Health Links Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Females with cGVHD appear to be at increased risk for cervical cancer and should, at minimum, have pelvic exams and PAP testing according to ACS recommendations (see Section 138) with more aggressive monitoring as clinically indicated.  Oncology consultation as clinically indicated.  SYSTEM = SMN SCORE = 1

### **SECTION 93 REFERENCES**

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Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
94	Hematopoietic Cell Transplant (HCT)	Lymphoma	Chronic GVHD	Medical Conditions Chronic hepatitis C with siderosis and steatosis	PHYSICAL Lymphadenopathy Splenomegaly (Yearly)	Considerations for Further Testing and Intervention Oncology consultation as clinically indicated.
						SYSTEM = SMN SCORE = 1

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Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
95	Hematopoietic Cell Transplant (HCT)	Hepatic toxicity Chronic hepatitis Cirrhosis Iron overload	Treatment Factors History of multiple transfusions Radiation to the liver Antimetabolite therapy  Medical Conditions Chronic GVHD Viral hepatitis History of VOD  Health Behaviors Alcohol use	Medical Conditions Chronic hepatitis C with siderosis and steatosis	SCREENING ALT AST Bilirubin Ferritin (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)	Health Links Liver Health Gastrointestinal Health  Considerations for Further Testing and Intervention Prothrombin time for evaluation of hepatic synthetic function in patients with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or any patient transfused prior to 1993. Note: PCR testing for HCV may be required in immunosuppressed patients who are negative for antibody. Gastroenterology/hepatology consultation in patients with persistent liver dysfunction or known hepatitis. Hepatitis A and B immunizations in patients lacking immunity. Consider liver biopsy in patients with persistent elevation of ferritin (based on clinical context and magnitude of elevation). Consider phlebotomy or chelation therapy for treatment of iron overload. Consider erythropoietin in patients with iron overload and low hemoglobin.  SYSTEM = GI/Hepatic SCORE = 1

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ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	Hematopoietic Cell Transplant (HCT)	Osteonecrosis (Avascular Necrosis)  Info Link: Osteonecrosis typically occurs during the acute treatment phase, may progress over time or resolve. Multifocal osteonecrosis is significantly more common (3:1) than unifocal.	Host Factors Age ≥ 10 years at time of transplant  Treatment Factors Corticosteroids (dexamethasone effect is more potent than prednisone) TBI High-dose radiation to any bone Allogeneic HCT > autologous	Treatment Factors Prolonged corticosteroid therapy (e.g., for chronic GVHD)  Medical Conditions Chronic GVHD	HISTORY Joint pain Swelling Immobility Limited range of motion (Yearly)  PHYSICAL Musculoskeletal exam (Yearly)	

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<b>Sec</b> # 97	Therapeutic Agent(s) Hematopoietic Cell	Potential Late Effects	Risk Factors	Highest	Periodic	Health Counseling
	· · · · · · · · · · · · · · · · · · ·		<b>Factors</b>	Diele Frestana		
97	Hematopoietic Cell			Risk Factors	Evaluation	Further Considerations
	Transplant (HCT)	Osteopenia Osteoporosis Osteoporosis Osteoporosis Osteoporosis Osteoporosis Osteoporosis Osteoporosis defined as bone mineral density ≥ 1 and < 2.5 SD below mean Osteoporosis is defined as bone mineral density ≥ 2.5 SD below mean  Info Link: The World Health Organization definition of osteoporosis in adults is based on comparison of a measured bone mineral density (BMD) of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations the BMD measurement is above or below the YOUNG-NORMAL MEAN BMD. A T-score of ≥ 2.5 standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are not defined standards for referral or treatment of low BMD in	Host Factors Both genders are at risk  Treatment Factors Methotrexate Corticosteroids Cranial radiation  Medical Conditions Growth hormone deficiency Hypogonadism/delayed puberty Hyperthyroidism  Health Behaviors Inadequate intake of calcium and vitamin D Lack of weight bearing exercise Smoking Alcohol use	Host Factors Older age at time of treatment Treatment Factors Prolonged corticosteroid therapy (e.g., for chronic GVHD)	Evaluation  SCREENING  Bone density evaluation (DEXA or quantitative CT)  (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)  Info Link: The optimal method of measuring bone health in children is controversial. Existing technologies have limitations. Dual energy x-ray absorptiometry (DEXA) provides an estimate of total bone mass at a given site. Quantitative CT provides distinct measures of trabecular and cortical bone dimension and density.	Health Links Bone Health  Resources National Osteoporosis Foundation website: www.nof.org  Considerations for Further Testing and Intervention Nutritional supplements in cases of osteopenia unresponsive to behavioral and dietary management: Calcium 1000-1500 mg daily plus RDA for vitamin D. Use caution regarding calcium supplementation in patients with history of renal lithiasis. Treatment of exacerbating or predisposing conditions (e.g., hormonal replacement therapy for hypogonadism, growth hormone deficiency, correction of chronic metabolic acidosis that could accelerate bone loss). Endocrine consultation for patients with osteoporosis or history of multiple fractures for pharmacologic interventions (e.g., bisphosphonates, calcitonin, selective estrogen receptor modulators).  SYSTEM = Musculoskeletal SCORE = 1

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Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations

### **SECTION 97 REFERENCES**

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### WITH CHRONIC GVHD

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
98	HCT with Chronic GVHD	Dermatologic toxicity Permanent alopecia Nail dysplasia Vitiligo Scleroderma Info Link: More common with active cGVHD; effects may persist after cGVHD resolves.			PHYSICAL Hair (alopecia) Nail (hypoplasia) Skin (vitiligo, scleroderma) (Yearly)	Health Links Skin Health  SYSTEM = Dermatologic  SCORE = 1

### **SECTION 98 REFERENCES**

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## WITH CHRONIC GVHD (cont)

S	ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
	99	HCT with Chronic GVHD	Xerophthalmia (keratoconjunctivitis sicca) Info Link: More common with active cGVHD; effects may persist after cGVHD resolves.		Radiation dose to eye $\geq$ 30 Gy Radiation fraction $\geq$ 2 Gy	HISTORY Dry eyes (burning, itching, foreign body sensation, inflammation) (Yearly)  PHYSICAL Eye exam (Yearly)	Health Links Eye Health  Considerations for Further Testing and Intervention Supportive care with artificial tears. Schirmer's testing as clinically indicated. Ongoing ophthalmology follow-up for identified problems. Consider every six month ophthalmology evaluation for patients with corneal damage.  SYSTEM = Ocular SCORE = 1

#### **SECTION 99 REFERENCES**

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## WITH CHRONIC GVHD (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
100	HCT with Chronic GVHD	Xerostomia Salivary gland dysfunction Dental caries Periodontal disease Oral cancer Info Link: More common with active cGVHD; effects may persist after cGVHD resolves.	Treatment Factors Head and neck radiation involving the parotid gland Higher radiation doses Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)	Salivary gland radiation dose ≥ 30 Gy	HISTORY Xerostomia (Yearly)  PHYSICAL Oral exam (Yearly)  SCREENING Dental exam and cleaning (Every six months)	Health Links Dental Health  Considerations for Further Testing and Intervention Supportive care with saliva substitutes, moistening agents, and sialogogues (pilocarpine). Regular dental care including fluoride applications and regular screening for intraoral malignancy.  SYSTEM = Dental SCORE = 1

#### **SECTION 100 REFERENCES**

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## WITH CHRONIC GVHD (cont)

Se	ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
1	01	HCT with Chronic GVHD	Pulmonary toxicity Bronchiolitis obliterans Chronic bronchitis Bronchiectasis  Info Link: More common with active cGVHD; effects may persist after cGVHD resolves.	Treatment Factors Chest radiation TBI Pulmonary toxic chemotherapy: - Bleomycin - Busulfan - Carmustine (BCNU) - Lomustine (CCNU)	Medical Conditions Prolonged immunosuppression related to cGVHD and its treatment	HISTORY Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	Health Links Pulmonary Health  Resources Extensive information regarding smoking cessation is available for patients on the NCI's website: www.smokefree.gov  Counseling Counsel regarding tobacco avoidance/smoking cessation. Patients who desire to SCUBA dive should be advised to obtain medical clearance from a diving medicine specialist.  Considerations for Further Testing and Intervention In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for patients with symptomatic pulmonary dysfunction. Influenza and Pneumococcal vaccinations.  SYSTEM = Pulmonary SCORE = 1

#### **SECTION 101 REFERENCES**

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## WITH CHRONIC GVHD (cont)

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
102	HCT with Chronic GVHD	Immunologic complications Secretory IgA deficiency Hypogammaglobulinemia Chronic infections (e.g., conjunctivitis, sinusitis, and bronchitis associated with chronic GVHD)  Info Link: Related to cGVHD; effects may persist or resolve over time.		Low CD4 T-cell count  Medical Conditions  Prolonged immunosuppression related to cGVHD and its treatment	Chronic conjunctivitis Chronic sinusitis Chronic bronchitis	Considerations for Further Testing and Intervention Consider PCP and anti-fungal prophylaxis in patients with active cGVHD for duration of immunosuppressive therapy. Immunology or infectious diseases consultation for assistance with management of chronic infections  SYSTEM = Immune  SCORE = 1

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## WITH CHRONIC GVHD (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
103	HCT with Chronic GVHD	Functional asplenia At risk for life-threatening infection with encapsulated organisms (e.g., Haemophilus influenzae, streptococcus pneumoniae, meningococcus)  Info Link: This section applies only to patients who have active cGVHD	Treatment Factors Splenic radiation Ongoing immunosuppression	Host Factors Hypogammaglobulinemia	PHYSICAL Physical exam at time of febrile illness to evaluate degree of illness and potential source of infection (When febrile T ≥ 101°F)  SCREENING Blood culture (When febrile T ≥ 101°F)	Considerations for Further Testing and Intervention Consider antibiotic prophylaxis for encapsulated organisms and bacteremia/endocarditis prophylaxis for duration of immunosuppressive therapy for chronic GVHD (see Dajani AS et al. Circulation 1997 for endocarditis prophylaxis dosing recommendations per the AHA). In patients with T ≥ 101°F (38.3° C) or other signs of serious illness, administer a long-acting, broad-spectrum parenteral antibiotic (e.g., ceftriaxone), and continue close medical monitoring while awaiting blood culture results. Hospitalization and broadening of antimicrobial coverage (e.g., addition of vancomycin) may be necessary under certain circumstances, such as the presence of marked leukocytosis, neutropenia, or significant change from baseline CBC; toxic clinical appearance; fever ≥ 104°F; meningitis, pneumonia, or other serious focus of infection; signs of septic shock; or previous history of serious infection. Immunize with Pneumococcal, Meningococcal, and HIB vaccines. Pneumovax booster in patients ≥10 years old at ≥ 5 years after previous dose (AAP-CIDP Recommendations, 2003).

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## WITH CHRONIC GVHD (cont)

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
104	HCT with Chronic GVHD	Esophageal stricture Info Link: Related to cGVHD; generally not reversible over time.	Treatment Factors Radiation involving the esophagus Radiomimetic chemotherapy (e.g., doxorubicin, dactinomycin)  Medical Conditions Gastroesophageal reflux	Treatment Factors Radiation dose ≥ 40 Gy	HISTORY Dysphagia Heartburn (Yearly)	Health Links Gastrointestinal Health  Considerations for Further Testing and Intervention Surgery and/or gastroenterology consultation for symptomatic patients.  SYSTEM = GI/Hepatic SCORE = 1

### **SECTION 104 REFERENCES**

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## WITH CHRONIC GVHD (cont)

	ec Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	# Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
- 1	05 HCT with Chronic GVHD	Vaginal fibrosis/stenosis  Info Link: Related to cGVHD; generally not reversible over time.	Treatment Factors Pelvic radiation		HISTORY Psychosocial assessment Dyspareunia Vulvar pain Post-coital bleeding Difficulty with tampon insertion (Yearly)	Considerations for Further Testing and Intervention Gynecologic consultation for management. Psychological consultation in patients with emotional difficulties.  SYSTEM = Female reproductive  SCORE = 1

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## WITH CHRONIC GVHD (cont)

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
106	HCT with Chronic GVHD	Joint contractures  Info Link: Related to cGVHD; generally not reversible over time.			PHYSICAL Musculoskeletal exam (Yearly)	

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### **AMPUTATION**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
107	Amputation	Amputation-related complications Impaired cosmesis Functional and activity Iimitations Residual limb integrity problems Phantom pain Neuropathic pain Musculoskeletal pain Increased energy expenditure Impaired quality of life and functional status Psychological maladjustment	Host Factors Skeletally immature/ growing children  Treatment Factors Site of amputation: Hemipelvectomy > Trans-femur amputation > Trans-tibia amputation  Medical Conditions Obesity Diabetes Poor residual limb healing		HISTORY Phantom pain Functional and activity limitations (Yearly)  PHYSICAL Residual limb integrity (Yearly)  SCREENING Prosthetic evaluation (Every six months until skeletally mature, then yearly thereafter)	Health Links Amputation  Counseling Counsel regarding skin checks, signs of poor prosthetic fit, residual limb and prosthetic hygiene, physical fitness, and importance of maintaining a healthy weight and lifestyle.  Considerations for Further Testing and Intervention Physical therapy consultation as needed per changing physical status such as weight gain or gait training with a new prosthesis, and for non-pharmacological pain management. Occupational therapy consultation as needed to assist with activities of daily living. Psychological/social work consultation to assist with emotional difficulties related to body image, marriage, pregnancy, parenting, employment, insurance and depression. Vocational counseling/training to identify vocations that will not produce/exacerbate functional limitations.  SYSTEM = Musculoskeletal SCORE = 1

### **SECTION 107 REFERENCES**

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## **CENTRAL VENOUS CATHETER**

Se		Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
10	8 Central venous catheter	Thrombosis Vascular insufficiency Infection of retained cuff or line tract			HISTORY Tenderness or swelling at previous catheter site (Yearly and as clinically indicated)  PHYSICAL Venous stasis Swelling Tenderness at previous catheter site (Yearly and as clinically indicated)	SYSTEM = Cardiovascular  SCORE = 1

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### **CYSTECTOMY**

Se		Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
100	9 Cystectomy Info Link: All potential late effects for pelvic surgery apply to Cystectomy (see also sections 126-129).	Cystectomy-related complications Chronic urinary tract infection Renal dysfunction Vesicoureteral reflux Hydronephrosis Reservoir calculi Spontaneous neobladder perforation Vitamin B12/folate/carotene deficiency Info Link: Reservoir calculi are stones in the neobladder (a reservoir for urine usually constructed of ileum/colon)			SCREENING Urology evaluation (Yearly)	Health Links  Cystectomy Kidney Health  SYSTEM = Urinary  SCORE =  Chronic urinary tract infection: 1  Renal dysfunction: 1  Vesicoureteral reflux: 1  Hydronephrosis: 1  Spontaneous neobladder perforation: 1  Reservoir calculi: 2A  Vitamin B12/folate/carotene deficiency: 2B

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### **ENUCLEATION**

Se	c Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
11	0 Enucleation	Impaired cosmesis Poor prosthetic fit Orbital hypoplasia	Host Factors Younger age at enucleation Treatment Factors Combined with radiation		SCREENING Evaluation by ocularist Evaluation by ophthalmologist (Yearly)	Health Links Eye Health  Considerations for Further Testing and Intervention Psychological consultation in patients with emotional difficulties related to cosmetic and visual impairment. Vocational rehabilitation referral as indicated.  SYSTEM = Ocular SCORE = 1

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### **HYSTERECTOMY**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female) LT	Hysterectomy  Info Link: For patients who also underwent oophorectomy, see also: Section 123 (unilateral oophorectomy) or Section 124 (bilateral oophorectomy)	Pelvic floor dysfunction Urinary incontinence Sexual dysfunction			HISTORY Psychosocial assessment Abdominal pain Urinary leakage Dyspareunia (Yearly)	

### **SECTION 111 REFERENCES**

Abdel-Fattah M, Barrington J, Yousef M, Mostafa A. Effect of total abdominal hysterectomy on pelvic floor function. *Obstet Gynecol Surv.* Apr 2004;59(4):299-304. Brown JS, Sawaya G, Thom DH, Grady D. Hysterectomy and urinary incontinence: a systematic review. *Lancet.* Aug 12 2000;356(9229):535-539. Dragisic KG, Milad MP. Sexual functioning and patient expectations of sexual functioning after hysterectomy. *Am J Obstet Gynecol.* May 2004;190(5):1416-1418.

### **LAPAROTOMY**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
112	Laparotomy	Adhesions Bowel obstruction	Treatment Factors Combined with radiation		HISTORY Abdominal pain Emesis Distention Vomiting Constipation (With clinical symptoms of obstruction)  PHYSICAL Tenderness Abdominal guarding Distension (With clinical symptoms of obstruction)	Health Links Gastrointestinal Health  Considerations for Further Testing and Intervention  KUB as clinically indicated for suspected obstruction. Surgical consultation for patients unresponsive to medical management.  SYSTEM = GI/Hepatic  SCORE = 1

#### **SECTION 112 REFERENCES**

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#### LIMB SPARING PROCEDURE

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
113	Limb sparing procedure	Complications related to limb sparing procedure Functional and activity limitations Contractures Chronic infection Chronic pain Limb length discrepancy Musculoskeletal pain Increased energy expenditure Fibrosis Prosthetic malfunction (loosening, non-union, fracture) requiring revision, replacement or amputation Prosthetic revision required due to growth Impaired quality of life Complications with pregnancy/delivery (in female patients with internal hemipelvectomy)	Host Factors Younger age at surgery Rapid growth spurt  Treatment Factors Tibial endoprosthesis  Medical Conditions Endoprosthetic infection Obesity  Health Behaviors High level of physical activity (associated with higher risk loosening) Low level of physical activity (associated with higher risk of contractures or functional limitations)	Treatment Factors Radiation to extremity  Medical Conditions Poor healing Infection of reconstruction	HISTORY Functional and activity limitations (Yearly and as clinically indicated)  PHYSICAL Residual limb integrity (Yearly and as clinically indicated)  SCREENING Radiograph (Yearly)  Evaluation by orthopedic surgeon (Every six months until skeletally mature, then yearly)	Health Links Limb Sparing Procedures  Counseling Counsel regarding need for antibiotic prophylaxis prior to dental and invasive procedures.  Considerations for Further Testing and Intervention Antibiotic prophylaxis prior to dental and invasive procedures. Physical therapy consultation As needed per changes in functional status (such as post-lengthening, revisions, life changes such as pregnancy), and for non-pharmacological pain management. Consider psychological consultation as needed to assist with emotional difficulties related to body image, marriage, pregnancy, parenting, employment, insurance and depression. Vocational counseling/training to identify vocations that will not produce/exacerbate functional limitations.  SYSTEM = Musculoskeletal SCORE = 1

#### **SECTION 113 REFERENCES**

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#### **NEPHRECTOMY**

	ec ·	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
1	14 Nephred	ctomy	Renal toxicity Proteinuria Hyperfiltration Renal insufficiency  Hydrocele (males only)	Treatment Factors Combined with other nephrotoxic therapy, such as:  - Cisplatin - Carboplatin - Ifosfamide - Aminoglycosides - Amphotericin - Immunosuppressants - Methotrexate - Radiation impacting the kidneys		hydrocele (Yearly for males) SCREENING	Health Links Single Kidney Health See also: Kidney Health  Counseling Discuss contact sports, bicycle safety (e.g., avoiding handlebar injuries), and proper use of seatbelts (i.e., wearing lapbelts around hips, not waist). Counsel to use NSAIDS with caution.  Considerations for Further Testing and Intervention Nephrology consultation for patients with hypertension, proteinuria, or progressive renal insufficiency  SYSTEM = Urinary SCORE = 1

#### **SECTION 114 REFERENCES**

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### **NEUROSURGERY - BRAIN**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
115		Neurocognitive deficits Functional deficits in: - Executive function (planning and organization) - Sustained attention - Memory (particularly visual, sequencing, temporal memory) - Processing speed - Visual-motor integration Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change  Info Link: Neurocognitive deficits vary with extent of surgery and postoperative complications. In general, mild delays occur in most areas of neuropsychological function compared to healthy children. Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. New deficits may emerge over time. Neurosensory deficits (i.e., vision, hearing) due to tumor or its therapy may complicate neurocognitive outcomes.	Host Factors Younger age at treatment Primary CNS tumor  Treatment Factors Extent and location of resection Longer elapsed time since therapy In combination with: - TBI - Cranial radiation - Methotrexate (IT, IO, high-dose IV) - Cytarabine (high-dose IV)	Host Factors  Age < 3 years at time of treatment  Supratentorial tumor  Predisposing family history of learning or attention problems  Treatment Factors  Radiation dose ≥ 24 Gy to whole brain  Radiation dose ≥ 40 Gy to local fields  Medical Conditions  Posterior fossa syndrome  CNS infection	HISTORY Educational and/or vocational progress (Yearly)  SCREENING Referral for formal neuropsychological evaluation (Baseline at entry into long-term follow-up. Periodically as clinically indicated for patients with evidence of impaired educational or vocational progress.)	Health Links Educational Issues  Considerations for Further Testing and Intervention Formal neuropsychological evaluation to include tests of processing speed, computer-based attention, visual motor integration, memory, comprehension of verbal instructions, verbal fluency, executive function and planning. Refer patients with neurocognitive deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources and/or social skills training. Consider use of psychotropic medication (e.g., stimulants) or evidence-based rehabilitation training. Caution - lower starting dose and assessment of increased sensitivity when initiating therapy is recommended. Refer to community services for vocational rehabilitation or for services for developmentally disabled.  SYSTEM = CNS SCORE = 1

#### **SECTION 115 REFERENCES**

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### **NEUROSURGERY - BRAIN (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
116	Neurosurgery - Brain	Motor and/or sensory deficits Paralysis Movement disorders Ataxia Eye problems (ocular nerve palsy, gaze paresis, nystagmus, papilledema, optic atrophy)	Host Factors Primary CNS tumor  Medical Conditions Hydrocephalus	Host Factors Optic pathway tumor Hypothalamic tumor Suprasellar tumor (eye problems)	SCREENING Evaluation by neurologist (Yearly, until 2 to 3 years after surgery or stable; continue to monitor if symptoms persist)  Evaluation by physiatrist/rehabilitation medicine specialist (Yearly, or more frequently as clinically indicated in patients with motor dysfunction)	

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## **NEUROSURGERY - BRAIN (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
117	Neurosurgery - Brain	Seizures	Host Factors Primary CNS tumor  Treatment Factors Methotrexate (IV, IT, IO)		SCREENING Evaluation by neurologist (Every six months for patients with seizure disorder)	SYSTEM = CNS SCORE = 1

#### **SECTION 117 REFERENCES**

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### **NEUROSURGERY - SPINAL CORD**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
118	Neurosurgery - Brain	Hydrocephalus Shunt malfunction	Host Factors Primary CNS tumor		SCREENING Abdominal x-ray (After pubertal growth spurt for patients with shunts to assure distal shunt tubing in peritoneum)	Counseling Education patient/family regarding potential symptoms of shunt malfunction.
					Evaluation by neurosurgeon (Yearly for patients with shunts)	SYSTEM = CNS  SCORE = 1

#### **SECTION 118 REFERENCES**

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### **NEUROSURGERY - SPINAL CORD**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
119	Neurosurgery - Spinal cord	Neurogenic bladder Urinary incontinence	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Radiation dose ≥ 45 Gy to lumbar and/or sacral spine and/or cauda equina	Host Factors Injury above the level of the sacrum  Treatment Factors Radiation dose ≥ 50 Gy to lumbar and/or sacral spine and/or cauda equina	HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)	Health Links Neurogenic Bladder  Counseling Counsel regarding adequate fluid intake, regular voiding, seeking medical attention for symptoms of voiding dysfunction or urinary tract infection, and compliance with recommended bladder catheterization regimen.  Considerations for Further Testing and Intervention Urologic consultation for patients with dysfunctional voiding or recurrent urinary tract infections.  SYSTEM = CNS SCORE = 1

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Moore SW, Kaschula ROC, Albertyn R, Rode H, Millar AJW, Karabus C. The outcome of solid tumors occurring during the neonatal period. *Pediatr Surg Int.* 1996;10(5-6):366-370.

## **NEUROSURGERY - SPINAL CORD (cont)**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
120	Neurosurgery - Spinal cord	Neurogenic bowel Fecal incontinence	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Radiation dose ≥ 50 Gy to bladder, pelvis, or spine	Host Factors Injury above the level of the sacrum	Chronic constipation Fecal soiling (Yearly)	Counseling Counsel regarding benefits of adherence to bowel regimen, including adequate hydration, fiber, laxatives/enemas as clinically indicated.  Considerations for Further Testing and Intervention Gl consultation to establish bowel regimen for patients with chronic impaction or fecal soiling.
						SYSTEM = CNS  SCORE = 1

#### **SECTION 120 REFERENCES**

Fowler C. Neurology of Bowel, Bladder, and Sexual Dysfunction Vol 23: Elsevier; 1999.

Hoover M, Bowman LC, Crawford SE, et al. Long-term outcome of patients with intraspinal neuroblastoma. Med Pediatr Oncol. May 1999;32(5):353-359.

Moore SW, Kaschula ROC, Albertyn R, Rode H, Millar AJW, Karabus C. The outcome of solid tumors occurrring during the neonatal period. Pediatr Surg Int. 1996;10(5-6):366-370.

## **NEUROSURGERY - SPINAL CORD (cont)**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
121 (Male)	Neurosurgery - Spinal cord	Sexual dysfunction (Male) Erectile dysfunction	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Radiation to bladder, pelvis, or spine  Medical Conditions Hypogonadism	Host Factors Injury above the level of the sacrum  Treatment Factors Radiation dose ≥ 55 Gy to penile bulb in adult Radiation dose ≥ 45 Gy in prepubertal child	HISTORY Sexual function (erections, nocturnal emissions, libido) Medication use impacting sexual function (Yearly)	Health Links Male Health Issues  Resources www.urologychannel.com  Considerations for Further Testing and Intervention Urologic consultation in patients with positive history.  SYSTEM = CNS SCORE = 2A
(Female)	Neurosurgery - Spinal cord	Sexual dysfunction (Female)	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Radiation to bladder, pelvis, or spine  Medical Conditions Hypogonadism Vaginal fibrosis/stenosis Chronic GVHD	Host Factors Injury above the level of the sacrum	HISTORY Dyspareunia Altered or diminished sensation, loss of sensation Medication use impacting sexual function (Yearly)	SYSTEM = CNS SCORE = 2A

#### **SECTION 121 REFERENCES**

Fowler C. Neurology of Bowel, Bladder, and Sexual Dysfunction Vol 23: Elsevier; 1999.

Hoover M, Bowman LC, Crawford SE, et al. Long-term outcome of patients with intraspinal neuroblastoma. *Med Pediatr Oncol*. May 1999;32(5):353-359.

Moore SW, Kaschula ROC, Albertyn R, Rode H, Millar AJW, Karabus C. The outcome of solid tumors occurrring during the neonatal period. Pediatr Surg Int. 1996;10(5-6):366-370.

### **OOPHOROPEXY**

ec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
(Female)		Oophoropexy-related complications Inability to conceive despite normal ovarian function Dyspareunia Symptomatic ovarian cysts Bowel obstruction Pelvic adhesions	Treatment Factors Ovarian radiation Tubo-ovarian dislocation, especially with lateral ovarian transposition		HISTORY Abdominal pain Pelvic pain Dyspareunia Inability to conceive despite normal ovarian function (Yearly)	

#### SECTION 122 REFERENCES

Chambers SK, Chambers JT, Kier R, Peschel RE. Sequelae of lateral ovarian transposition in irradiated cervical cancer patients. *Int J Radiat Oncol Biol Phys.* Jun 1991;20(6):1305-1308. Damewood MD, Hesla HS, Lowen M, Schultz MJ. Induction of ovulation and pregnancy following lateral oophoropexy for Hodgkin's disease. *Int J Gynaecol Obstet.* Dec 1990;33(4):369-371. Hadar H, Loven D, Herskovitz P, Bairey O, Yagoda A, Levavi H. An evaluation of lateral and medial transposition of the ovaries out of radiation fields. *Cancer.* Jul 15 1994;74(2):774-779. Thibaud E, Ramirez M, Brauner R, et al. Preservation of ovarian function by ovarian transposition performed before pelvic irradiation during childhood. *J Pediatr.* Dec 1992;121(6):880-884.

## **OOPHORECTOMY (UNILATERAL)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
123 (Female)	Oophorectomy (unilateral)	Info Link: Evidence for premature menopause following unilateral oophorectomy is limited and has been extrapolated from the adult literature.	Health Behaviors Smoking	Treatment Factors Combined with: - Pelvic radiation - Alkylating agents - TBI	HISTORY Pubertal (onset, tempo) Menstrual/pregnancy history Sexual function (vaginal dryness, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage (Yearly until sexually mature)  SCREENING FSH LH Estradiol (Baseline at age 13 and as clinically indicated in patients with delayed puberty, irregular menses, primary or secondary amenorrhea, and/or clinical signs and symptoms of estrogen deficiency)	Health Links Female Health Issues  Resources American Society for Reproductive Medicine (www.asrm.org) Fertile Hope (www.fertilehope.org)  Counseling Counsel currently menstruating women to be cautious about delaying childbearing. Counsel regarding need for contraception.  Considerations for Further Testing and Intervention Refer to reproductive endocrinology for counseling regarding oocyte cryopreservation in patients wishing to preserve options for future fertility.  SYSTEM = Female reproductive SCORE = 2A

#### **SECTION 123 REFERENCES**

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol.* Mar-Apr 1999;21(2):115-122. Lass A. The fertility potential of women with a single ovary. *Hum Reprod Update.* Sep-Oct 1999;5(5):546-550.

Schover LR. Sexuality and fertility after cancer. Hematology (Am Soc Hematol Educ Program). 2005:523-527.

Tangir J, Zelterman D, Ma W, Schwartz PE. Reproductive function after conservative surgery and chemotherapy for malignant germ cell tumors of the ovary. *Obstet Gynecol.* Feb 2003;101(2):251-257.

## **OOPHORECTOMY (BILATERAL)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
124 (Female)	Oophorectomy (bilateral)	Hypogonadism Infertility			SCREENING Gynecologic or endocrinologic consultation for initiation of hormonal replacement therapy (At age 11)	Health Links Female Health Issues  Resources American Society for Reproductive Medicine (www.asrm.org) Fertile Hope (www.fertilehope.org)  Counseling Counsel regarding benefits of HRT in promoting pubertal progression, bone and cardiovascular health. Counsel women regarding pregnancy potential with donor eggs (if uterus is intact).  Considerations for Further Testing and Intervention Bone density evaluation for osteopenia/osteoporosis in hypogonadal patients. Reproductive endocrinology referral regarding assisted reproductive technologies.  SYSTEM = Female reproductive SCORE = 1

#### **SECTION 124 REFERENCES**

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol*. Mar-Apr 1999;21(2):115-122. Schover LR. Sexuality and fertility after cancer. *Hematology (Am Soc Hematol Educ Program)*. 2005:523-527.

Shifren JL, Braunstein GD, Simon JA, et al. Transdermal testosterone treatment in women with impaired sexual function after oophorectomy. *N Engl J Med.* Sep 7 2000;343(10):682-688.

Tangir J, Zelterman D, Ma W, Schwartz PE. Reproductive function after conservative surgery and chemotherapy for malignant germ cell tumors of the ovary. *Obstet Gynecol.* Feb 2003;101(2):251-257.

### **ORCHIECTOMY**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
125 (Male)	Orchiectomy	Hypogonadism Infertility	Treatment Factors Unilateral orchiectomy combined with pelvic or testicular radiation and/or alkylating agents	Treatment Factors Bilateral orchiectomy	HISTORY Pubertal (onset, tempo) Sexual function (erections, nocturnal emissions, libido) Medication use impacting sexual function (Yearly)  PHYSICAL Tanner stage Testicular volume by Prader orchdiometry (Yearly until sexually mature)  SCREENING Semen analysis (As requested by patient for evaluation of infertility)  FSH, LH, testosterone (For patient with bilateral orchiectomy, refer to endocrinology at about age 11. For patients with unilateral orchiectomy, obtain as clinically indicated for delayed puberty or signs and symptoms of testosterone deficiency.)	Health Links Male Health Issues  Counseling For patients with single testis - counsel to wear athletic supporter with protective cup during athletic activities.  Considerations for Further Testing and Intervention Refer to endocrinologist for bilateral orchiectomy, delayed puberty, or persistently abnormal hormone levels. Consider surgical placement of testicular prosthesis.  SYSTEM = Male reproductive  SCORE = 1

#### **SECTION 125 REFERENCES**

Herr HW, Bar-Chama N, O'Sullivan M, Sogani PC. Paternity in men with stage I testis tumors on surveillance. *J Clin Oncol*. Feb 1998;16(2):733-734.

Jacobsen KD, Fossa SD, Bjoro TP, Aass N, Heilo A, Stenwig AE. Gonadal function and fertility in patients with bilateral testicular germ cell malignancy. *Eur Urol*. Sep 2002;42(3):229-238; discussion 237-228. Lee PA, Coughlin MT. The single testis: paternity after presentation as unilateral cryptorchidism. *J Urol*. Oct 2002;168(4 Pt 2):1680-1682; discussion 1682-1683.

### **PELVIC SURGERY**

Se #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	Pelvic surgery Info Link: For patients with cystectomy: See also Section 109	Urinary incontinence Urinary tract obstruction  Info Link: Urinary tract obstruction related to retroperitoneal fibrosis	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Retroperitoneal node dissection Extensive pelvic dissection (e.g., bilateral ureteral re-implantation, retroperitoneal tumor resection): Radiation to the bladder, pelvis, and/or lumbar-sacral spine		HISTORY Hematuria Urinary urgency/frequency Urinary incontinence/retention Dysuria Nocturia Abnormal urinary stream (Yearly)	Counseling Counsel regarding adequate fluid intake, regular voiding, seeking medical attention for symptoms of voiding dysfunction or urinary tract infection, compliance with recommended bladder catheterization regimen.  Considerations for Further Testing and Intervention Urologic consultation for patients with dysfunctional voiding or recurrent urinary tract infections.  SYSTEM = Urinary SCORE = 1

#### **SECTION 126 REFERENCES**

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol*. Mar-Apr 1999;21(2):115-122.

Heyn R, Raney RB, Jr., Hays DM, et al. Late effects of therapy in patients with paratesticular rhabdomyosarcoma. Intergroup Rhabdomyosarcoma Study Committee. *J Clin Oncol*. Apr 1992;10(4):614-623.

Koyle MA, Hatch DA, Furness PD, 3rd, Lovell MA, Odom LF, Kurzrock EA. Long-term urological complications in survivors younger than 15 months of advanced stage abdominal neuroblastoma. *J Urol*.

Oct 2001;166(4):1455-1458.

### **PELVIC SURGERY (cont)**

Sec	Therapeutic Agent(s)	Potential	Risk	Highest	Periodic	Health Counseling
#		Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
127	Pelvic surgery	Fecal incontinence	Host Factors Tumor adjacent to or compressing spinal cord or cauda equina  Treatment Factors Radiation to the bladder, pelvis, or spine		Chronic constipation, fecal soiling (Yearly)	Counseling Counsel regarding benefits of adherence to bowel regimen, including adequate hydration, fiber, laxatives/enemas as clinically indicated.  Considerations for Further Testing and Intervention GI consultation to establish bowel regimen for patients with chronic impaction or fecal soiling.  SYSTEM = GI/Hepatic SCORE = 1

#### **SECTION 127 REFERENCES**

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol.* Mar-Apr 1999;21(2):115-122. Hoover M, Bowman LC, Crawford SE, et al. Long-term outcome of patients with intraspinal neuroblastoma. *Med Pediatr Oncol.* May 1999;32(5):353-359.

Moore SW, Kaschula ROC, Albertyn R, Rode H, Millar AJW, Karabus C. The outcome of solid tumors occurring during the neonatal period. *Pediatr Surg Int.* 1996;10(5-6):366-370.

Mosiello G, Gatti C, De Gennaro M, et al. Neurovesical dysfunction in children after treating pelvic neoplasms. BJU Int. Aug 2003;92(3):289-292.

Rao S, Azmy A, Carachi R. Neonatal tumours: a single-centre experience. Pediatr Surg Int. Sep 2002;18(5-6):306-309.

### **PELVIC SURGERY (cont)**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
128 (alale)	Pelvic surgery	Sexual dysfunction (Male) Retrograde ejaculation Anejaculation Erectile dysfunction	Treatment Factors Retroperitoneal node dissection Retroperitoneal tumor resection Cystectomy Radical prostatectomy Tumor adjacent to spine Radiation to bladder, pelvis, or spine  Medical Conditions Hypogonadism	Host Factors Extensive presacral tumor resection or dissection Radiation dose ≥ 55 Gy to penile bulb in adult and ≥ 45 Gy in prepubertal child	HISTORY Sexual function (erections, nocturnal emissions, libido) Medication use impacting sexual function Quality of ejaculate (frothy white urine with first void after intercourse suggests retrograde ejaculation) (Yearly)	Health Links Male Health Issues  Resources www.urologychannel.com  Considerations for Further Testing and Intervention Urologic consultation in patients with positive history and/or physical exam findings.  SYSTEM = Male reproductive SCORE = 2A
(Female) 82	Pelvic surgery	Sexual dysfunction (Female)	Host Factors Chronic GVHD Hypogonadism Tumor adjacent to spine  Medical Conditions Radiation to bladder, pelvis, or spine		Dyspareunia Altered or diminished sensation, loss of sensation Medication use impacting sexual function (Yearly)	SYSTEM = Female reproductive  SCORE = 2A

#### **SECTION 128 REFERENCES**

Fossa SD. Long-term sequelae after cancer therapy--survivorship after treatment for testicular cancer. Acta Oncol. 2004;43(2):134-141.

Hale GA, Marina NM, Jones-Wallace D, et al. Late effects of treatment for germ cell tumors during childhood and adolescence. *J Pediatr Hematol Oncol*. Mar-Apr 1999;21(2):115-122.

Hartmann JT, Albrecht C, Schmoll HJ, Kuczyk MA. Kollmannsherger C. Rokemeyer C. Long-term effects on covirol function and facility. Hartmann JT, Albrecht C, Schmoll HJ, Kuczyk MA, Kollmannsberger C, Bokemeyer C. Long-term effects on sexual function and fertility after treatment of testicular cancer. Br J Cancer. May 1999;80(5-6):801-807.

Jacobsen KD, Ous S, Waehre H, et al. Ejaculation in testicular cancer patients after post-chemotherapy retroperitoneal lymph node dissection. Br J Cancer. Apr 1999;80(1-2):249-255.

Burton KA, Wallace WH, Critchley HO. Female reproductive potential post-treatment for childhood cancer. Hosp Med. Sep 2002;63(9):522-527.

El-Toukhy TA, Hefni M, Davies A, Mahadevan S. The effect of different types of hysterectomy on urinary and sexual functions: a prospective study. J Obstet Gynaecol. Jun 2004;24(4):420-425.

Schover LR. Sexuality and fertility after cancer. Hematology (Am Soc Hematol Educ Program). 2005:523-527.

Spunt SL, Sweeney TA, Hudson MM, Billups CA, Krasin MJ, Hester AL. Late effects of pelvic rhabdomyosarcoma and its treatment in female survivors. J Clin Oncol. Oct 1 2005;23(28):7143-7151.

## **PELVIC SURGERY (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
129 (alah))		Hydrocele	Treatment Factors Retroperitoneal node dissection		PHYSICAL Testicular exam to evaluate for hydrocele (Yearly)	Considerations for Further Testing and Intervention Urologic consultation for patients with hydrocele.  SYSTEM = Urinary SCORE = 1

#### **SECTION 129 REFERENCES**

Ginsberg JP, Hobbie WL, Ogle SK, Canning DA, Meadows AT. Prevalence of and risk factors for hydrocele in survivors of Wilms tumor. *Pediatr Blood Cancer*. Apr 2004;42(4):361-363.

### **PULMONARY**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
1300	Pulmonary lobectomy Pulmonary metastasectomy Pulmonary wedge resection	Pulmonary dysfunction	Treatment Factors Combined with pulmonary toxic therapy - Bleomycin - Busulfan - Carmustine (BCNU) - Lomustine (CCNU)  Medical Conditions Atopic history  Health Behaviors Smoking	Treatment Factors Combined with: - Chest radiation - TBI	HISTORY Cough SOB DOE Wheezing (Yearly)  PHYSICAL Pulmonary exam (Yearly)  SCREENING Chest x-ray PFTs (including DLCO and spirometry) (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	Health Links Pulmonary Health  Resources Extensive information regarding smoking cessation is available for patients on the NCI's website: www.smokefree.gov  Counseling Counsel regarding tobacco avoidance/smoking cessation. Patients who desire to SCUBA dive should be advised to obtain medical clearance from a diving medicine specialist.  Considerations for Further Testing and Intervention In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for patients with symptomatic pulmonary dysfunction; Influenza and pneumococcal vaccinations  SYSTEM = Pulmonary SCORE = 2A

#### **SECTION 130 REFERENCES**

Berend N, Woolcock AJ, Marlin GE. Effects of lobectomy on lung function. *Thorax*. Feb 1980;35(2):145-150.

Bolliger CT, Jordan P, Soler M, et al. Pulmonary function and exercise capacity after lung resection. Eur Respir J. Mar 1996;9(3):415-421.

Pelletier C, Lapointe L, LeBlanc P. Effects of lung resection on pulmonary function and exercise capacity. Thorax. Jul 1990;45(7):497-502.

Stolp B, Assistant Medical Director Divers Alert Network, Director Anesthesiology Emergency Airway Services, Durham, N.C. Risks associated with SCUBA diving in childhood cancer survivors. Personal communication to Landier W, Bhatia S Aug 23, 2002.

### **SPLENECTOMY**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
131	Splenectomy	Asplenia At risk for life-threatening infection with encapsulated organisms (e.g., Haemophilus influenzae, streptococcus pneumoniae, meningococcus)			PHYSICAL Physical exam at time of febrile illness to evaluate degree of illness and potential source of infection (When febrile T ≥ 101°F)	Health Links Splenic Precautions  Counseling Medical alert bracelet/card noting asplenia. Counsel to avoid malaria and tick bites if living in or visiting endemic areas
					SCREENING Blood culture (When febrile T ≥ 101°F)	Considerations for Further Testing and Intervention In patients with T ≥101°F (38.3° C) or other signs of serious illness, administer a long-acting, broad-spectrum parenteral antibiotic (e.g., ceftriaxone), and continue close medical monitoring while awaiting blood culture results. Hospitalization and broadening of antimicrobial coverage (e.g., addition of vancomycin) may be necessary under certain circumstances, such as the presence of marked leukocytosis, neutropenia, or significant change from baseline CBC; toxic clinical appearance; fever ≥ 104°F; meningitis, pneumonia, or other serious focus of infection; signs of septic shock; or previous history of serious infection. Immunize with Pneumococcal, Meningococcal, and HIB vaccines. Pneumovax booster in patients ≥10 years old at ≥ 5 years after previous dose (AAP-CIDP Recommendations, 2003).
						SYSTEM = Immune  SCORE = 1

#### **SECTION 131 REFERENCES**

Immunization in special clinical circumstances: asplenic children. In: Pickering LK, ed. Red Book 2003: *Report of the Committee on Infectious Diseases*. Elk Grove Village, IL: American Academy of Pediatrics; 2003. Castagnola E, Fioredda F. Prevention of life-threatening infections due to encapsulated bacteria in children with hyposplenia or asplenia: a brief review of current recommendations for practical purposes. *Eur J Haematol*. Nov 2003;71(5):319-326.

Jockovich M, Mendenhall NP, Sombeck MD, Talbert JL, Copeland EM, 3rd, Bland KI. Long-term complications of laparotomy in Hodgkin's disease. *Ann Surg.* Jun 1994;219(6):615-621; discussion 621-614. Kaiser CW. Complications from staging laparotomy for Hodgkin disease. *J Surg Oncol.* 1981;16(4):319-325.

### **THYROIDECTOMY**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
132	Info Link: Total thyroidectomy is uncommon, but if done is associated with the risk of hypoparathyroidism. This complication generally occurs in the early postoperative period and may persist. Patients with a history of total thyroidectomy should be monitored for signs and symptoms of hypoparathyroidism (e.g., parasthesias, muscle cramping, altered mental status, hyperreflexia, tetany, hypocalcemia, and hyperphosphatemia)				HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic SCORE = 1

#### **SECTION 132 REFERENCES**

La Quaglia MP, Telander RL. Differentiated and medullary thyroid cancer in childhood and adolescence. *Semin Pediatr Surg.* Feb 1997;6(1):42-49.

Lallier M, St-Vil D, Giroux M, et al. Prophylactic thyroidectomy for medullary thyroid carcinoma in gene carriers of MEN2 syndrome. *J Pediatr Surg.* Jun 1998;33(6):846-848.

Telander RL, Moir CR. Medullary thyroid carcinoma in children. *Semin Pediatr Surg.* Aug 1994;3(3):188-193.

### **SYSTEMIC RADIATION**

S	ec		Potential	Risk	Highest	Periodic	Health Counseling
	#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
		Radioiodine therapy (I-131 thyroid ablation)	Lacrimal duct atrophy			HISTORY Excessive tearing (Yearly)	Considerations for Further Testing and Intervention Ophthalmology consultation as clinically indicated.  SYSTEM = Ocular  SCORE = 2A

#### **SECTION 133 REFERENCES**

Burns JA, Morgenstern KE, Cahill KV, Foster JA, Jhiang SM, Kloos RT. Nasolacrimal obstruction secondary to I(131) therapy. *Ophthal Plast Reconstr Surg*. Mar 2004;20(2):126-129. Morgenstern KE, Vadysirisack DD, Zhang Z, et al. Expression of sodium iodide symporter in the lacrimal drainage system: implication for the mechanism underlying nasolacrimal duct obstruction in I(131)-treated patients. *Ophthal Plast Reconstr Surg*. Sep 2005;21(5):337-344.

Zettinig G, Hanselmayer G, Fueger BJ, et al. Long-term impairment of the lacrimal glands after radioiodine therapy: a cross-sectional study. Eur J Nucl Med Mol Imaging. Nov 2002;29(11):1428-1432.

## **SYSTEMIC RADIATION (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
134	Radioiodine therapy (I-131 thyroid ablation)	Hypothyroidism			HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic SCORE = 2A

#### **SECTION 134 REFERENCES**

Safa AM, Schumacher OP, Rodriguez-Antunez A. Long-term follow-up results in children and adolescents treated with radioactive iodine (131l) for hyperthyroidism. *N Engl J Med.* Jan 23 1975;292(4):167-171. Safa AM, Skillern PG. Treatment of hyperthyroidism with a large initial dose of sodium iodide I 131. *Arch Intern Med.* May 1975;135(5):673-675.

### **SYSTEMIC RADIATION (cont)**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
135	Systemic MIBG (in therapeutic doses)  Info Link: MIBG used for diagnostic purposes (i.e., MIBG scanning) does NOT put patients at risk for hypothyroidism.	Hypothyroidism			HISTORY Fatigue Weight gain Cold intolerance Constipation Dry skin Brittle hair Depressed mood (Yearly; Consider more frequent screening during periods of rapid growth)  PHYSICAL Height Weight Hair Skin Thyroid exam (Yearly; Consider more frequent screening during periods of rapid growth)  SCREENING TSH Free T4 (Yearly; Consider more frequent screening during periods of rapid growth)	Health Links Thyroid Problems  Counseling Counsel at-risk females of childbearing potential to have their thyroid levels checked prior to attempting pregnancy and periodically throughout pregnancy.  Considerations for Further Testing and Intervention Endocrine consultation for medical management.  SYSTEM = Endocrine/Metabolic  SCORE = 1

#### **SECTION 135 REFERENCES**

Brans B, Monsieurs M, Laureys G, Kaufman JM, Thierens H, Dierckx RA. Thyroidal uptake and radiation dose after repetitive I-131-MIBG treatments: influence of potassium iodide for thyroid blocking. Med Pediatr Oncol. Jan 2002;38(1):41-46.

Picco P, Garaventa A, Claudiani F, Gattorno M, De Bernardi B, Borrone C. Primary hypothyroidism as a consequence of 131-I-metaiodobenzylguanidine treatment for children with neuroblastoma. *Cancer.* Nov 1 1995;76(9):1662-1664.

van Santen HM, de Kraker J, van Eck BL, de Vijlder JJ, Vulsma T. High incidence of thyroid dysfunction despite prophylaxis with potassium iodide during (131)l-meta-iodobenzylguanidine treatment in children with neuroblastoma. *Cancer.* Apr 1 2002;94(7):2081-2089.

van Santen HM, de Kraker J, van Eck BL, de Vijlder JJ, Vulsma T. Improved radiation protection of the thyroid gland with thyroxine, methimazole, and potassium iodide during diagnostic and therapeutic use of radiolabeled metaiodobenzylguanidine in children with neuroblastoma. *Cancer.* Jul 15 2003;98(2):389-396.

### **BIOIMMUNOTHERAPY**

S	ec		Potential	Risk	Highest	Periodic	Health Counseling
- 1	#	Agent(s)	Late Effects	<b>Factors</b>	Risk Factors	Evaluation	Further Considerations
1		(e.g., G-CSF, IL-2, erythropoietin)	Insufficient information currently available regarding late effects of biological agents				SYSTEM = N/A SCORE = N/A

#### **SECTION 136 REFERENCES**

No information currently available regarding late effects.

#### **BREAST CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
137 (Female)	Breast	Over age 40 Family history of breast cancer in first degree relative Early onset of menstruation Late onset of menopause (age 55 or older) Older than 30 at birth of first child Never pregnant Obesity Previous breast biopsy with atypical hyperplasia Hormone replacement therapy	Chest radiation with potential impact to the breast (see Section 68), including ≥ 20 Gy to the following fields:  - Mantle  - Mini-Mantle  - Mediastinal  - Chest (thorax)  - Axilla  BRACA1, BRACA2, ATM mutation	PHYSICAL Clinical breast exam (Every 3 years between ages 20-39, then yearly beginning at age 40)  SCREENING Mammogram (Yearly, beginning at age 40)  PATIENTS AT HIGHEST RISK PHYSICAL Breast self exam (Monthly, beginning at puberty) Clinical breast exam (Yearly, beginning at puberty until age 25, then every six months)  SCREENING Mammogram (Yearly, beginning 8 years after radiation or at age 25, whichever occurs last)  Info Link: There is currently a deficiency in the literature regarding whether or not TBI is a risk factor for the development of breast cancer. Monitoring of patients who received TBI should be determined on an individual basis.  Mammography is currently limited in its ability to evaluate premenopausal breasts. The role of MRI is evolving for screening of other populations at high risk for breast cancer (e.g., premenopausal known or likely carriers of gene mutation of known penetrance).	Health Links Breast Cancer (for patients at highest risk only)  Counseling For patients at highest risk, counsel to perform breast self-examination monthly, beginning at puberty. For standard risk patients, provide general guidance regarding routine screening beginning at age 40 per current ACS guidelines.  Considerations for Further Testing and Intervention Surgery and/or oncology consultation as clinically indicated.

#### **SECTION 137 REFERENCES**

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### **CERVICAL CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
138 (Female)	Cervical	Early age at first intercourse Multiple lifetime sex partners Smoking Sexually transmitted diseases	Personal history of cervical dysplasia Prenatal DES exposure HPV infection Immunosuppression Chronic steroid use HIV positive Chronic GVHD	PHYSICAL Pelvic exam (Every 1 to 2 years)  SCREENING Cervical PAP smear (Yearly for regular PAP test. Every 2 years for liquid-based PAP test. After age 30, if patient has had 3 consecutive normal annual PAP tests, may screen every 2-3 years [with conventional or liquid-based cervical cytology] or every 3 years [with HPV DNA test plus cervical cytology]).  Info Link: Begin screening (in patients with a cervix) 3 years after first vaginal intercourse, or at age 21, whichever occurs first.	Health Links Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Gynecology and/or oncology consultation as clinically indicated.

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### **COLORECTAL CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
139	Colorectal	High fat/low fiber diet Age ≥ 50 years Obesity	Radiation with potential impact to the colon/rectum (see Section 78), including ≥ 30 Gy to the following fields:  - Whole abdomen  - All upper abdominal fields  - Pelvic  - Spine (thoracic, lumbar, sacral)  Personal history of ulcerative colitis, gastrointestinal malignancy, adenomatous polyps or hepatoblastoma Familial polyposis Family history of colorectal cancer or polyps in first degree relative	PATIENTS AT STANDARD RISK (ACS Recommendation)  SCREENING  Option 1: Fecal occult blood (minimum of 3 cards) (Yearly, beginning at age 50) AND/OR Flexible sigmoidoscopy (Every 5 years, beginning at age 50) Note: The combination of yearly fecal occult blood testing and every 5 year flexible sigmoidoscopy is preferable to either test done alone.  Option 2: Double contrast barium enema (Every 5 years, beginning at age 50)  Option 3: Colonoscopy (Every 10 years, beginning at age 50)  PATIENTS AT HIGHEST RISK  SCREENING Colonoscopy (Every 5 years [minimum]; more frequently if indicated based on colonoscopy results. Begin monitoring 10 years after radiation or at age 35, whichever occurs last. Monitor more frequently if clinically indicated. Per the ACS, begin screening earlier for the following high-risk groups: HNPCC [at puberty], FAP [at age 21 years], IBD [8 years after diagnosis of IBD]. Information from the first colonoscopy will inform frequency of follow up testing.  Info Link: Reports of gastrointestinal malignancies in cohorts of long-term survivors suggest that radiation likely increases risk, but the median age of onset is not as well established as that of secondary breast cancer following chest radiation. The expert panel agreed that early onset of screening likely was beneficial, and that a prudent course would be to initiate screening likely was beneficial, and that a prudent course would be to initiate screening for colorectal cancer for those at highest risk (abdominal, pelvic, and/or spinal radiation ≥ 30 Gy) at age 35, or 10 years post radiation, whichever occurs last. Surveillance should be done via colonoscopy as per recommendations for populations at highest risk, with information from the first colonoscopy informing the frequency of follow-up testing.	Considerations for Further Testing and Intervention Gastroenterology, surgery and/or oncology consultation as clinically indicated.

### **COLORECTAL CANCER (CONT)**

SecOrganAt RiskHighestPeriodicHealth Counseling#PopulationRisk FactorsEvaluationFurther Considerations

#### **SECTION 139 REFERENCES**

Screening for Colorectal Cancer in Adults. July 2002; File Inventory, Systematic Evidence Review Number 7AHRQ Publication No. 02-S003: <a href="http://www.ahrq.gov/clinic/prev/colscinv.htm">http://www.ahrq.gov/clinic/prev/colscinv.htm</a>. Accessed July 11, 2005, 2005.

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### **ENDOMETRIAL CANCER**

ec #	Organ	At Risk Population	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
(Female) 05	Endometrial	Obesity Older age Unopposed estrogen therapy Tamoxifen Diabetes Hypertension High fat diet Early menopause Late menopause Nulliparity Infertility Failure to ovulate	nonpolyposis colon cancer (HNPCC)	PATIENTS AT HIGHEST RISK (ACS Recommendation)  SCREENING  Endometrial biopsy (Yearly, beginning at age 35 for patients at highest risk)  Info Link: Women at highest risk should be informed that screening recommendation of endometrial biopsy beginning at age 35 is based on expert opinion in the absence of definitive scientific evidence and the potential benefits, risks, and limitations of testing for early endometrial cancer detection should be discussed.	Health Links Reducing the Risk of Second Cancers

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### **LUNG CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
141	Lung	Smoking Workplace exposures to asbestos, arsenic, radiation Second hand smoke (in non-smokers)	Chest radiation with potential impact to the lung	HISTORY	Health Links Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Imaging and surgery and/or oncology consultation as clinically indicated.

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### **ORAL CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
142	2 Oral	Tobacco use (smoking cigars, cigarettes, or pipes; dipping, chewing) Alcohol abuse Excessive sun exposure (increases risk of cancer of lower lip) HCT (allogeneic > autologous)	Head/brain radiation Neck radiation TBI Acute/chronic GVHD	PHYSICAL Oral cavity exam	Health Links Reducing Risk of Second Cancers Dental Health  Considerations for Further Testing and Intervention Head and neck/otolaryngology consultation as indicated.

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### **PROSTATE CANCER**

Se	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
14 (Wale)	Prostate	Older age, with steadily increasing risk after age 40 years.		Clinicians should be prepared to discuss prostate cancer testing with patients	Health Links Reducing the Risk of Second Cancers  Considerations for Further Testing and Intervention Urology and/or oncology consultation as clinically indicated.

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Screening for Prostate Cancer. December 2002; File Inventory, Systematic Evidence Review Number 16: <a href="http://www.ahrq.gov/clinic/prev/prostinv.htm">http://www.ahrq.gov/clinic/prev/prostinv.htm</a>. Accessed July 11, 2005, 2005.

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#### **SKIN CANCER**

Sec	Organ	At Risk	Highest	Periodic	Health Counseling
#		Population	Risk Factors	Evaluation	Further Considerations
144	Skin	Light skin color Chronic exposure to sun Atypical moles or ≥ 50 moles	Any history of radiation Personal history of melanoma or skin cancer Dysplastic nevi Family history of melanoma or skin cancer History of severe sunburn at young age	PATIENTS AT STANDARD RISK  Info Link:  The U.S. Preventive Services Task Force (USPSTF) concludes that the evidence is insufficient to recommend for or against routine screening for skin cancer using a total-body skin examination for the early detection of cutaneous melanoma, basal cell cancer, or squamous cell skin cancer. There are no randomized trials or case-control studies that directly examine whether screening by clinicians is associated with improved clinical outcomes such as reduced morbidity or mortality from skin cancer. No studies were found that evaluated whether screening improves the outcomes of these cancers. The American Cancer Society recommends skin examination as part of a cancer-related checkup, which should occur on the occasion of the patient's periodic health examination. Self-examination of skin is recommended once a month.  PATIENTS AT HIGHEST RISK  PHYSICAL  Skin self exam (Monthly)  Dermatologic exam with attention to skin lesions and pigmented nevi in radiation field (Yearly)	Health Links Reducing the Risk of Second Cancers Skin Health  Considerations for Further Testing and Intervention Surgery, dermatology, and/or oncology consultation as clinically indicated.

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### **TESTICULAR CANCER**

Sec #	Organ	At Risk Population	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
145 (Male)	Testicular	Young males	History of cryptorchidism History of testicular cancer or carcinoma in-situ in contralateral testis History of gonadal dysgenesis Klinefelter's syndrome Family history of testicular cancer	Info Link: For standard and high risk populations, the USPSTF recommends against routine screening for testicular cancer in asymptomatic adolescent and adult males. In 2004, the USPSTF found no new evidence that screening with clinical examination or testicular self-examination is effective in reducing mortality from testicular cancer. Even in the absence of screening, the current treatment interventions provide very favorable health outcomes. Given the low prevalence of testicular cancer, limited accuracy of screening tests, and no evidence for the incremental benefits of screening, the USPSTF concluded that the harms of screening exceed any potential benefits. ACS also no longer recommends clinical testicular cancer screening or testicular self-examination.	

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### **GENERAL HEALTH SCREENING**

### **ANY CANCER EXPERIENCE**

Sec	Therapeutic	Potential	Risk	Highest	Periodic	Health Counseling
#	Agent(s)	Late Effects	Factors	Risk Factors	Evaluation	Further Considerations
146	General Health Screening				Refer to United States Preventive Services Task Force recommendations at www.ahrq.gov/clinic/uspstfix.htm (Yearly)	Considerations for Further Testing and Intervention Childhood cancer survivors should receive general health maintenance per standard recommendations for age. Recommended preventive services per the USPSTF include screening for hypertension, obesity, depression, tobacco use, and alcohol misuse. In addition, certain subpopulations require screening for lipid disorders, sexually transmitted diseases, and diabetes mellitus. Others require counseling regarding the prevention of cardiovascular disease, osteoporosis, and other disorders. See <a href="https://www.ahrq.gov/clinic/uspstfix.htm">www.ahrq.gov/clinic/uspstfix.htm</a> for specific recommendations.  Assess immunization status on all patients; reimmunize as indicated. See <a href="https://www.cdc.gov/nip/default.htm#schedules">https://www.cdc.gov/nip/default.htm#schedules</a> for current immunization schedules.  For all HCT patients, reimmunization per CDC Guidelines ( <a href="https://www.cdc.gov/mmwr/preview/mmwrhtml/rr4910a1.htm">https://www.cdc.gov/mmwr/preview/mmwrhtml/rr4910a1.htm</a> -see table 4) or EBMT Guidelines ( <a href="https://www.nature.com/bmt/journal/v23/n7/pdf/1701641a.pdf">https://www.nature.com/bmt/journal/v23/n7/pdf/1701641a.pdf</a> ).

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United States Preventive Services Task Force recommendations at <a href="http://www.ahrq.gov/clinic/uspstfix.htm">http://www.ahrq.gov/clinic/uspstfix.htm</a>

# CureSearch

Children's Oncology Group

## **Long-Term Follow-Up Guidelines**

for Survivors of Childhood, Adolescent, and Young Adult Cancers Version 2.0 – March 2006

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		Thoracic spine radiation dose ≥12 Gy:	
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Xerostomia/salivary gland dysfunction	59	Scoliosis	89
Dental abnormalities	60	Thoracic spine radiation dose ≥30 Gy:	
Thyroid nodules	62	Esophageal stricture	73
Thyroid cancer	63	Bowel obstruction	76
Hypothyroidism	64	Chronic enterocolitis, fistula, strictures	77
Oropharyngeal radiation dose <u>&gt;</u> 40 Gy:		Colorectal cancer	78
Osteoradionecrosis	61	Kyphosis	90
Hyperthyroidism	65	Thoracic spine radiation dose ≥40 Gy:	
Carotid artery disease	66	Radiation-induced fracture	91
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Therapeutic Exposure	Section	Therapeutic Exposure	Section
Lumbar Spine Radiation (Spine – Lumbar)		Cervical (Neck) Radiation	
Lumbar spine radiation dose ≥12 Gy:		Xerostomia/salivary gland dysfunction	59
Musculoskeletal growth problems	88	Dental abnormalities	60
Scoliosis	89	Thyroid nodules	62
Lumbar spine radiation dose ≥25 Gy:		Thyroid cancer	63
Female: Uterine vascular insufficiency	83F	Hypothyroidism	64
Female: Gonadal dysfunction (ovarian)	84F	Musculoskeletal growth problems	88
Lumbar spine radiation dose ≥30 Gy:		Cervical (neck) radiation dose ≥30 Gy:	
Bowel obstruction	76	Esophageal stricture	73
Chronic enterocolitis, fistula, strictures	77	Cervical (neck) radiation dose <b>&gt;40</b> Gy:	
Colorectal cancer	78	Osteoradionecrosis	61
Lumbar spine radiation dose >40 Gy:		Hyperthyroidism	65
Radiation-induced fracture	91	Carotid artery disease	66
		Subclavian artery disease	67
Sacral Spine Radiation (Spine – Sacral)		Radiation-induced fracture	91
Sacral spine radiation dose ≥12 Gy:			
Musculoskeletal growth problems	88	Supraclavicular Radiation	
Scoliosis	89	Xerostomia/salivary gland dysfunction	59
Sacral spine radiation dose ≥25 Gy:		Dental abnormalities	60
Female: Uterine vascular insufficiency	83F	Thyroid nodules	62
Female: Gonadal dysfunction (ovarian)	84F	Thyroid cancer	63
Sacral spine radiation dose ≥30 Gy:		Hypothyroidism	64
Bowel obstruction	76	Musculoskeletal growth problems	88
Chronic enterocolitis, fistula, strictures	77	Supraclavicular radiation dose ≥30 Gy:	
Colorectal cancer	78	Esophageal stricture	73
Hemorrhagic cystitis	80	Supraclavicular radiation dose ≥40 Gy:	
Urinary tract toxicity	81	Osteoradionecrosis	61
Bladder malignancy	82	Hyperthyroidism	65
Sacral spine radiation dose ≥40 Gy:		Carotid artery disease	66
Radiation-induced fracture	91	Subclavian artery disease	67
		Radiation-induced fracture	91



Therapeutic Exposure	Section	Therapeutic Exposure	Section
Mantle Radiation		Mini-Mantle Radiation (continued)	
Xerostomia/salivary gland dysfunction	59	Mini-Mantle radiation dose ≥20 Gy:	
Dental abnormalities	60	Female: Breast cancer	68F
Thyroid nodules	62	Mini-Mantle radiation dose ≥30 Gy:	
Thyroid cancer	63	Esophageal stricture	73
Hypothyroidism	64	Mini-Mantle radiation dose ≥40 Gy:	
Female: Breast tissue hypoplasia	69F	Osteoradionecrosis	61
Pulmonary toxicity	70	Hyperthyroidism	65
Cardiac toxicity	71	Carotid artery disease	66
Musculoskeletal growth problems	88	Subclavian artery disease	67
Scoliosis	89	Radiation-induced fracture	91
Kyphosis	90		
Mantle radiation dose ≥20 Gy:		Mediastinal Radiation	
Female: Breast cancer	68F	Female: Breast tissue hypoplasia	69F
Mantle radiation dose ≥30 Gy:		Pulmonary toxicity	70
Esophageal stricture	73	Cardiac toxicity	71
Mantle radiation dose ≥40 Gy:		Musculoskeletal growth problems	88
Osteoradionecrosis	61	Scoliosis	89
Hyperthyroidism	65	Kyphosis	90
Carotid artery disease	66	Mediastinal radiation dose ≥20 Gy:	
Subclavian artery disease	67	Female: Breast cancer	68F
Radiation-induced fracture	91	Mediastinal radiation dose ≥30 Gy:	
		Esophageal stricture	73
Mini-Mantle Radiation		Mediastinal radiation dose <b>&gt;</b> 40 Gy:	
Xerostomia/salivary gland dysfunction	59	Radiation-induced fracture	91
Dental abnormalities	60		
Thyroid nodules	62	Chest (Thorax) Radiation	
Thyroid cancer	63	Female: Breast tissue hypoplasia	69F
Hypothyroidism	64	Pulmonary toxicity	70
Female: Breast tissue hypoplasia	69F	Cardiac toxicity	71
Musculoskeletal growth problems	88	Musculoskeletal growth problems	88
Scoliosis	89	Scoliosis	89
Kyphosis	90	Kyphosis	90



Therapeutic Exposure	Section	Therapeutic Exposure	Section
Chest (Thorax) Radiation (continued)		Whole Abdominal Radiation (continued)	
Chest (thorax) radiation dose ≥20 Gy:		Whole abdominal radiation dose ≥30 Gy:	
Female: Breast cancer	68F	Esophageal stricture	73
Chest (thorax) radiation dose ≥30 Gy:		Hepatic fibrosis, cirrhosis	74
Esophageal stricture	73	Cholelithiasis	75
Chest (thorax) radiation dose ≥40 Gy:		Bowel obstruction	76
Radiation-induced fracture	91	Chronic enterocolitis, fistula, strictures	77
		Colorectal cancer	78
Axillary (Axilla) Radiation		Hemorrhagic cystitis	80
Female: Breast tissue hypoplasia	69F	Urinary tract toxicity	81
Cardiac toxicity	71	Whole abdominal radiation dose ≥40 Gy:	
Musculoskeletal growth problems	88	Functional asplenia	72
Axillary radiation dose >20 Gy:		Radiation-induced fracture	91
Female: Breast cancer	68F		
Axillary radiation dose >40 Gy:		All Upper Abdominal Fields*	
Radiation-induced fracture	91	*Includes hepatic, hemiabdomen/flank, upper quadrant, renal bed, spleen (partial, entire), splenic pedicle, inverted Y, paraaortic	
Whole Lung Radiation		Cardiac toxicity	71
Female: Breast tissue hypoplasia	69F	Renal toxicity (note: does <u>not</u> apply to paraaortic field)	79
Pulmonary toxicity	70	Musculoskeletal growth problems	88
Musculoskeletal growth problems	88	Scoliosis	89
Scoliosis	89	Kyphosis	90
Kyphosis	90	Upper abdominal radiation dose <u>&gt;</u> 30 Gy:	
.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Esophageal stricture	73
Whole Abdominal Radiation		Hepatic fibrosis, cirrhosis	74
Cardiac toxicity	71	Cholelithiasis	 75
Renal toxicity	79	Bowel obstruction	76
Bladder malignancy	82	Chronic enterocolitis, fistula, strictures	77
Female: Uterine vascular insufficiency	83F	Colorectal cancer	78
Female: Gonadal dysfunction (ovarian)	84F	Upper abdominal radiation dose ≥40 Gy:	, 5
Musculoskeletal growth problems	88	Radiation-induced fracture	91
Scoliosis	89	≥40 Gy to entire spleen, left upper quadrant or inverted Y field:	٠.
Kyphosis	90	Functional asplenia	72



Therapeutic Exposure	Section	Therapeutic Exposure	Section
All Pelvic Fields*		Hematopoietic Cell Transplant (HCT)	
*Includes pelvic, vaginal, prostate, bladder, iliac, inguinal,		Acute myeloid leukemia/myelodysplasia	92
femoral and inverted Y; hemiabdominal included only if field		Solid tumors	93
extended below iliac crest		Lymphoma	94
Bladder malignancy	82	Hepatic toxicity	95
Female: Uterine vascular insufficiency	83F	Osteonecrosis (avascular necrosis)	96
(note: does <u>not</u> apply to iliac/inguinal fields)		Osteopenia, osteoporosis	97
Female: Gonadal dysfunction (ovarian)	84F	HCT with chronic GVHD (cGVHD):	
Female: Vaginal fibrosis/stenosis	85F	Dermatologic toxicity	98
Male: Gonadal dysfunction (testicular) – germ cell failure	86M	Xerophthalmia (keratoconjunctivitis sicca)	99
Musculoskeletal growth problems	88	Xerostomia, salivary gland dysfunction, dental caries,	
Scoliosis	89	periodontal disease, oral cancer	100
Pelvic radiation dose <u>&gt;</u> 20 Gy:		Pulmonary toxicity	101
Male: Gonadal dysfunction (testicular) – Leydig cell dysfunction	87M	Immunologic complications	102
Pelvic radiation dose ≥30 Gy:		Functional asplenia (patients with active cGVHD only)	103
Bowel obstruction	76	Esophageal stricture	104
Chronic enterocolitis, fistula, strictures	77	Female: Vaginal fibrosis/stenosis	105F
Colorectal cancer	78	Joint contractures	106
Hemorrhagic cystitis	80		
Urinary tract toxicity	81	Surgery	
Pelvic radiation dose <u>&gt;</u> 40 Gy:		Amputation	
Radiation-induced fracture	91	Amputation-related complications	107
		Central venous catheter	
Testicular Radiation		Thrombosis, vascular insufficiency, infection of retained cuff	
Male: Gonadal dysfunction (testicular) – germ cell failure	86M	or line tract	108
Testicular radiation dose ≥20 Gy:		Cystectomy	
Male: Gonadal dysfunction (testicular) – Leydig cell dysfunction	87M	Cystectomy-related complications	109
		Enucleation	
Extremity Radiation		Impaired cosmesis, poor prosthetic fit, orbital hypoplasia	110
Musculoskeletal growth problems	88	Hysterectomy	
Extremity radiation dose <u>&gt;</u> 40 Gy:		Female: Pelvic floor dysfunction, urinary incontinence,	
Radiation-induced fracture	91	sexual dysfunction	111F



Therapeutic Exposure	Section	Therapeutic Exposure	Section
Surgery (continued)		Surgery (continued)	
Laparotomy		Pulmonary lobectomy, metastasectomy, wedge resection	
Adhesions, bowel obstruction	112	Pulmonary dysfunction	130
Limb sparing procedure		Splenectomy	
Complications related to limb sparing procedure	113	Asplenia	131
Nephrectomy		Thyroidectomy	
Renal toxicity	114	Hypothyroidism	132
Male: Hydrocele	114		
Neurosurgery – brain		Other Therapeutic Modalities	
Neurocognitive deficits	115	Radioiodine therapy (I-131 thyroid ablation)	
Motor and/or sensory deficits	116	Lacrimal duct atrophy	133
Seizures	117	Hypothyroidism	134
Hydrocephalus; shunt malfunction	118	Systemic MIBG (in therapeutic doses)	
Neurosurgery – spinal cord		Hypothyroidism	135
Neurogenic bladder; urinary incontinence	119	Bioimmunotherapy	
Neurogenic bowel; fecal incontinence	120	Insufficient information currently available regarding late effects	136
Male: Sexual dysfunction	121M		
Female: Sexual dysfunction	121F	Cancer Screening Guidelines	
Oophoropexy		Female: Breast	137F
Female: Oophoropexy-related complications	122F	Female: Cervical	138F
Oophorectomy (unilateral)		Colorectal	139
Female: Premature menopause	123F	Female: Endometrial	140F
Oophorectomy (bilateral)		Lung	141
Female: Hypogonadism, infertility	124F	Oral	142
Orchiectomy		Male: Prostate	143M
Male: Hypogonadism, infertility	125M	Skin	144
Pelvic surgery		Male: Testicular	145M
Urinary incontinence; urinary tract obstruction	126		
Fecal incontinence	127	General Health Screening	
Male: Sexual dysfunction	128M	General Health Screening	146
Female: Sexual dysfunction	128F		
Male: Hydrocele	129M		

